



# *Waterford Mott*

## *2016 Cross Country*

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# Waterford Mott Corsairs

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# 2016 Cross Country

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# Coaches' Perspectives

When I think about what the 2016 season was all about, I think back to camp, and my favorite memory is our little hike up to Pyramid Point. I had never made the climb before, and the view from the top was fabulous. Upon further thought, it became clear that that little hike was a perfect metaphor for our season!

First of all, since I was 37 weeks pregnant, Coach PJ generously pushed Evan halfway up the trail, and Coach Robinson took over for the second half. And if I recall correctly, Coach Jisang was there the entire way as well, offering quiet encouragement. This was a sign of things to come, and for the rest of the season, these coaches also split up the burden of my coaching responsibilities, and made sure that we all got to the top together. Without their support, I would never have been able to see our team “reach the peak,” and for that I am eternally grateful.

Secondly, it was no secret that I should never have been on that hike, or even in that part of the state, based on my doctor’s recommendations. In similar fashion, there were some who believed our girls’ team had no business being at the State Finals this year. Although we had strong frontrunners who met the challenges of being among the area elite, an onslaught of early-season injuries of every shape and size left us thin and vulnerable as a team all season long. We limped through the season with only one dual meet loss, a ninth-place county finish, a fifth-place conference finish. But one by one, we put girls back in the lineup, filling in the gaps behind Rylee and Katie, and we gathered our strength for the regional meet. With an amazing, muddy, barefoot, no-holds-barred, season-best, full-team effort, we wound up on our way to the state finals as a team for the 8<sup>th</sup> time—and when we got there, that view was fabulous, too! We got to travel back down the mountain with two All-Staters (the second and third fastest in Mott history) and a 16<sup>th</sup> place team finish.

Finally, I have a picture from the top of Pyramid Point where Lexi had gathered the group for a picture, and she is standing out in front of them. What better representation of her excellent leadership in her role this season as our only senior?

This will always be the season that I will remember as an “uphill battle,” but a battle that was well worth fighting! I will also remember this as the season that saw the completion of the McNeil team roster, with the addition of our little Noah Paul. I think it’s funny that both of my boys were born on September Tuesday afternoons—true cross county babies!

Thank you for supporting the girls and I this year on a journey that was unlike any other!

Go Blue!

Coach McNeil





Cross Country running can be idealized by the uninformed fan or casual bystander. The picturesque backdrops of our course can deceive those not familiar with the demands of the sport into believing that the aesthetic of racing over hill and dale make it a thoroughly pleasant endeavor. The reality for the boys on the 2016 team was that coach had elevated his expectations for each of their individual commitments to the competitive element of the sport; there would be little opportunity to smell the roses and no time spent stopping. I asked a tremendous amount from a group of still young, freshly seasoned distance runners and they responded with heroic efforts. In dual meets our boys demonstrated their most competitive edge where we once again finished with a winning record (3-2). Individuals filled leadership roles where they saw the need. Each team member contributed in his own way to strengthen the bond they have as a group which will last far beyond the years spent running cross country together. I emphasize to the athletes on our team that each competitive opportunity is like a piece of gold that they should not pass on the chance of making their own. My assessment of this year's team is that, though only a few opportunities might have slipped through their fingers, they will come back determined to take full advantage of the 2017 season.

Thanks to all of you who were a part of the 2016 Mott cross country experience. I say this with the deepest sincerity every year – it would not have been as great without you!

Coach Robinson

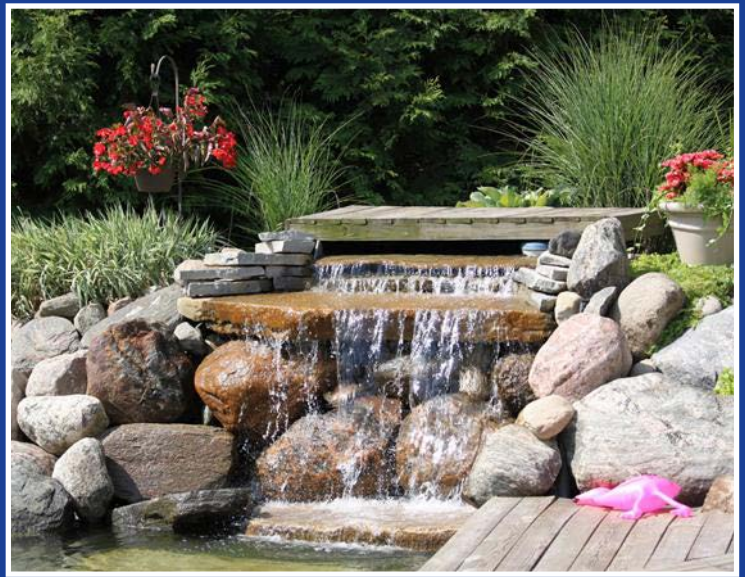




Practice @  
Robinson's  
JULY 11TH, 2016

















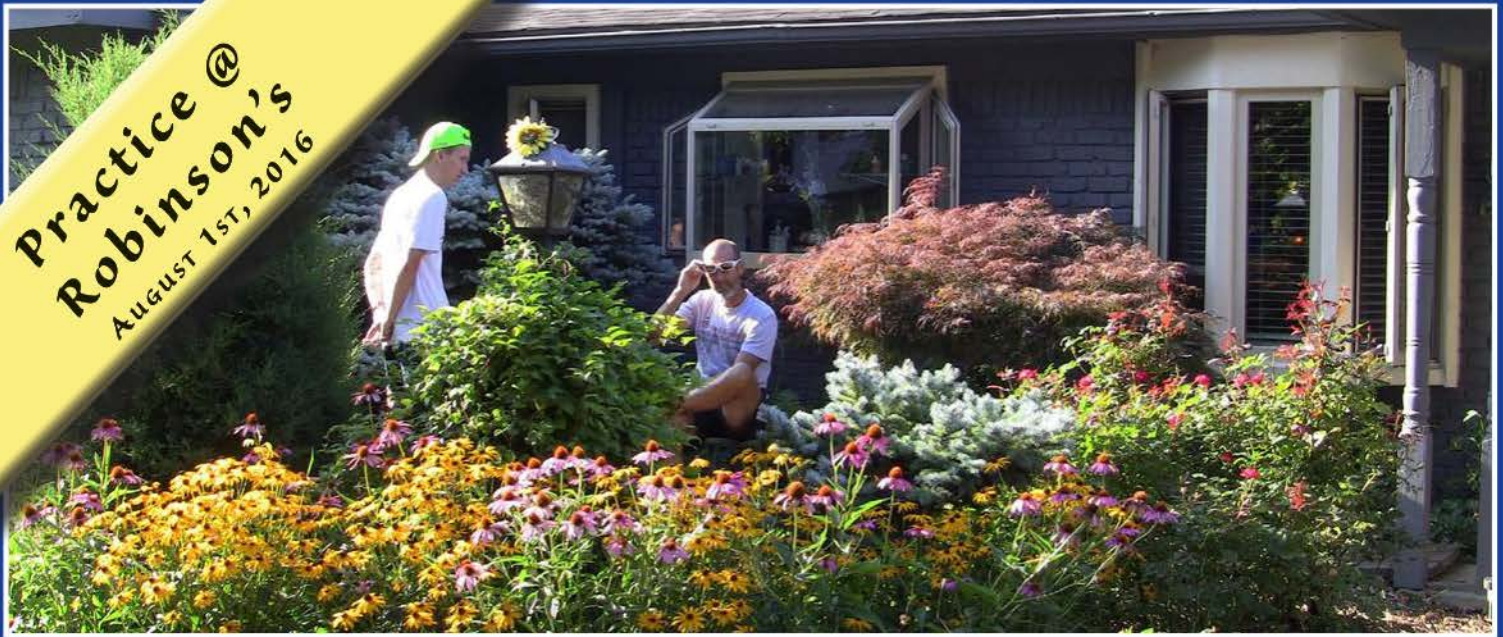








Practice @  
Robinson's  
AUGUST 1ST, 2016









Practice @  
Hess-Hathaway  
AUGUST 3RD, 2016













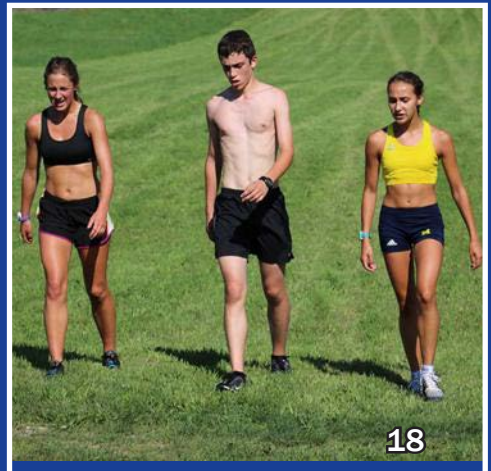




**Intervals @  
Hess-Hathaway**  
AUGUST 31ST, 2016



















**Workout @  
Richardson Park  
(plus Long's Cider Mill)**  
SEPTEMBER 24TH, 2016









# Summer Camp @ Camp Leelenau

August 19th-22nd, 2016

Day 1



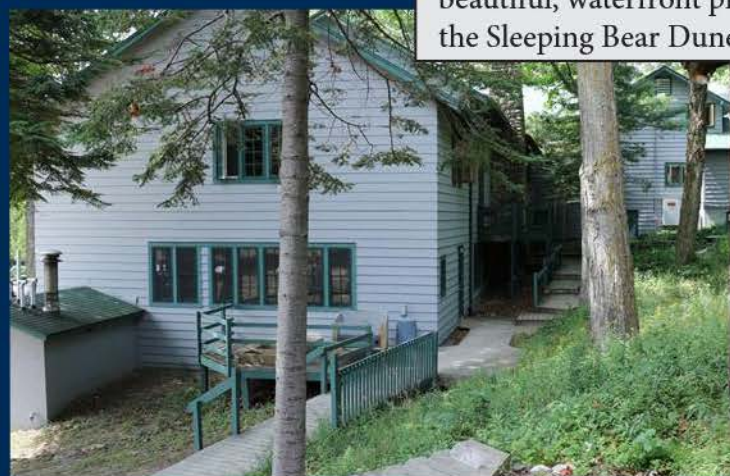




Summer camp has been an annual tradition for Mott's cross country athletes for quite a few years. Athletes and coaches were very fortunate once again to make their third consecutive trip to Camp Leelanau for this year's camp.



Its location near Glen Arbor, Michigan, is on a beautiful, waterfront property surrounded by the Sleeping Bear Dunes National Lakeshore.







Day 1 ~ Afternoon



After unpacking and getting settled in, the athletes explored the camp trails with their first training run.



Huey Field











## Day 1 - After the Run



The views overlooking Lake Michigan and the Manitou Islands were spectacular. Access to the beach was a short walk from the cabins - a popular place for athletes to spend their time after training runs.



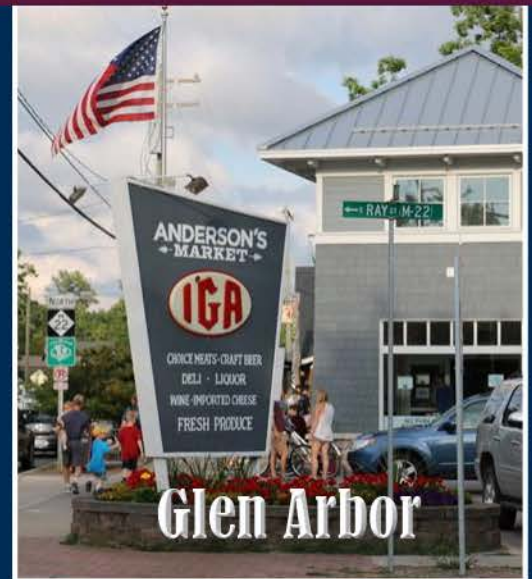




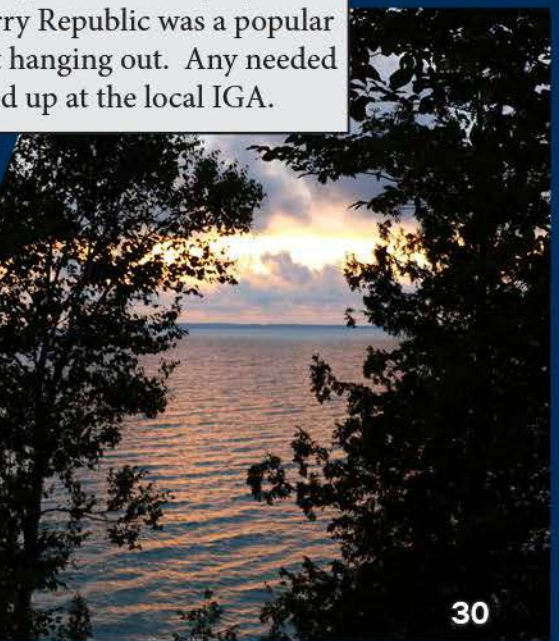




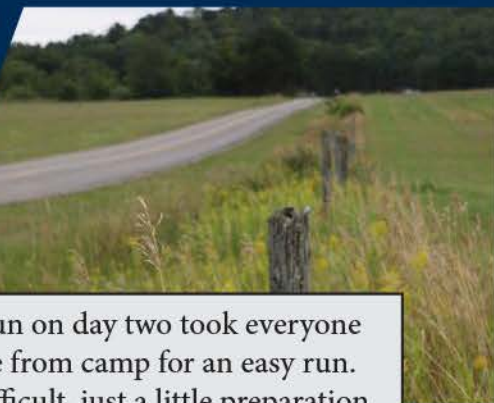




The nightly trip to Glen Arbor provided many options after the long days. The Cherry Republic was a popular destination for dessert or just hanging out. Any needed supplies or snacks were picked up at the local IGA.







The morning run on day two took everyone a short distance from camp for an easy run. Nothing too difficult, just a little preparation for the afternoon workout.







## Day 2 - Morning Run



The 'Seasonal Road' was quite rough in spots. Each year stories continue to be told of wipe-outs or falls. There is, however, no video evidence to support any of these tales.





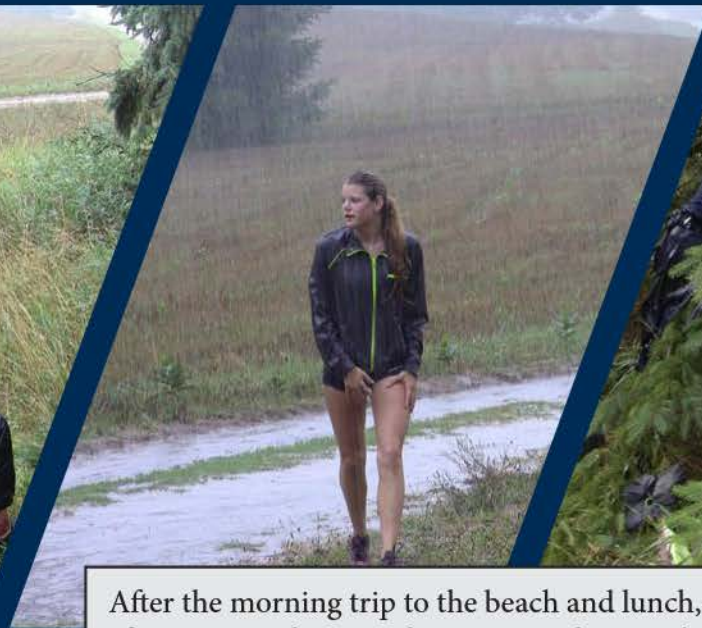




## Day 2 - Afternoon Run



... the washout



After the morning trip to the beach and lunch, the planned afternoon workout on the scenic trails turned out to be a little more challenging than expected. Everyone had a good attitude even though the strong rain continued for the entire workout.





... and the rain continues



The wet and sloppy trails posed many challenges. The athletes realized first hand what the coaches emphasize - being prepared for all weather conditions builds confidence and team spirit especially on race days.







The day ended with a trip to Glen Arbor, followed by our best attempt at watching Olympic Track & Field on the 'small screen'. The unreliable internet connection was not a surprise because of the camp's remote location.



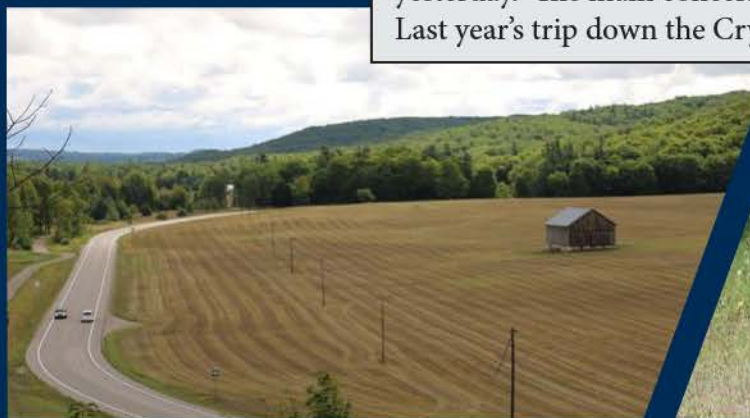








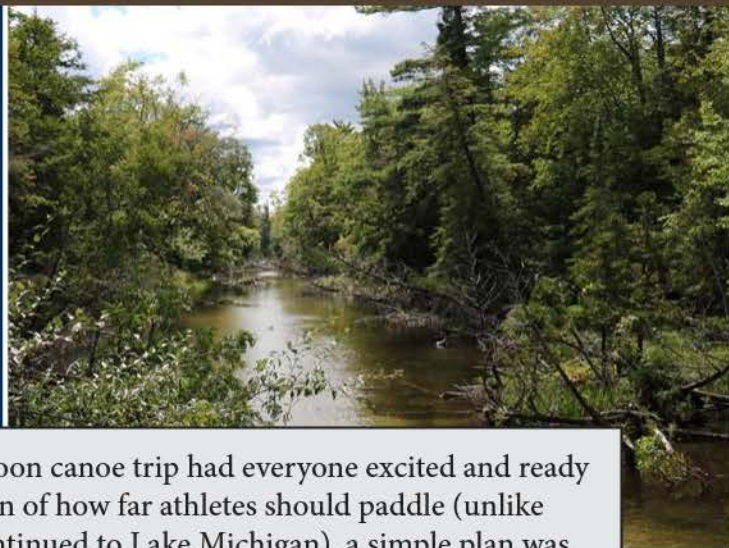
The third day began with better weather conditions. It gave the athletes a chance to enjoy a run on the trails they ran during the downpour yesterday. The main concern for the day was the afternoon canoe trip. Last year's trip down the Crystal River was cancelled due to rain.







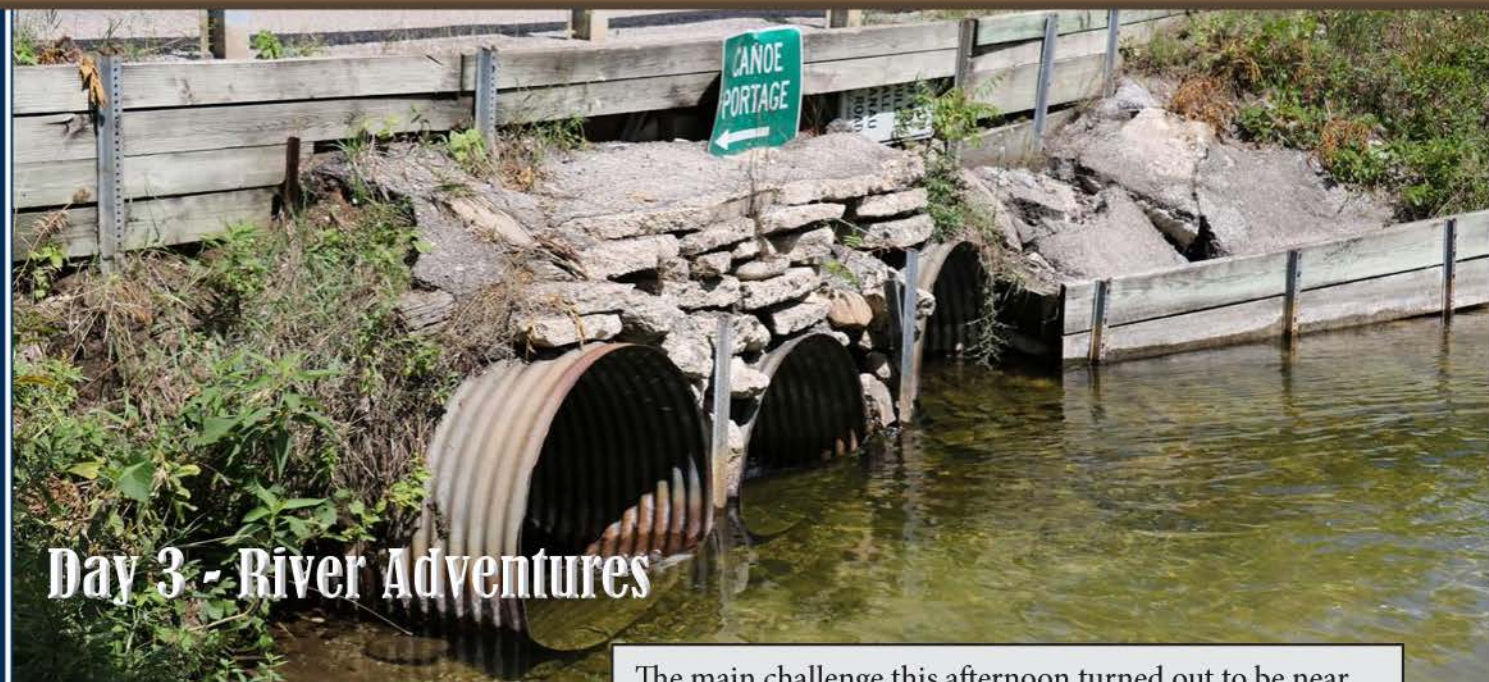




The much anticipated afternoon canoe trip had everyone excited and ready to go. To avoid any confusion of how far athletes should paddle (unlike 2014 when a few actually continued to Lake Michigan), a simple plan was put in place by the coaches. Those not canoeing would relax and wait by the riverbank at the end of the planned route. The coaches' plan was a success!

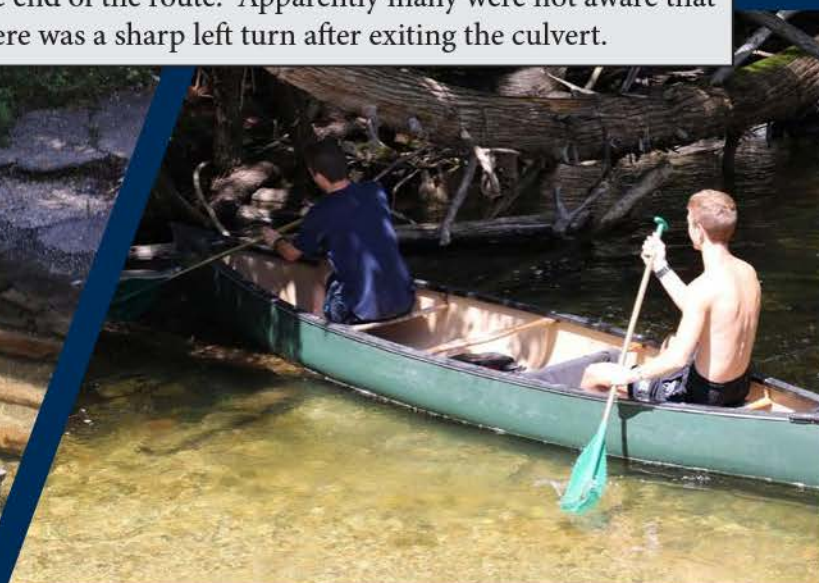






## Day 3 - River Adventures

The main challenge this afternoon turned out to be near the end of the route. Apparently many were not aware that there was a sharp left turn after exiting the culvert.







One capsized canoe and a little 'traffic' jam at the end of the route was quite entertaining to watch.











Back at camp, the waves in Lake Michigan provided an incredible amount of fun after the successful canoe trip. What a memorable afternoon.



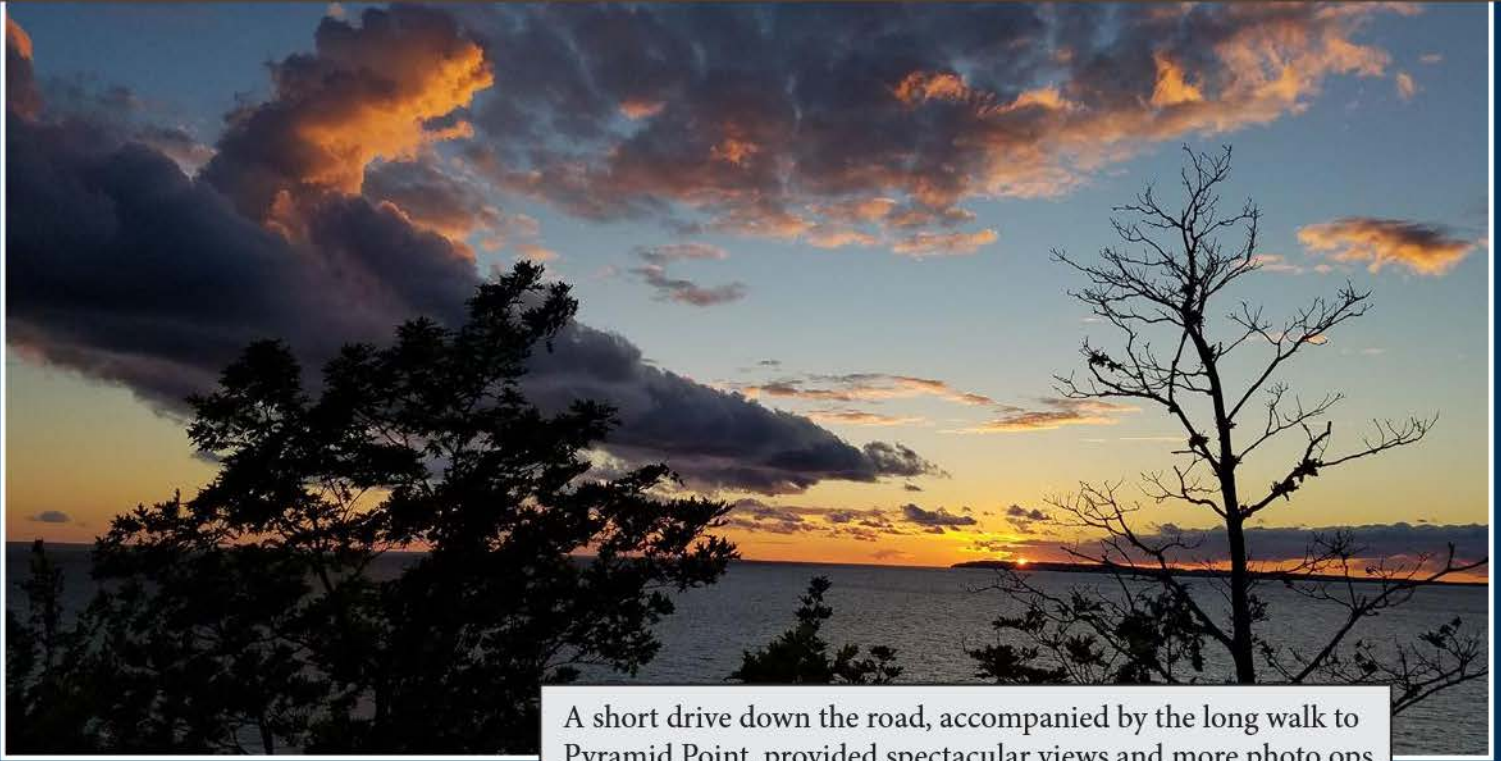


Day 3 - Evening

Pyramid Point







A short drive down the road, accompanied by the long walk to Pyramid Point, provided spectacular views and more photo ops. This amazing sunset was waiting for everyone back at camp.





# Day 4



The fourth and final day of camp greeted everyone with beautiful, sunny weather. The final item on the agenda was an interval workout followed by one extra set for Blaine as part of the traditional 'Senior Challenge'.









## Day 4 - Intervals





## Day 4 - Hit the Beach

Congratulations to all athletes, coaches, and families who helped make this year's camp a great success! The dedication and commitment to the Mott Cross Country program showed in individual effort, achievement, and team spirit. Go Mott!

... then pack up for home



# Golden Grizzly Invite @ Oakland University

September 2, 2016

Girls' Champion: Rylee Robinson

70 Degrees, Mostly Sunny



Team Place: 8th (14 Teams)

Team Score: 237

# Athletes: 130 Varsity 206 JV

Name	Time (4K)	Overall Place (Team, Indiv.)	
Noah Fuerst	13:50	27, 27	
Matt Kallabat	13:59	33, 33	
Brandon Tower	14:28	53, 53	
Hunter Fougner	14:34	59, 59	
Dawson Comps Jr.	14:49	65, 65	
Blaine Bradley	15:28	79, 79	
Ryan Wojcik	15:42	82, 82	
Kyle Dennis	16:04	106, 106	
Wyatt Wagner	17:24	113	JV
Ryan McAtamaney	17:44	125	JV
Logan Jacobson	18:58	164	JV
Kevin Lee	22:03	196	JV







**Team Place:** 7th (14 Teams)

**Team Score:** 166

**# Athletes:** 117 Varsity 129 JV

Name	Time (4K)	Overall Place (Team, Indiv.)	
Rylee Robinson	14:54.8	1, 1	
Katie Osika	14:54.9	2, 2	
Alexis Munley	16:49	40, 40	
Kate Petsch	17:48	59, 59	
Angela Peterson	17:54	64, 64	
Mackenzie Cortese	18:25	76, 76	
Elicia Henry	21:53	84	JV
Eliana Edwards	22:46	94	JV
Autumn Dalton	dnf		JV





# Matt vs. Kettering @ Hess-Hathaway

September 13, 2016

74 Degrees, Sun



Team Place:	1st	
Team Score:	WM 23	WK 35
		Overall
Name	Time	Place
Noah Fuerst	18:42	1
Matt Kallabat	19:04	4
Hunter Fougner	19:05	5
Brandon Tower	19:06	6
Dawson Comps Jr.	19:56	7
Blaine Bradley	20:15	8
Kyle Dennis	21:10	12
Ryan Wojcik	21:31	14
Wyatt Wagner	22:34	16
Ryan McAtamaney	24:47	18
Logan Jacobson	nrt	







<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 17	WK 38
	<b>Overall Place</b>	
<b>Name</b>	<b>Time</b>	<b>Place</b>
Katie Osika	21:17	1
Rylee Robinson	21:17	2
Alexis Munley	22:15	3
Mackenzie Cortese	23:54	5
Angela Peterson	23:55	6
Eliana Edwards	32:07	17
Autumn Dalton	dnf	
Kate Petsch	dnf	





# Spartan Invitational (Elite Class) @ MSU's Forest Akers East Golf Course

September 16, 2016  
71 Degrees, Overcast and Soggy

Team Place: 35th (39 Teams)  
Team Score: 958  
# Athletes: 274 Varsity 669 JV

Name	Time	Overall Place (Team, Indiv.)	
Noah Fuerst	17:58	164, 170	
Brandon Tower	18:14	181, 188	
Matt Kallabat	18:15	182, 189	
Hunter Fougner	18:17	184, 191	
Blaine Bradley	19:37	247, 256	
Dawson Comps Jr.	19:45	250, 259	
Ryan Wojcik	19:53	109	JV
Ryan McAtamney	22:33	403	JV
Wyatt Wagner	nrt		JV
Kyle Dennis	dnf		







Team Place: 26th (41 Teams)  
 Team Score: 601  
 # Athletes: 284 Varsity

Name	Time	Overall Place (Team, Indiv.)
Rylee Robinson	18:37	10, 10
Katie Osika	19:21	30, 32
Alexis Munley	20:36	101, 108
Angela Peterson	22:01	208, 215
Mackenzie Cortese	23:18	252, 259
Ashley Carver	24:51	268, 275





# Mott vs. Lakeland @ Lakeland

September 20, 2016  
78 Degrees, Sunny, Dry

Team Place: 2nd  
Team Score: WM 44 Lakeland 15

Name	Time	Overall Place
Noah Fuerst	18:05	6
Hunter Fougner	18:07	7
Brandon Tower	18:38	9
Matt Kallabat	18:41	10
Dawson Comps Jr.	19:38	13
Blaine Bradley	19:43	14
Kyle Dennis	20:29	18
Ryan Wojcik	21:00	24
Ryan McAtamaney	24:49	31







**Team Place:** 2nd  
**Team Score:** WM 32 Lakeland 27

Name	Time	Overall Place
Katie Osika	19:18	1
Rylee Robinson	19:42	2
Alexis Munley	21:10	6
Angela Peterson	23:02	12
Mackenzie Cortese	23:14	13
Ashley Carver	25:45	19
Anna Lee	26:55	20
Eliana Edwards	32:21	22
Raegan Singleton	32:25	23
Elicia Henry	34:36	24
Autumn Dalton	37:16	25





# Mott vs. Walled Lake Central @ Hess-Hathaway

September 27, 2016  
65 Degrees, Breezy, Cool

Team Place: 2nd  
Team Score: WM 34 WLC 22

Name	Time	Overall Place
Noah Fuerst	17:41	2
Hunter Fougner	18:18	6
Brandon Tower	18:19	7
Matt Kallabat	18:25	8
Dawson Comps Jr.	18:41	11
Blaine Bradley	19:13	13
Kyle Dennis	19:14	14
Ryan Wojcik	20:14	18
Wyatt Wagner	21:34	22
Ryan McAtamney	23:51	28
Logan Jacobson	24:53	30







**Team Place:** 1st  
**Team Score:** WM 21 WLC 36

Name	Time	Overall Place
Katie Osika	19:22	1
Rylee Robinson	20:01	2
Alexis Munley	20:48	3
Angela Peterson	22:42	7
Mackenzie Cortese	23:08	8
Ashley Carver	23:50	10
Anna Lee	24:38	11
Elicia Henry	29:11	19
Eliana Edwards	29:30	21
Autumn Dalton	34:10	25





# Mott Fall Classic @ Hess-Hathaway

September 30, 2016

Girls' Champion: Rylee Robinson

57 Degrees, Misting/Medium Rain



Team Place: 5th (9 Teams)

Team Score: 106

# Athletes: 74 Varsity 53 JV

Name	Time	Overall Place (Team, Indiv.)	
Noah Fuerst	17:23	9, 10	
Matt Kallabat	17:37	14, 15	
Hunter Fougner	17:49	18, 19	
Brandon Tower	17:51	19, 20	
Blaine Bradley	19:11	46, 50	
Kyle Dennis	19:36	54, 62	
Ryan Wojcik	19:37	55, 63	
Wyatt Wagner	21:00	24	JV
Ryan McAtamney	22:00	28	JV
Logan Jacobson	22:00	29	JV







Team Place:	2nd	(9 Teams)
Team Score:	66	
# Athletes:	66 Varsity	
Name	Time	Overall Place (Team, Indiv.)
Rylee Robinson	18:43	1, 1
Katie Osika	19:08	2, 2
Alexis Munley	20:21	3, 3
Angela Peterson	21:47	28, 29
Mackenzie Cortese	22:38	32, 36
Ashley Carver	22:40	34, 38
Anna Lee	25:39	JV
Elicia Henry	27:36	JV
Eliana Edwards	29:29	JV
Raegan Singleton	29:41	JV
Autumn Dalton	nrt	JV



# Mott vs. Walled Lake Western

@ Gilbert Willis Park

October 4, 2016

70 & Sunny, Low Humidity

Team Place: 1st  
Team Score: WM 23 WLW 32

Name	Time	Overall Place
Noah Fuerst	18:53	1
Hunter Fougner	19:01	2
Matt Kallabat	19:02	3
Brandon Tower	19:35	7
Blaine Bradley	20:10	10
Dawson Comps Jr.	20:30	12
Kyle Dennis	20:56	14
Ryan Wojcik	21:10	15
Wyatt Wagner	21:59	17
Ryan McAtamney	23:55	20
Logan Jacobson	24:59	24







Team Place:	1st	
Team Score:	WM 19	WLW 36
Name	Time	Overall Place
Katie Osika	21:42	1
Rylee Robinson	21:43	2
Alexis Munley	22:16	3
Mackenzie Cortese	24:02	6
Ashley Carver	24:10	7
Anna Lee	27:13	13
Elicia Henry	28:23	15
Raegan Singleton	30:15	17
Eliana Edwards	30:57	18



# Oakland County Championships @ Kensington Metropark

October 8, 2016  
54 Degrees, Breezy

Team Place: 24th (38 Teams)  
Team Score: 635  
# Athletes: 259 Varsity 232 JV

Name	Time	Overall Place (Team, Indiv.)
Noah Fuerst	17:46	73, 74
Matt Kallabat	18:16	119, 120
Brandon Tower	18:17	120, 121
Hunter Fougner	18:21	126, 127
Dawson Comps Jr.	19:39	197, 199
Ryan Wojcik	19:54	206, 209
Kyle Dennis	20:04	213, 215
Wyatt Wagner	nrt	JV
Logan Jacobson	nrt	JV







**Team Place:** 9th (31 Teams)  
**Team Score:** 257  
**# Athletes:** 220 Varsity 185 JV

Name	Time	Overall Place (Team, Indiv.)	
Rylee Robinson	18:30	2, 2	
Katie Osika	19:12	10, 11	
Alexis Munley	20:04	23, 24	
Angela Peterson	22:10	92, 98	
Ashley Carver	23:03	130, 137	
Mackenzie Cortese	23:48	151, 158	
Anna Lee	24:13	63	JV
Elicia Henry	26:40	142	JV





# Mott vs. Walled Lake Northern @ Hess-Hathaway

October 11, 2016  
57 Degrees, Sunny

Team Place: 1st  
Team Score: WM 20 WLN 35

Name	Time	Overall Place
Noah Fuerst	17:43.4	1
Matt Kallabat	17:43.8	2
Hunter Fougner	17:56	4
Brandon Tower	18:07	5
Dawson Comps Jr.	18:29	8
Kyle Dennis	19:42	14
Ryan Wojcik	20:29	17
Wyatt Wagner	20:41	19
Ryan McAtamaney	23:05	22
Logan Jacobson	24:20	24







**Team Place:** 1st  
**Team Score:** WM 26 WLN 30

Name	Time	Overall Place
Alexis Munley	20:02	1
Katie Osika	20:03	2
Rylee Robinson	20:03	3
Angela Peterson	22:06	9
Mackenzie Cortese	22:26	11
Ashley Carver	22:28	12
Elicia Henry	26:02	23
Raegan Singleton	27:30	27
Eliana Edwards	28:53	31





# KLAA Lakes Conference Championships @ Island Lake State Recreation Area

October 20, 2016

54 Degrees, Rain, Soggy & Muddy Course



**Team Place:** 9th (12 Teams)

**Team Score:** 220

**# Athletes:** 83 Varsity 186 JV

Name	Time	Overall Place	
Noah Fuerst	17:10	24	
Hunter Fougner	17:32	37	
Matt Kallabat	17:39	42	
Brandon Tower	17:44	47	
Dawson Comps Jr.	18:44	70	
Kyle Dennis	18:53	73	
Ryan Wojcik	19:53	83	
Blaine Bradley	19:44	73	JV
Wyatt Wagner	20:29	102	JV
Ryan McAtamney	22:34	158	JV
Logan Jacobson	23:29	172	JV
Nathan Jones	dnf		JV







**Team Place:** 5th (12 Teams)  
**Team Score:** 140  
**# Athletes:** 82 Varsity 128 JV



Name	Time	Overall Place	
Rylee Robinson	18:31	2	
Katie Osika	19:08	7	
Alexis Munley	20:20	27	
Angela Peterson	21:39	50	
Ashley Carver	21:45	54	
Mackenzie Cortese	22:24	61	
Anna Lee	24:19	78	
Elicia Henry	25:49	92	JV
Raegan Singleton	26:33	104	JV
Eliana Edwards	nrt	118	JV





# MHSAA Regional Championships @ Linden High School

October 29, 2016  
62 Degrees, Sloppy, Muddy Course

**Team Place:** 9th (13 Teams)  
**Team Score:** 259  
**# Athletes:** 93 Varsity

Name	Time	Overall Place (Team, Indiv.)
Noah Fuerst	17:57	26, 27
Hunter Fougner	18:04	33, 34
Brandon Tower	18:39	58, 59
Matt Kallabat	18:44	62, 63
Dawson Comps Jr.	19:38	80, 82
Ryan Wojcik	20:16	85, 87
Kyle Dennis	20:34	87, 89
Blaine Bradley	nrt	JV
Wyatt Wagner	nrt	JV
Ryan McAtamaney	nrt	JV
Logan Jacobson	nrt	JV
Nathan Jones	31:40	JV







**Team Place:** 3rd` (15 Teams)  
**Team Score:** 93  
**# Athletes:** 98 Varsity

Name	Time	Overall Place (Team, Indiv.)	
Katie Osika	18:56	2, 2	
Rylee Robinson	18:58	4, 4	
Alexis Munley	19:56	12, 12	
Angela Peterson	21:48	33, 33	
Ashley Carver	22:21	42, 42	
Kate Petsch	22:25	43, 43	
Mackenzie Cortese	22:30	46, 46	
Anna Lee	23:48	12	JV





# Lakeland Freshman/Sophomore Meet @ Lakeland High School

Boys' Champion: Noah Fuerst

November 1, 2016  
68 Degrees, Sunny



Team Place: 3rd (7 Teams)  
Team Score: 90  
# Athletes: 84

Name	Time	Overall Place (Team, Indiv.)
Noah Fuerst	17:36	1, 1
Hunter Fougner	17:38	2, 2
Brandon Tower	18:32	5, 5
Ryan McAtamney	22:09	38, 53
Logan Jacobson	23:47	44, 67









# MHSAA State Finals @ Michigan International Speedway

November 5, 2016

64 Degrees, Sunny, Breezy, Course soggy in spots (especially Box 19)







**Team Place:** 16th (27 Teams)  
**Team Score:** 373  
**# Athletes:** 244 Varsity

Name	Time	Overall Place (Team, Indiv.)
Rylee Robinson	18:16	5, 8
Katie Osika	18:20	8, 11
Alexis Munley	19:22	35, 47
Angela Peterson	21:23	160, 216
Kate Petsch	21:37	165, 221
Ashley Carver	21:53	170, 226
Mackenzie Cortese	22:40	183, 239





# *Waterford Mott*

## *Cross Country Records - Girls*

### *School Records*

Shannon Osika      17:17      2008

### *Junior Records*

Shannon Osika      17:50      2009  
 Katie Osika      18:20      2016  
 Alexis Munley      18:58      2015  
 Daya Wagh      18:59      2011  
 Courtney Munley      19:22      2011  
 Jennifer Walczuk      19:27      1996

### *All-League OAA*

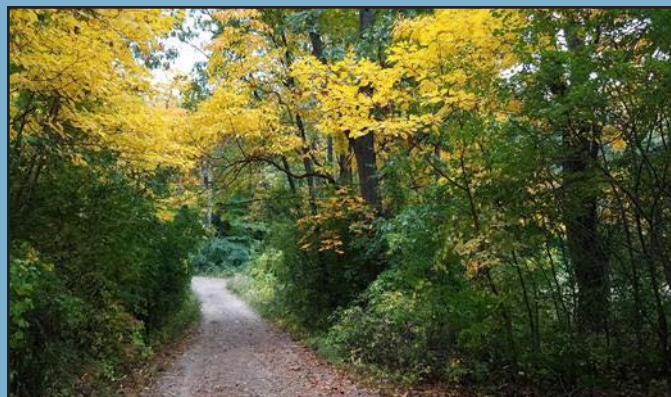
Shannon Osika      2007 (champion)  
 Lauren Gagnon      2007  
 Christine Lindsay      2006, 2007  
 Kelsey Chapman      2006, 2007  
 Alyssa Osika      2006  
 Lizzy Jones      2004, 2005, 2006  
 Ornela Mirashi      2005, 2006  
 Megan Coughlin      1998, 1999, 2000, 2001  
 Jennifer Klausing      1999, 2000, 2001  
 Alicia Hebel      2001  
 Kristen Klebba      2000  
 Lauren Madrigal      2000  
 Nikki Baxter      1997, 1998, 1999  
 Amy Coughlin      1995, 1996,  
                                  1997 (runner-up), 1998  
 Jennifer Walczuk      1995 (runner-up),  
                                  1996 & 1997 (champion)  
 Michelle Lazenby      1992  
 Mary Mick      1989 (champion)  
 Stephanie Tasca      1986  
 Traci Rooney      1983  
 Pam Swain      1981  
 Tina Fotineas      1980

### *Sophomore Records*

Shannon Osika      17:17      2008  
 Rylee Robinson      18:00.3      2016  
 Katie Osika      18:30      2015  
 Alexis Munley      18:49      2014  
 Kate Petsch      19:07      2015  
 Courtney Munley      19:22      2010  
 Jennifer Walczuk      19:26      1995  
 Megan Coughlin      19:30      1999

### *Freshman Records*

Shannon Osika      17:35      2007  
 Rylee Robinson      18:21      2015  
 Alexis Munley      18:48      2013  
 Katie Osika      18:58      2014  
 Kate Petsch      19:46      2014  
 Hannah Rhoades      19:59      2008





# *Waterford Mott*

## *Cross Country Honors - Girls*

### *All-Oakland County*

Rylee Robinson	2015, 2016
Katie Osika	2014, 2015, 2016
Alexis Munley	2013, 2014, 2016
Kate Petsch	2015
Sarah Hale	2012, 2013
Daya Wagh	2011, 2012
Courtney Munley	2010
Shannon Osika	2007, 2008, 2009, 2010
Amy Coughlin	1998
Jennifer Walczuk	1995, 1996, 1997
Mary Mick	1989 2nd team

### *MITCA Dream Team*

Shannon Osika	2007, 2008, 2010
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### *All-Conference*

*(2008 joined KLAA Lakes Conference)*

Katie Osika	2014, 2015, 2016
Rylee Robinson	2015, 2016
Kate Petsch	2015
Morgan Fuerst	2015
Alexis Munley	2013, 2014
Savannah Schaeffer	2012, 2013
Daya Wagh	2011, 2012
Sarah Hale	2012
Courtney Munley	2010, 2011, 2012
Hannah Rhoades	2011
Shannon Osika	2008, 2009, 2010 (2x Conference Champion)
Alyssa Osika	2008
Lauren Gagnon	2009
Katelynn Carver	2009

### *League Championship Teams*

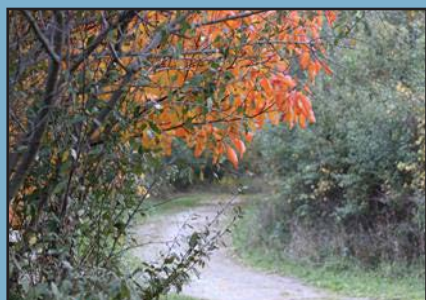
2015 (KLAA Lakes North Division): Rylee Robinson, Katie Osika, Alexis Munley, Kate Petsch, Morgan Fuerst, Victoria Stachowski, Mikayla Gean, Ashley Carver, Mackenzie Cortese, Angela Peterson, Maya Bourque, Kara Miller, Shyanne Welch, Anna Yoder

2012 (KLAA Lakes North Division): Daya Wagh, Sarah Hale, Courtney Munley, Savannah Schaeffer, Bailie Strong, Lauren Dybowski, Kristal Denina

2011 (KLAA Lakes North Division): Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

2007 (OAAII): Shannon Osika, Kelsey Chapman, Alyssa Osika, Christine Lindsay, Lauren Gagnon, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

2006 (OAAII): Lizzy Jones, Ornela Mirashi, Alyssa Osika, Kelsey Chapman, Christine Lindsay, Kristin Matsumoto, Liz Dachs





# Waterford Mott State Finalists - Girls

## Individuals

### State Qualifiers

Alexis Munley	2013
Savannah Schaeffer	2013
Shannon Osika	2007 (Regional Champion), 2008, 2009, 2010 (Regional Champion)
Lizzy Jones	2006
Megan Coughlin	1999, 2000
Amy Coughlin	1995, 1996, 1997, 1998
Jennifer Walczuk	1994, 1997
Mary Mick	1989

## All-State

Rylee Robinson	2015, 2016
Katie Osika	2016
Daya Wagh	2012
Shannon Osika	2007 (State Champion), 2008 (State Runner-Up), 2009, 2010
Jennifer Walczuk	1995

## Academic All-State

2016 Team	Avg. GPA = 3.891
Rylee Robinson	2016
Katie Osika	2015, 2016
Alexis Munley	2014, 2015, 2016
Angela Peterson	2016
2015 Team	Avg. GPA = 3.662
2012 Team	Avg. G.P.A. = 3.746
Daya Wagh	2011, 2012
Sarah Hale	2012
2011 Team	Avg. G.P.A. = 3.833
2010 Team	Avg. G.P.A. = 3.655
Courtney Munley	2010

## Teams

### 2016 Team

Rylee Robinson, Katie Osika, Alexis Munley, Angela Peterson, Kate Petsch, Ashley Carver, Mackenzie Cortese

### 2015 Team

Rylee Robinson, Katie Osika, Alexis Munley, Kate Petsch, Morgan Fuerst, Victoria Stachowski, Mikayla Gean

### 2014 Team

Alexis Munley, Katie Osika, Kate Petsch, Victoria Stachowski, Mackenzie Cortese, Morgan Fuerst, Mikayla Gean

### 2012 Team

Daya Wagh, Sarah Hale, Courtney Munley, Savannah Schaeffer, Bailie Strong, Lauren Dybowski, Kristal Denina

### 2011 Team

Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

### 2010 Team

Shannon Osika, Courtney Munley, Hannah Rhoades, Katelynn Carver, Catrina Cortese, Amanda Schoonover, Savannah Schaeffer

### 2009 Team (Regional Champions)

Shannon Osika, Lauren Gagnon, Katelynn Carver, Hannah Rhoades, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

### 2008 Team

Shannon Osika, Kelsey Chapman, Alyssa Osika, Hannah Rhoades, Christine Lindsay, Maylani Siemasz, Amanda Schoonover, Lauren Gagnon

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2009 Team	Avg. G.P.A. = 3.766
Lauren Gagnon	2009

2008 Team	Avg. G.P.A. = 3.94
Kelsey Chapman	2008
Megan Coughlin	1999, 2000
Amy Coughlin	1996, 1997, 1998





## The Mott Coaches

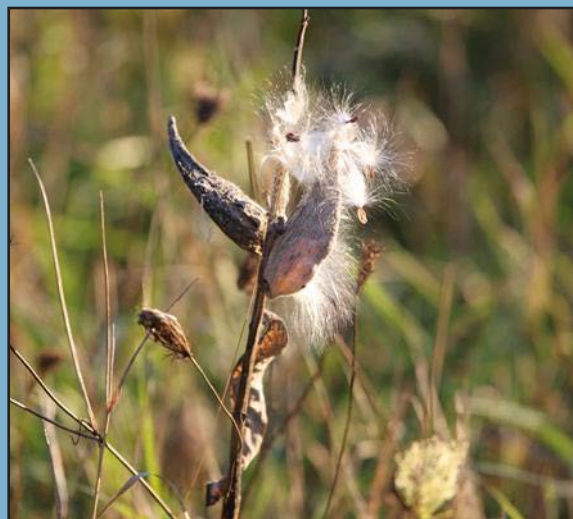




# Waterford Mott Cross Country

## All-Time List - Girls

Place	Name	Time	Date
1	Shannon Osika	17:17	2007 State Champion (17:35.8), 2008 State Runner-Up, 2009, 2010 All-State
2	Rylee Robinson	18:00.3	2016, 2015 All State 2016 Academic All-State
3	Katie Osika	18:20	2016 All-State 2016, 2015 Academic All-State
4	Daya Wagh	18:32	2012 All-State 2012 Academic All-State 2X
5	Alexis Munley	18:48	2013 2016 Academic All-State 3X
6	Sarah Hale	19:06	2012 Academic All-State
7	Kate Petsch	19:07	2015
8	Amy Coughlin	19:09	1998 Academic All-State 3X
9	Courtney Munley	19:22	2010 Academic All-State
10	Jennifer Walczuk	19:26	1995 All-State
11	Megan Coughlin	19:30	1999 Academic All-State 2X
12	Morgan Fuerst	19:37	2015
13	Bailie Strong	19:38	2013
	Hannah Rhoades	19:38	2011
15	Kelsey Chapman	19:39	2008 Academic All-State
16	Alyssa Osika	19:40	2008
17	Lauren Gagnon	19:41	2009 Academic All-State
18	Savannah Schaeffer	19:47	2012
19	Katelynn Carver	19:52	2009
20	Lizzy Jones	19:58	2006
21	Mikayla Gean	20:04	2015
22	Mary Mick	20:09	1989
23	Victoria Stachowski	20:19	2015
24	Pam Swain	20:20	1981
25	Ornela Mirashi	20:29	2005
26	Nikki Baxter	20:30	1999
27	Marki Dillon	20:05-20:35	1978 3m Record
28	Ashley Carver	20:40	2015
29	Amanda Schoonover	20:44	2010
30	Angela Peterson	20:46	2015
31	Clare Pierre	20:47	1981
32	Jennifer Klausing	20:50	1999
33	Christine Lindsay	21:05	2007
34	Robin Rapelje	21:10	1998
35	Maylani Siemasz	21:11	2009
36	Catrina Cortese	21:12	2010
37	Traci Rooney	21:14	1983
38	Mackenzie Cortese	21:18	2014
39	Alicia Hebel	21:19	2001





# All-Time List - Cont.

Place	Name	Time	Date
40	Lauren Dybowski	21:23	2013
41	Val Theisen	21:28	1984
42	Tina Fotineas	21:03-21:33	1980
43	Natalie Moesta	21:40	2013
44	Lauren Madrigal	21:43	2000
45	Roslyn Frontiera	21:13-21:43	1980
46	Kara Miller	21:45	2013
47	Gail Hoult	21:17-21:47	1977
48	Kristin Klebba	21:48	2000
	Cindy Borquist	21:18-21:48	1977
50	Rachel Mendoza	21:54	2010
51	Megan Maxwell	22:02	2011
	Erin McCaffery	22:02	2002
53	Stephani Tasca	22:03	1986
54	Brooke Murray	22:09	2011
55	Emily Croitori	22:10	1995
56	Kristal Denina	22:15	2012
57	Amanda Lack	22:22	2002
58	Kristin Matsumoto	22:24	2005
59	Jovey Haves	22:27	1998
60	Katie Scholler	22:28	2004
	Michelle Lazenby	22:28	1992
62	Denise Cecil	22:34	1983
63	Beth Webster	22:05-22:35	1983
64	Kristen Weiland	22:50	2003
65	Kristen Klingbeil	22:51	2000
66	Brittany Bays	22:55	1995
67	Betsy Bowser	22:57	1993
68	Kelly Boyle	22:29-22:59	1977
69	Amy Braunsteiner	23:00	1988
70	Anna Yoder	23:03	2015
71	Melanie Hook	23:05	1986
72	Rosemary Keane	23:06	1986
	Rachel Tater	23:06	1983
74	Kristie Greene	23:11	1987
75	Nichole Kunkle	23:13	2004
76	Kaity Ward	23:17	2011
	Kelly Alexander	23:17	1988
78	Courtney Anglin	23:20	2000
79	Jianna Hair	23:25	2001
80	Lindsey Dieck	23:28	2012
	Shannon Donnelly	23:28	1985
82	Jasmin Messer	23:37	2013
83	Ericka Yeiter	23:38	2014
84	Hennika Klykken	23:43	1993
85	Tara Twyman	23:46	1997
86	Ann Lee	23:48	2016
87	Rebecca Dickerson	23:50	1999
88	Marci Walter	23:56	1995
	Sara Stolnicki	23:56	1997
90	Kathleen Rooney	23:59	2005

## Waterford Mott Coaches

Name	Years
Amy McNeil (Coughlin)	2005 - present
Ryan Robinson	2002 - 2004
Jerry Pachla	1978 - 2001





# *Waterford Mott*

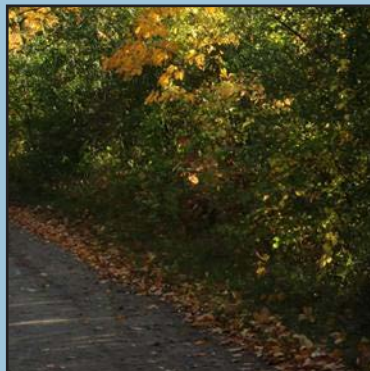
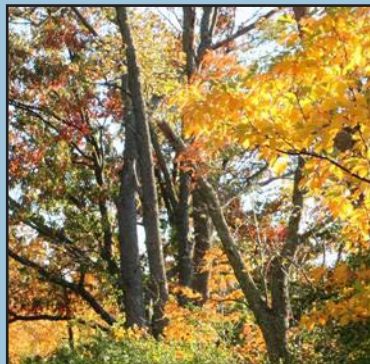
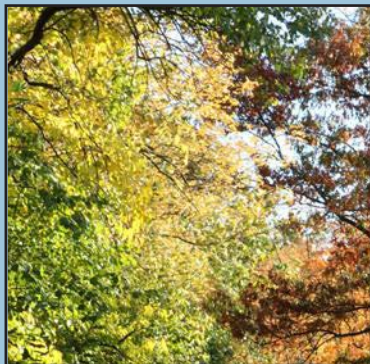
## *Cross Country Records - Boys*

### *School Records*

Ryan J. Robinson	15:03	2014
Scott Albaugh	15:13	2010
Jeff Ferrell	15:30	1994
Chris Langton	16:07	1986
Ryan Robinson	16:15	1983
Mark Davis	14:49 (3M)	1978

### *Junior Records*

Ryan J. Robinson	15:22	2013
Nate Burnand	15:38	2011
Jeff Ferrell	15:39	1994
Joe Murphy	16:56	1987
Rusty Robinson	16:56	1984
Tony Peters	17:14	1981
Matt Barnard	15:35 (3M)	1977
Fred Leinenger	16:06 (3M)	1976



### *Sophomore Records*

Ryan J. Robinson	15:28	2012
Nate Burnand	15:45	2010
Jeff Ferrell	16:04	1992
George Fotineas	17:09	1981
Rick Schaefer	16:13 (3M)	1977
Matt Barnard	16:21 (3M)	1976
Curtis Carter	16:51 (3M)	1975

### *Freshman Records*

Sam Albaugh	15:58	2011
Tommy Osika	17:02	2010
Jeff Ferrell	17:14	1991



# *Waterford Mott*

## *Cross Country Honors - Boys*

### *All-Oakland County*

#### 2014 Team

##### Oakland County Champions:

Sam Albaugh, Nick Arnold, Blake Borkowski,  
Kyler Bush, Bradley O'Connor, Luke Peterson,  
Ryan Robinson

Ryan J. Robinson	2011, 2013, 2014
Sam Albaugh	2012, 2013, 2014
Luke Peterson	2014
Blake Borkowski	2014

#### 2013 Team

##### Oakland County Champions:

Sam Albaugh, Simon Albaugh, Kyler Bush,  
Brennan Munley, Tommy Osika, Luke Peterson,  
Ryan Robinson

Kyler Bush	2013
Nate Burnand	2011, 2012
Dane Falberg	2012
Brandon Carson	2011
Scott Albaugh	2010 Champion
Ian Hackbarth	2010
Nate Burnand	2010
Jeff Ferrell	1992, 1993, 1994 Champion
Chris Langton	1986
Ryan Robinson	1983
Matt Barnard	1977, 1978
Mark Davis	1978
Bill Bowles	1978



### *All-Conference*

#### 2014 Team

##### KLAA Lakes Conference Champions:

Sam Albaugh, Blake Borkowski, Kyler Bush,  
Steven Else, Max Falberg, Luke Peterson,  
Ryan Robinson

Ryan J. Robinson	2014 (runner-up)
Luke Peterson	2014
Sam Albaugh	2014
Blake Borkowski	2014
Kyler Bush	2014

#### 2013 Team

##### KLAA Lakes Conference Champions:

Sam Albaugh, Simon Albaugh, Kyler Bush,  
Brennan Munley, Tommy Osika,  
Luke Peterson, Logan Ward, Ryan Robinson

### *League Championship Teams*

#### 2014 (KLAA Lakes North Division):

Sam Albaugh, Simon Albaugh, Nick Arnold,  
Blake Borkowski, Kyler Bush, Stephen Else,  
Max Falberg, Bradley O'Connor, Luke Peterson,  
Ryan Robinson, Logan Ward, Kyle Wojcik,  
Andrew Zeider

#### 2013 (KLAA Lakes North Division):

Sam Albaugh, Simon Albaugh, Kyler Bush,  
Brennan Munley, Tommy Osika, Luke Peterson,  
Ryan Robinson

#### 2012 (KLAA Lakes North Division):

Nate Burnand, Ryan Robinson, Dane Falberg,  
Sam Albaugh, Tommy Osika, Kyler Bush,  
Simon Albaugh, Luke Peterson, Brennan Munley

#### 2011 (KLAA Lakes North Division):

Sam Albaugh, Nate Burnand, Brandon Carson,  
Matthew Degraeve, Dane Falberg, Tommy Osika,  
Ryan Robinson



# Waterford Mott State Finalists - Boys

## Individuals

### State Qualifiers (not part of qualifying team)

Scott Albaugh	2009, 2008
Anthony Spray	2006
David Clingan	1999
Jesse Johnson	1995
Chris Langton	1985
George Fotineas	1983
Mark Timm	1981
Rick Schaefer	1979

## All-State

Ryan J. Robinson	2014
Ryan J. Robinson	2013
Sam Albaugh	2013
Nate Burnand	2012
Ryan J. Robinson	2012
Nate Burnand	2011
Sam Albaugh	2011
Scott Albaugh	2010 Champion
Nate Burnand	2010
Scott Albaugh	2009
Jeff Ferrell	1994 Champion
Jeff Ferrell	1993 Champion
Matt Barnard	1978

## Academic All-State

2014 Team	Avg. G.P.A. = 3.726
Kyler Bush	2014
Luke Peterson	2014
Ryan J. Robinson	2014

2013 Team	Avg. G.P.A. = 3.853
Kyler Bush	2013
Brennan Munley	2013
Luke Peterson	2013

2012 Team	Avg. G.P.A. = 3.679
Tommy Osika	2012

## Teams

### Team - 2014

**(Regional Champions, Oakland County Champions, KLAA Lakes Conference Champions)**

Ryan Robinson, Sam Albaugh, Kyler Bush, Blake Borkowski, Luke Peterson, Max Falberg, Kyle Wojcik, Steven Else, Nick Arnold, Bradley O'Connor

### Team - 2013

**(State Runners-Up, Regional Champions, KLAA Lakes Conference Champions, Oakland County Champions)**

Ryan Robinson, Sam Albaugh, Kyler Bush, Brennan Munley, Tommy Osika, Luke Peterson, Simon Albaugh

### Team - 2012

**(State Runners-Up, Regional Champions)**

Nate Burnand, Ryan Robinson, Dane Falberg, Tommy Osika, Kyler Bush, Simon Albaugh, Luke Peterson, Sam Albaugh

### Team - 2011 (Regional Champions)

Nate Burnand, Brandon Carson, Sam Albaugh, Dane Falberg, Matthew Degraeve, Tommy Osika, Ryan Robinson

### Team - 2010

Scott Albaugh, Ian Hackbarth, Nate Burnand, Matthew Degraeve, Dane Falberg, Tommy Osika, David Jackson

### Team - 1977

Mark Carter, Matt Barnard, Mark Davis, Phil Fotineas, Eric Pierre, Eric Pelton, Rick Schaefer, Bob Fisher

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Kyler Bush	2012
Ryan J. Robinson	2012

2011 Team	Avg. G.P.A. = 3.432
Tommy Osika	2011
Dane Falberg	2011

2010 Team	Avg. G.P.A. = 3.365
Jesse Johnson	1995



# All-Conference - Boys

2014 Ryan J. Robinson (runner-up) Luke Peterson Sam Albaugh Blake Borkowski Kyler Bush (Team Champion)	2008 Scott Albaugh Ryan Chute Ian Hackbarth	<b>Western 6 1969-1980</b> <b>Greater Oakland Activities League 1981-1994</b> <b>Oakland Activities Association 1995-2007</b> <b>Kensington Lakes Athletic Association 2008</b>		
2013 Sam Albaugh Tommy Osika Kyler Bush Luke Peterson (Team Champion)	2007 Maxime Bellemare Ryan Chute Scott Albaugh	1999 David Clingan (runner-up) Jeff Hagen David Renne	1992 Jeff Ferrell (Runner-up) Joe Condon David Webster	1983 Ryan Robinson (Champion) George Fotineas
2012 Nate Burnand Ryan J. Robinson Dane Falberg Sam Albaugh	2006 Anthony Spray	1998 David Clingan David Renne	1990 Mark Papenhagen	1981 Ilie Hentes Ryan Robinson
2011 Nate Burnand Brandon Carson Sam Albaugh	2005 Anthony Spray Kyle Evans	1997 David Clingan Michael Wilanowski	1988 Chris Newman (Champion) Mark Papenhagen Frank Puddy	1980 Ilie Hentes Doug Roggenbaum
2010 Scott Albaugh (runner-up) Nate Burnand	2004 Jared Dean Joey Lopez	1996 Richard Monk	1979 Steve Kelty Joe Murphy	1978 Eric Pierre Rick Schaeffer Tim Goodwin
2009 Scott Albaugh	2003 Jared Dean Joey Lopez	1995 David Barth Jessie Johnson	1987 Chris Newman Joe Murphy	1977 Matt Barnard (Champion) Mark Davis Eric Pierre
	2002 Jared Dean Joey Lopez	1994 Jeff Ferrell (Champion) David Webster David Barth Richard Monk	1986 Chris Langton (Runner-up) Joe Murphy	1975 Curtis Carter
	2001 Joe Pritchett	1993 Jeff Ferrell (Champion) David Webster Charlie Anderson	1985 Chris Langton Rustyn Robinson Greg Marinak	1974 Bill Bowles (Runner-up) John Saunders
	2000 Jeff Hagen			

## All-State

## Honorable Mention

Chris Langton	1986
Ryan Robinson	1984
Mark Davis	1978



# Waterford Mott Cross Country

## All-Time List - Boys

Place	Name	Time	Date	
1	Ryan J. Robinson	15:03	2014	5k Record 3x All-State (2012-2014) 2x Regional Champion (2013, 2014) 2014 Qualifier & Runner-Up - Nike Cross National Championships (Midwest Region) 2013 Qualifier - Foot Locker National Championships (Midwest Region) 2014, 2012 Academic All-State
2	Scott Albaugh	15:13	2010	5k Record State Champion Regional Champion 2x All-State
3	Nate Burnand	15:14	2012	3x All-State (2010-2012) 2x Regional Champion (2011,2012)
4	Jeff Ferrell	15:30.4	1994	5k Record 3x All-State 2x State Champion
5	Sam Albaugh	15:49	2013	2x All-State (2012-2013)
6	Brandon Carson	15:50	2011	
7	Dane Falberg	15:55	2012	2011 Academic All-State
8	Chris Langton	16:07	1986	5k Record
9	Blake Borkowski	16:09	2014	
10	Kyler Bush	16:10	2014	2014 Academic All-State 3x
11	Luke Peterson	16:14	2014	2014 Academic All-State 2x
	Tommy Osika	16:14	2012	2012 Academic All-State 2x
13	Ryan R. Robinson	16:15	1983	5k Record
14	Ian Hackbarth	16:16	2010	
15	Mark Timm	16:23	1981	5k Record
16	David Clingan	16:28	1999	
17	Simon Albaugh	16:36	2013	
18	Brennan Munley	16:41	2013	2013 Academic All-State
19	Elie Hentes	16:44	1981	
20	Matthew Degraeve	16:47	2011	
21	Joe Murphy	16:53	1987	
22	Max Falberg	16:55	2014	
	George Fotineas	16:55	1983	
24	Ryan Chute	16:56	2008	
	Rusty Robinson	16:56	1984	
26	Chris Newman	16:58	1988	
27	Josh Robinson	17:02	2009	
28	Jesse Johnson	17:04	1995	

### Waterford Mott Coaches

Name	Years
Ryan Robinson	2005 - present
Jerry Pachla	1974 - 2004
Mike Miley	1970 - 1973
Ray Robinson	1969





# All-Time List - Cont.

Place	Name	Time	Date	
29	David Renne	17:09	1999	Academic All-State
30	Noah Fuerst	17:10	2016	
	Kyle Wojcik	17:10	2014	
	Kyle Evans	17:10	2007	
33	Anthony Spray	17:12	2006	
	Joey Lopez	17:12	2004	
35	Tony Peters	17:14	1981	
36	Maxime Bellemare	17:17	2007	
37	Lj Stachowski	17:19.2	2015	
38	Matt Kallabat	17:19.7	2015	
39	Jared Dean	17:19	2004	
	Mark Papenhagen	17:19	1989	
	Paul Richards	17:19	1983	
42	Tim Samson	17:23	1981	
43	Richard Monk	17:24	1996	
44	Joe Pritchett	17:26	2001	
45	Greg Marinak	17:27	1985	
46	David Webster	17:28	1994	
47	Jeff Hagen	17:29	1999	
48	Hayden Schaeffer	17:31	2009	
49	Hunter Fougner	17:32	2016	
50	Donald Hyde	17:34	1999	
51	Bradley O'Connor	17:35	2014	
52	David Barth	17:40	1995	
53	Michael Wilanowski	17:41	1997	
54	Brian Ritter	17:42	1983	
55	Brandon Tower	17:44	2016	
56	Logan Ward	17:44	2013	
57	Joe Condon	17:46	1992	
58	Richard Bray	17:48	1996	
	Randy Robinson	17:48	1986	
60	Mark Ruckey	17:52	1984	
61	Chris Wisniewski	17:53	1999	
62	Steve Kelty	17:55	1988	
63	Josh Sterns	17:58	1998	
64	David Jackson	17:59	2012	
	Brandon Hahn	17:59	2001	
	Mike Taylor	17:59	1985	
67	Frank Puddy	18:00	1988	
	Charlie Anderson	18:00	1994	
69	Nick Arnold	18:01	2013	
70	Dana Houle	18:03	1981	
71	John Hurley	18:04	1981	
72	Steven Else	18:10	2014	
	Nick Schoonover	18:10	2006	
74	Mark Stechow	18:11	1994	
75	Scott Herriman	18:15	1988	
	Rob McConkey	18:15	2008	
77	Victor Huerta	18:18	1991	

Place	Name	Time	Date
78	Kevyn Robinson	18:20	2011
79	Kyle Dennis	18:23.5	2015
80	Matt Grundy	18:23	2005
81	Rob Wilson	18:24	1985
82	Dawson Comps Jr.	18:29	2016
83	Seth Byle	18:32	2013
84	Kurien Thomas	18:37	1995
85	Justin Spaysky	18:41	1991
86	Andrew Zeider	18:42	2014
87	Brad Wojcik	18:45	2012
	Zach Sheck	18:45	1996
89	Matt Thayer	18:47	2012
90	Ahmad Parker	18:50	2015
91	Dan Ressnell	18:51	1993
92	Jeremy Janson	18:52	1998
93	Zach Behler	18:53	1997
	Robert Vogt	18:53	1991
95	Lukasz Paszek	18:54	1993
96	Rob Stafford	18:57	1990
97	Blaine Bradley	18:58	2015
	Jon Kelty	18:58	1986
99	Rich DeLong	18:59	1984





# *Waterford Mott Cross Country All-Time 3 Mile List - Boys*

Place	Name	Time	Year
1	Mark Davis	14:49	1978
2	Matt Barnard	15:04	1978
3	Rick Schaeffer	15:32	1979
	Eric Pierre	15:32	1979
5	Mark Carter	15:34	1977
6	Bill Bowles	15:53	1974
7	Don Bennett	16:04	1972
8	Fred Leinenger	16:06	1976
9	Curtis Carter	16:08	1975
10	Tim Goodwin	16:14	1980
11	Eric Pelton	16:17	1979
12	Phil Fotineas	16:23	1977
13	Clyde Crandall	16:26	1974
14	Mike Straka	16:36	1975
15	Marty Davis	16:41	1978
16	Doug Roggenbaum	16:46	1980
17	John Saunders	16:47	1975
18	Doug Schaller	16:56	1973
19	Steve Cooperider	16:58	1976
20	Don Tuttle	17:05	1979
21	Scott Carpenter	17:08	1975
22	Bob Wooderson	17:16	1976
23	Jerry Steinhelper	17:12	1980
24	Joe Deflorio	17:17	1975





# Waterford Mott High School

## College Athletes

### Women

Waterford Mott Cross Country athletes who continued athletic competition at the collegiate level.

Name	Mott Class	University / College	Sport	Years Completed
Morgan Fuerst	2016	Saginaw Valley State University	XC / Track	2016 - present
Mikayla Gean	2016	Saginaw Valley State University	Track	2016 - present
Victoria Stachowski	2016	University of Akron	XC / Track	2016 - present
Daya Wagh	2013	Western Michigan University	XC / Track	2013 - present
Courtney Munley	2013	University of Michigan	XC / Track	2013 - present
Hannah Rhoades	2012	Oakland Community College	XC	2012
Katelynn Carver	2012	Saginaw Valley State University	XC / Track	2012
Shannon Osika	2011	University of Michigan	XC / Track	2011 - 2015
Rachel Mendoza	2011	Oakland University	XC / Track	2011 - 2012
Maylani Siemasz	2010	Cornerstone University	Soccer	2010 - 2013
Liz Dachs	2010	Lake Superior State University	XC / Track	2010 - 2013
Lauren Gagnon	2010	Northwood University/Wayne State University	XC / Track	2010 - 2012, 2014
Christine Lindsay	2010	Oakland University	XC / Track	2010 - 2012
Alyssa Osika	2009	Ferris State University	XC / Track	2009 - 2012
Kelsey Chapman	2009	Oakland University	XC / Track	2009 - 2010
Liz Jones	2008	Oakland University	XC / Track	2008 - 2010
Ornela Mirashi	2008	Oakland Community College	XC / Track	2008 - 2009
Kathy Rooney	2006	Lake Superior State University	XC / Track	2006 - 2010
Amy McNeil (Coughlin)	1999	University of Michigan	Rowing	2000 - 2004
Jennifer Walczuk	1998	University of South Florida	XC / Track	1999 - 2004

### Men

Name	Mott Class	University / College	Sport	Years Completed
Ahmad Parker	2016	Oakland Community College	XC	2016 - present
Ryan J. Robinson	2015	Michigan State University	XC / Track	2015 - present
Blake Borkowski	2015	Saginaw Valley State University	XC / Track	2015 - present
Luke Peterson	2015	University of Michigan	XC / Track	2015
Andrew Zeider	2015	Albion College	XC / Track	2015 - present
Tommy Osika	2014	Michigan State University	XC / Track	2014 - present
Seth Byle	2014	Oakland Community College	XC	2014 - 2015
Dane Falberg	2013	Lawrence Technological University	XC / Track	2013 - 2015
Nathan Burnand	2013	Michigan State University	XC / Track	2013 - present
Todd Bonnavier	2013	Kalamazoo College	Baseball	2013 - present
Brandon Carson	2012	University of St. Francis (IL)	XC / Track	2012 - 2015
Matthew Degraeve	2012	Oakland Community College/Oakland University	XC / Track	2012 - 2015
Ian Hackbarth	2011	Oakland Community College	XC / Track	2011 - 2012
Scott Albaugh	2011	University of Michigan	XC / Track	2011 - 2015
Ryan Chute	2009	Ferris State University	XC / Track	2009 - 2012
Jeff Ferrell	1995	South Florida State/Michigan State University	XC / Track	1995 - 1999
Mark Papenhagen	1990	Oakland Community College	XC / Track	
Chris Hughes	1986	Eastern Michigan University	XC / Track	
Ryan R. Robinson	1984	OCC/Western State College/University of Michigan	XC / Track	1984 - 1988
Mark Davis	1978	Northwest Missouri State	XC / Track	
Matt Barnard	1978	Arizona State	XC / Track	
Mark Carter	1977	Oakland University	XC / Track	



## Waterford Mott Cross Country - 2016 Girls' Results Summary (9/2-10/4)

Name	Golden Grizzly (4k)	Kettering	Spartan	Lakeland	WLC	Mott Fall Classic	WLW
Ashley Carver	dnr	dnr	275 - 24:51	25:45	23:50	38 - 22:40	24:10
Mackenzie Cortese	76 - 18:25	23:54	259 - 23:18	23:14	23:08	36 - 22:38	24:02
Anna Lee	dnr	dnr	dnr	26:55	24:38	25:39	27:13
Alexis Munley	40 - 16:49	22:15	108 - 20:36	21:10	20:48	3 - 20:21	22:16
Katie Osika	2 - 14:54.9	21:17	32 - 19:21	19:18	19:22	2 - 19:08	21:42
Angela Peterson	64 - 17:54	23:55	215 - 22:01	23:02	22:42	29 - 21:47	dnr
Kate Petsch	59 - 17:48	dnf	dnr	dnr	dnr	dnr	dnr
Rylee Robinson	1 - 14:54.8	21:17	10 - 18:37	19:42	20:01	1 - 18:43	21:43
Autumn Dalton	dnf	dnf	dnr	37:16	34:10	dnf	dnr
Eliana Edwards	22:46	32:07	dnr	32:21	29:30	29:29	30:57
Elicia Henry	21:53	dnr	dnr	34:36	29:11	27:36	28:23
Madi Papenhagen	dnr	dnr	dnr	dnr	dnr	dnr	dnr
Raegan Singleton	dnr	dnr	dnr	32:25	dnr	29:41	30:15
	7th	17-38 W	26th	32-27 L	21-36 W	2nd	19-36 W

dnr = did not race  
dnf = did not finish  
nrt = no recorded time  
dq = disqualified  
nts = no team score





## Waterford Mott Cross Country - 2016 Girls' Results Summary (10/8-11/5)

Name	Oakland Co.	WLN	KLAA	Regional	Lakeland 9/10	State
Ashley Carver	137 - 23:03	22:28	54 - 21:45	42 - 22:21	dnr	226 - 21:53
Mackenzie Cortese	158 - 23:48	22:26	61 - 22:24	46 - 22:30	dnr	239 - 22:40
Anna Lee	24:13	dnr	78 - 24:19	23:48	dnr	
Alexis Munley	24 - 20:04	20:02	27 - 20:20	12 - 19:56	dnr	47 - 19:22
Katie Osika	11 - 19:12	20:03	7 - 19:08	2 - 18:56	dnr	11 - 18:20
Angela Peterson	98 - 22:10	22:06	50 - 21:39	33 - 21:48	dnr	216 - 21:23
Kate Petsch	dnr	dnr	dnr	43 - 22:25	dnr	221 - 21:37
Rylee Robinson	2 - 18:30	20:03	2 - 18:31	4 - 18:58	dnr	8 - 18:16
Autumn Dalton	dnr	dnr	dnr	dnr	dnr	
Eliana Edwards	dnr	28:53	nrt	dnr	dnr	
Elicia Henry	26:40	26:02	25:49	dnr	dnr	
Madi Papenhagen	dnr	dnr	dnr	dnr	dnr	
Raegan Singleton	dnr	27:30	26.33	dnr	dnr	
	9th	26-30 W	5th	3rd		16th

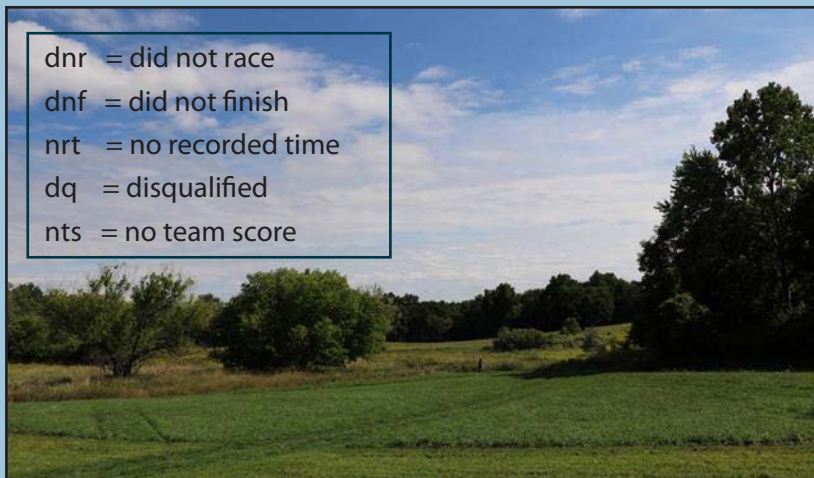




## Waterford Mott Cross Country - 2016 Boys' Results Summary (9/2-10/4)

Name	Golden Grizzly (4k)	Kettering	Spartan	Lakeland	WLC	Mott Fall Classic	WLW
Blaine Bradley	79 - 15:28	20:15	256 - 19:37	19:43	19:13	50 - 19:11	20:10
Dawson Comps	65 - 14:49	19:56	259 - 19:45	19:38	18:41	dnr	20:30
Kyle Dennis	106 - 16:04	21:10	dnf	20:29	19:14	62 - 19:36	20:56
Hunter Fougner	59 - 14:34	19:05	191 - 18:17	18:07	18:18	19 - 17:49	19:01
Noah Fuerst	27 - 13:50	18:42	170 - 17:58	18:05	17:41	10 - 17:23	18:53
Matt Kallabat	33 - 13:59	19:04	189 - 18:15	18:41	18:25	15- 17:37	19:02
Brandon Tower	53 - 14:28	19:06	188 - 18:14	18:38	18:19	20 - 17:51	19:35
Ryan Wojcik	82 - 15:42	21:31	19:53	21:00	20:14	63 - 19:37	21:10
Logan Jacobson	18:58	nrt	dnr	dnr	24:53	22:00	24:59
Nathan Jones	dnr	dnr	dnr	dnr	dnr	dnr	dnr
Kevin Lee	22:03	dnr	dnr	dnr	dnr	dnr	dnr
Ryan McAtamney	17:44	24:47	22:33	24:49	23:51	22:00	23:55
Wyatt Wagner	17:24	22:34	nrt	dnr	21:34	21:00	21:59
	8th	23-35 W	35th	44 -15 L	34-22 L	5th	23-32 W

dnr = did not race  
dnf = did not finish  
nrt = no recorded time  
dq = disqualified  
nts = no team score





## Waterford Mott Cross Country - 2016 Boys' Results Summary (10/8-11/5)

Name	Oakland Co.	WLN	KLAA	Regional	Lakeland 9/10	State
Blaine Bradley	dnr	dnr	19:44	nrt	dnr	dnr
Dawson Comps	199 - 19:39	18:29	70 - 18:44	82 - 19:38	dnr	dnr
Kyle Dennis	215 - 20:04	19:42	73 - 18:53	89 - 20:34	dnr	dnr
Hunter Fougner	127 - 18:21	17:56	37 - 17:32	34 - 18:04	2 - 17:38	dnr
Noah Fuerst	74 - 17:46	17:43.4	24 - 17:10	27 - 17:57	1 - 17:36	dnr
Matt Kallabat	120 - 18:16	17:43.8	42 - 17:39	63 - 18:44	dnr	dnr
Brandon Tower	121 - 18:17	18:07	47 - 17:44	59 - 18:39	5 - 18:32	dnr
Ryan Wojcik	209 - 19:54	20:29	83 - 19:53	87 - 20:16	dnr	dnr
Logan Jacobson	nrt	24:20	23:29	nrt	67 - 23:47	dnr
Nathan Jones	dnr	dnr	dnf	31:40	dnr	dnr
Kevin Lee	dnr	dnr	dnr	dnr	dnr	dnr
Ryan McAtamney	dnr	23:05	22:34	nrt	53 - 22:09	dnr
Wyatt Wagner	nrt	20:41	20:29	nrt	dnr	dnr
	24th	20-35 W	9th	9th	3rd	





# Golden Grizzly Invite @ Oakland University

## September 02, 2016

### Boys' Team Results Varsity (4k)

Place	School	Score
1	Brother Rice	54
2	Lake Orion	69
3	Romeo	103
4	Pontiac Notre Dame Prep	117
5	Oxford	147
6	Temperance Bedford	165
7	Troy	177
8	<b>Waterford Mott</b>	<b>237</b>
9	Walled Lake Northern	261
10	Flushing	262
11	Midland	263
12	Clay (Oregon)	294
13	Rochester	342
14	Auburn Hills Oakland Christian	421

### Girls' Team Results Varsity (4k)

Place	School	Score
1	Troy	59
2	Lake Orion	103
3	Wyandotte Roosevelt	113
4	Oxford	136
5	Romeo	143
6	Rochester	154
7	<b>Waterford Mott</b>	<b>166</b>
8	Pontiac Notre Dame Prep	209
9	Flushing	215
10	Midland	229
11	Clay (Oregon)	247
12	Dearborn Heights Crestwood	307
13	Bloomfield Hills Cranbrook - Kingswood	341
14	Auburn Hills Oakland Christian	369

### Boys' Team Results - JV (4k)

Place	School	Score
1	Lake Orion	33
2	Troy	57
3	Brother Rice	80
4	Temperance Bedford	86
5	Oxford	156
6	Romeo	157
7	Walled Lake Northern	212
8	Clay (Oregon)	251
9	Pontiac Notre Dame Prep	255
10	Rochester	261
11	Flushing	306

### Girls' Team Results - JV (4k)

Place	School	Score
1	Rochester	30
2	Troy	52
3	Oxford	71
4	Romeo	96
5	Lake Orion	149
6	Pontiac Notre Dame Prep	179
7	Wyandotte Roosevelt	211
8	Flushing	234
9	Bloomfield Hills Cranbrook - Kingswood	253
10	Dearborn Heights Crestwood	259





***Spartan Invitational @ MSU's  
Forest Akers East Golf Course  
September 16, 2016***

***Team Results - Elite Boys***

Place	School	Score
1	Louisville	157
2	Saline	194
3	Grand Rapids Christian	232
4	Novi	247
5	Centerville	268
6	Corunna	281
7	Caledonia	297
8	Northville	308
9	Beavercreek	336
10	Rockford	345
11	Bay City Western	351
12	Okemos	358
13	Defiance	370
14	Portage Central	381
15	Lansing Catholic	397
16	Saginaw Heritage	399
17	Grand Haven	453
18	Ann Arbor Skyline	454
19	Portage Northern	469
20	Grand Ledge	480
21	Pontiac Notre Dame Prep	507
22	Alpena	511
23	Birmingham Seaholm	531
24	East Grand Rapids	556
25	Traverse City Central	566
26	Dixon	611
27	East Kentwood	627
28	East Lansing	670
29	West Bloomfield	722
30	Sterling Heights	725
31	Perkins	766
32	Bloomfield Hills	842
33	Wyandotte Roosevelt	864
34	Lincoln Park	949
35	<b>Waterford Mott</b>	<b>958</b>
36	Muskegon Reeths-Puffer	995
37	Chagrin Falls	1034
38	Dearborn Heights Crestwood	1092
39	Midland Dow	1094

***Team Results - Elite Girls***

Place	School	Score
1	Northville	204
2	Battle Creek Lakeview	229
3	Centerville	237
4	Birmingham Seaholm	245
5	Beavercreek	255
6	Traverse City Central	273
7	Lansing Catholic	335
8	Muskegon Reeths-Puffer	338
9	Rockford	355
10	Ann Arbor Pioneer	373
11	Midland Dow	398
12	Grand Haven	409
13	Brighton	415
14	Saline	427
15	Clarkston	428
16	Chagrin Falls	429
17	GR Forest Hills Central	431
18	Hart	431
19	Grand Rapids Christian	445
20	Bay City Western	469
21	Wyandotte Roosevelt	484
22	Portage Northern	495
23	East Grand Rapids	497
24	DeWitt	523
25	Hudsonville	590
26	<b>Waterford Mott</b>	<b>601</b>
27	Shepherd	604
28	East Lansing	632
29	Grandville	648
30	Grand Ledge	723
31	St. Joseph	774
32	Grandville Calvin Christian	791
33	Portage Central	796
34	Dexter	834
35	Dixon	844
36	Brownstown Woodhaven	1003
37	Bloomfield Hills	1016
38	Corunna	1107
39	Stevensville Lakeshore	1200
40	West Bloomfield	1274
41	Lincoln Park	1360



# Waterford Mott Fall Cross Country Classic @ Hess-Hathaway Park September 30, 2016

## Boys' Team Results

Place	School	Score
1	Livonia Stevenson	46
2	Utica Eisenhower	56
3	Oxford	57
4	Utica	103
5	<b>Waterford Mott</b>	<b>106</b>
6	Troy Athens	182
7	Walled Lake Northern	191
8	Waterford Kettering	195
9	Detroit Country Day	274

## Girls' Team Results

Place	School	Score
1	Oxford	54
2	<b>Waterford Mott</b>	<b>66</b>
3	Dexter	79
4	Walled Lake Northern	91
5	Livonia Stevenson	114
6	Utica Eisenhower	133
7	Waterford Kettering	177
8	Detroit Country Day	216
9	Harper Woods Chandler Park	271





# Oakland County Championships

## @ Kensington Metropark

### October 08, 2016

#### Boys' Team Results

Place	School	Score
1	Novi	73
2	Highland-Milford	153
3	Brother Rice	159
4	White Lake Lakeland	175
5	Clarkston	176
6	Lake Orion	205
7	Detroit Catholic Central	233
8	Walled Lake Central	281
9	Pontiac Notre Dame Prep	292
10	Oxford	303
11	Rochester Adams	346
12	West Bloomfield	379
13	Holly	389
14	Berkley	412
15	Birmingham Seaholm	455
16	Farmington	457
17	Royal Oak	458
18	Troy	479
19	Bloomfield Hills	512
20	Orchard Lake St. Mary's	538
21	Beverly Hills Groves	585
22	South Lyon East	612
23	Rochester	621
24	<b>Waterford Mott</b>	<b>635</b>
25	Rochester Hills Stoney Creek	647
26	Troy Athens	676
27	Walled Lake Northern	681
28	South Lyon	748
29	Ortonville Brandon	777
30	Waterford Kettering	791
31	Walled Lake Western	825
32	North Farmington	900
33	Farmington Hills Harrison	981
34	Hazel Park	1039
35	Detroit Country Day	1086
36	Royal Oak Shrine	1121
37	Auburn Hills Oakland Christian	1129
38	Bloomfield Hills Cranbrook-Kingswood	1174

#### Girls' Team Results

Place	School	Score
1	Birmingham Seaholm	64
2	Clarkston	104
3	Highland-Milford	134
4	White Lake Lakeland	141
5	Troy	143
6	Lake Orion	198
7	Oxford	252
8	Rochester	257
9	<b>Waterford Mott</b>	<b>257</b>
10	Rochester Adams	277
11	Pontiac Notre Dame Prep	325
12	Walled Lake Northern	364
13	Berkley	367
14	Royal Oak	398
15	Bloomfield Hills Marian	467
16	Bloomfield Hills	473
17	Novi	476
18	South Lyon East	510
19	West Bloomfield	515
20	Rochester Hills Stoney Creek	544
21	Beverly Hills Groves	576
22	Walled Lake Central	589
23	North Farmington	591
24	Holly	627
25	Walled Lake Western	633
26	Troy Athens	701
27	Ortonville Brandon	774
28	Auburn Hills Oakland Christian	774
29	Detroit Country Day	804
30	Farmington Hills Mercy	819
31	Royal Oak Shrine	852





# KLAA Lakes Conference Championships

## @ Island Lake State Recreation Area

### October 20, 2016

#### Boys' Team Results

Place	School	Score
1	White Lake Lakeland	41
2	Highland-Milford	63
3	Brighton	120
4	Hartland	125
5	Howell	133
6	Grand Blanc	135
7	Walled Lake Central	137
8	Pinckney	200
9	<b>Waterford Mott</b>	<b>220</b>
10	Walled Lake Northern	271
11	Walled Lake Western	290
12	Waterford Kettering	345

#### Girls' Team Results

Place	School	Score
1	Highland-Milford	53
2	Brighton	57
3	Pinckney	73
4	White Lake Lakeland	94
5	<b>Waterford Mott</b>	<b>140</b>
6	Walled Lake Northern	172
7	Grand Blanc	193
8	Hartland	196
9	Walled Lake Central	225
10	Howell	286
11	Waterford Kettering	319
12	Walled Lake Western	328

#### KLAA Lakes Conference - Boys

North Division	W	L
Lakeland *	5	0
Walled Lake Central	4	1
<b>Waterford Mott</b>	<b>3</b>	<b>2</b>
Walled Lake Western	2	3
Walled Lake Northern	1	4
Waterford Kettering	0	5

\* Indicates Division Champion

#### KLAA Lakes Conference - Girls

North Division	W	L
Lakeland *	5	0
<b>Waterford Mott</b>	<b>4</b>	<b>1</b>
Walled Lake Northern	3	2
Walled Lake Central	2	3
Waterford Kettering	1	4
Walled Lake Western	0	5

\* Indicates Division Champion





# *MHSAA Regional Championships (7-1)*

## *@ Linden High School*

### *October 29, 2016*

#### ***Boys' Team Results***

Place	School	Score
1	White Lake Lakeland	35
2	Highland-Milford	49
3	Walled Lake Central	95
4	Fenton	101
5	Hartland	132
6	Holly	150
7	West Bloomfield	202
8	Farmington	202
9	<b>Waterford Mott</b>	<b>259</b>
10	Walled Lake Northern	275
11	North Farmington	313
12	Walled Lake Western	315
13	Waterford Kettering	357

#### ***Girls' Team Results***

Place	School	Score
1	Highland-Milford	71
2	White Lake Lakeland	72
3	<b>Waterford Mott</b>	<b>93</b>
4	Fenton	116
5	Walled Lake Northern	125
6	Hartland	165
7	West Bloomfield	195
8	Walled Lake Central	202
9	North Farmington	268
10	Waterford Kettering	298
11	Farmington Hills Mercy	299
12	Farmington	305
13	Walled Lake Western	310
14	Farmington Hills Harrison	350
15	Holly	359





***Lakeland Freshman / Sophomore Invite  
@ Lakeland High School  
November 01, 2016***

***Boys' Team Results***

Place	School	Score
1	Detroit Catholic Central	35
2	Novi	79
3	<b>Waterford Mott</b>	<b>90</b>
4	Lake Orion	102
5	Pinckney	105
6	White Lake Lakeland	115
7	West Bloomfield	204





***MHSAA State Finals (Division 1)***  
***@ Michigan International Speedway***  
***November 05, 2016***

***Boys' Team Results***

Place	School	Score
1	White Lake Lakeland	125
2	Saline	198
3	Brother Rice	220
4	Novi	225
5	Ann Arbor Pioneer	237
6	Highland-Milford	243
7	Northville	257
8	Caledonia	309
9	Saginaw Heritage	316
10	Birmingham Seaholm	319
11	Bay City Western	343
12	Alpena	348
13	Grand Haven	356
14	Rockford	358
15	Clarkston	360
16	Lake Orion	360
17	Livonia Stevenson	376
18	Portage Central	389
19	Okemos	422
20	Macomb Dakota	434
21	Traverse City West	448
22	Dexter	473
23	Walled Lake Central	481
24	Portage Northern	541
25	Grosse Pointe North	556
26	Brighton	585
27	Temperance Bedford	615
28	Grand Blanc	667

***Girls' Team Results***

Place	School	Score
1	Highland-Milford	149
2	Ann Arbor Pioneer	172
3	Northville	178
4	Birmingham Seaholm	188
5	Pinckney	258
6	Battle Creek Lakeview	266
7	Traverse City Central	269
8	Troy	297
9	Saline	298
10	Clarkston	299
11	Brighton	302
12	Grand Haven	304
13	Midland Dow	319
14	Rockford	328
15	White Lake Lakeland	334
16	<b>Waterford Mott</b>	<b>373</b>
17	Livonia Churchill	396
18	Salem	459
19	Flushing	461
20	Oxford	467
21	Holland West Ottawa	475
22	Saginaw Heritage	505
23	Okemos	511
24	Wyandotte Roosevelt	538
25	Grosse Pointe South	562
26	Romeo	562
27	Hudsonville	582







*Champion's Walk*  
11-4-2016





## 2016 Waterford Mott High School Cross Country Team



### Thank You's

**Special thanks to everyone who contributed to the 2016 season, including:**

**Scott Albaugh, Sr. & Waterford School District Workers-**

Thanks for making our course one of the most beautiful around and something to be proud of.

**CC Parents & Families-** Thank you for making it possible to host great meets this year, and thank you for all of your support of us all season long. **Michelle Peterson**, thank you for coordinating all of our volunteer efforts! Special thanks to **Craig and Aimee Carver** for use of their RV, and thanks to **Heather Miller** for the jumbo tent.

**Tower & Cortese Families-** Thank you for opening your homes to host pasta dinners. These were great chances for the team to fuel up, while doing some important bonding!

**Coach Jisang Kim-** It was great having you around this season—you helped out more than you know!

**Paul Degraeve-** Thank you for continuing to contribute to our program and the help and guidance you have given **Carly Coffin** this year in creating our booklet. Special thanks to **Carly** for all of her hard work this fall! Thanks to **Michelle Peterson** for providing the photos for the **Walled Lake Northern Meet**.

**Rod and Kara Yeacker & Rotpac Racing-** Thank you for helping us put on some top-notch meets!

**Mrs. Sartorius, Mrs. Avenall, Mr. Riggs-** Thank you for your support of us all season long, especially your efforts for the sixth annual "Champion's Walk."

**Marvin Goodwin at the Oakland Press-** Thank you for your thoughtful coverage of the team this fall.

**Chris King, Lou Miramonti, Tom Eschmann, and Bob Fulcher-** Thank you for helping to make our invitational, conference and regional championships such a success.

**Karen Laszlo-** Thank you for helping spread the word about the wonderful things WMXC was up to this year and the roses for our girls at the clap-out!

**Michelle Robinson-** Thank you for your help at our meets, having us at your home all summer, baking us granola bars, taking great pics, and taking such good care of us!

**Paul and Linda Coughlin & Runnin' Gear-** Thank you for having us at your house during the summer and making sure that we are always taken care of.

**Hometown Pizza (Clinton, MI)-** Thank you for the post-meet feast!

**Waterford Elementary School Principals and Coaches-** Thank you for making our 4<sup>th</sup> year of running club such a great success!

**Dr. Pete Wilusz-** Thanks for keeping our kids on their feet!  
**Waterford Police Dept.** Thanks for making sure everyone departs our events safely!

**2016 Leadership Class-** Thanks for creating a showcase to get everyone pumped up for the State Finals!

**Coach Robinson, Coach McNeil, & Coach Osika**



