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**2013 Cross Country**

# Waterford Mott Corsairs

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# 2013 Cross Country

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# Coaches' Perspectives

The 2013 cross country season was different from any other I have ever experienced. What separates this team is their absolute refusal to define themselves in terms of “last year” or “next year.” The members of this team fought for the 2013 season with single-minded focus from the very first day. I bought a bumper sticker this summer for my classroom. It says, “Walloon Lake is my happy place!” and it’s true. Never was I happier there than this year, where a great camp set the tone for an intense season.

When we fell just two points short of third place at the regional, it was easy and natural to ask ourselves why, and to question the four months of training we had put in. It took me a few days to make sense of what had happened, and to realize that the experience served as a reminder of one of life’s most important lessons: it is not necessarily our successes and failures that define us, but our attitude. To consider this year anything less than a success would be an injustice to our seniors, and notably our captains Sarah and Savannah, who handled each setback this season with maturity and grace. That is what they will be most remembered for—not their times, places, or performances, but their commitment to upholding the most basic principles of our team and our program, which I believe are sportsmanship and work ethic.

At the end of the year, I think we can look back on our 4-1 dual meet record, our 4th place finishes at the conference and regional, and our two state qualifiers with a great deal of pride! Thanks for a great season, filled with all of the things that make this worthwhile, from road trips to the finish line moments.

Coach McNeil



As the experiences we share as a team grow in number and enrich my life I never cease to be amazed at how such a simple sport can deliver such a bounty of rewards.

The opportunity to lead a group of young people who expected perfection this season was as daunting, as it was exhilarating, a task. The daily process to turn these dreams into reality, which began in June, form the memories and have molded the character of each of the members of our 2013 team.

It was a season of firsts: We were ranked #1 in the State and in the top 20 in the U.S. for most of the season. We held practice on our own track. We started the Waterford Running Club and brought the joy of running into each of the 12 elementary schools in Waterford. We won the Conference Championships and the Oakland County Championships. We ran in the Nike NXN Regional Qualifier as a team – the first Michigan team to ever do so. There is a story to tell with each of these events and the successes and heart-breaks are individual stories that every Corsair harrier of 2013 will not soon forget.

We continue to raise the bar each season with our expectations for our athletes and parents and, as has been the case in each of my previous years as coach, both groups met the challenge we presented. The time commitment and emotional support we received from our parents and athletes this year superseded that of any other. We continued with our tradition of hosting the Mott Invitational and Regional Championships – no small task but becoming a fall routine for the volunteers sitting in the audience tonight. This season we added the Waterford Running Club race to our sponsored events and, with the help of our parents and athletes, introduced new runners and their families to the wonderful world of Waterford Cross Country at Hess-Hathaway Park. Courses were groomed to perfection and snacks were always available. None of this would be possible without the wonderful people sitting here tonight who are passionate about our purpose and desire to continually improve.

I can't thank everyone enough for the experience of spending a season with you as your coach and friend. You are Waterford Mott Cross Country, and for that you should be very proud.

Coach Robinson



# Captains' Perspectives

Being a captain on Waterford Mott's cross country team was nothing less than spectacular. Seeing a team develop from nothing to becoming nationally ranked was breathtaking. Throughout my years as a WMXC runner, I have been taught what it takes to make it to the top. Whether it was running over 60 miles a week in the summer, or completing 12 mile long runs in the snow, we never lost sight of our goals. Many people consider us insane for choosing to endure so much pain, but this pain has its rewards. Winning is worth it. My fellow teammates push the limits and strive to be the best, but we would be nothing without Coach Robinson. I have never met a coach that can turn mediocrity into something extraordinary, quite like Robinson. Between the team, the coaches, and the community, participating in Mott cross country was a great experience.

Brennan Munley

This last cross country season has flown by! It seems like just yesterday we were heading up to camp. This being my last year of cross country makes all these memories so bittersweet. This season has meant so much to me and I couldn't have asked for a better team to spend my last season with! We may have gone through more ups and downs than planned this year, but our team really came together and that made us stronger! I believe that we truly were champions this year, because no matter what might have happened at races, we still acted like champions and kept a positive attitude. This year everyone pushed themselves as hard as they could, both in practices and meets. These past 3 years of cross country have taught me so many things that I can take with me to college. I'm going to miss this team so much; they mean the world to me! I can't wait to hear how good you girls do in the years to come, and I will be coming back to watch as you all accomplish your goals, as I know you will! Just keep your positive attitudes and dedication, and you girls will achieve many great things!

Love, Sarah Hale



Practice like a champion act like a champion.

Looking at all the pictures and thinking about this season and all the ones before made me realize that it really was my last high school cross country season. That not only makes me happy because I don't have to do those crazy Robinson workouts we all dread, but it also breaks my heart. I've grown so close to all the people on the team and my coaches. To think that I won't be running cross country with them next year upsets me but then I realize I get to come back and watch them all achieve their goals and do all the amazing things they are capable of doing and I know they will accomplish. This was a very challenging season for us but I believe it made us stronger as a team and brought us closer than we've ever been before. Others may not see us as champions, but I do. We practice and act like the champions we are.

Run your heart out,  
Love, Savannah Schaeffer

Looking back to my freshman year, I would have never thought I would have the privilege of being a captain to a cross country team with expectations that considered anything less than a state title a disappointment. I knew we were going to be good, but it wasn't until we all sat down and started brainstorming team goals, that I finally understood just how good we were actually going to be.

Our goals were very bold, nothing short of going undefeated and being state champs, and for the first time, at least for me, they seemed very accurate and reachable, almost humble. That's when I knew we were going to surprise a lot of people. After each goal was written down, I remember looking up and glancing around the table at my teammates, thinking to myself about all the sacrifices and work they had already done and were willing to do in order to achieve their personal goals and our overall team goals. I have never been a part of a group that was so dedicated to one thing in my life, and I truly believed this was going to be the best cross country team Waterford Mott has ever seen. I wasn't disappointed.

As the season progressed, I found myself a part of something that was much bigger than I thought. The feeling of being captain of a team that was second in the state and ranked nationally in the top 20 can't be described using words. I also found myself still looking up to and learning from my fellow teammates. That's when I realized that the term "captain" is just a title and it doesn't mean you are better or above anyone.

Throughout the season, I found that the true meaning behind being a captain is to be a great teammate and an even better friend. In the past four years I've been on the team I have made more friends and even more memories than I would have ever thought. Though I did learn a lot from my fellow teammates, I would be nowhere without my coach. He has been there for me the whole way. He is a coach when I need a coach, and a friend when I need a friend. He inspires me to be great, and keeps me going when I don't want to move another step. I am very lucky to have him as a coach and can't wait to see what's in store for track.

Tommy Osika



# PRACTICE @ ROBINSON'S

JULY 8TH, 2013

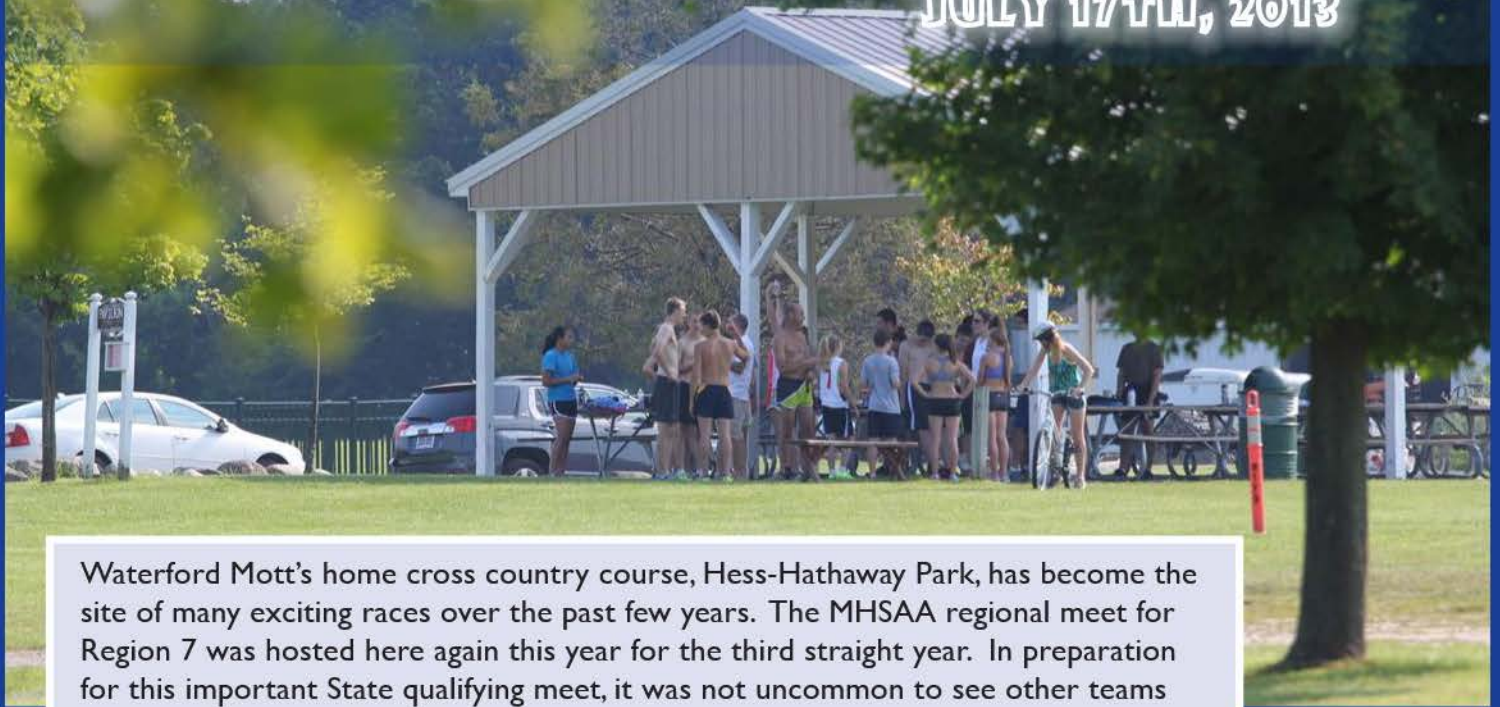
This year's first stop on the Mott summer practice circuit was the Robinson's house. It marked the official start of summer training. There is usually no hurry to get started at this first gathering as the athletes spend valuable time catching up on the latest news with their friends and teammates. It's also a great time for everyone to meet the incoming freshman. After the run, Mrs. Robinson's refreshments and homemade snacks are always a favorite and welcome reward.





# PRACTICE @ HESS-HATHAWAY

## JULY 17TH, 2013



Waterford Mott's home cross country course, Hess-Hathaway Park, has become the site of many exciting races over the past few years. The MHSAA regional meet for Region 7 was hosted here again this year for the third straight year. In preparation for this important State qualifying meet, it was not uncommon to see other teams practicing on the challenging hills at Hess.









The third regular stop on the Mott summer practice schedule was the Coughlin's house on Loon Lake. Their quiet and scenic neighborhood is a great place for a morning summer run. If the weather gets too hot, the lake is a perfect place for the athletes to quickly cool off and have some fun after their training.



*Summer Training*

# PLYOMETRICS & SWIMMING

AUGUST 6TH, 2013



Waterford Mott  
High School

Home of the  
Corsairs

Waterford  
School  
District

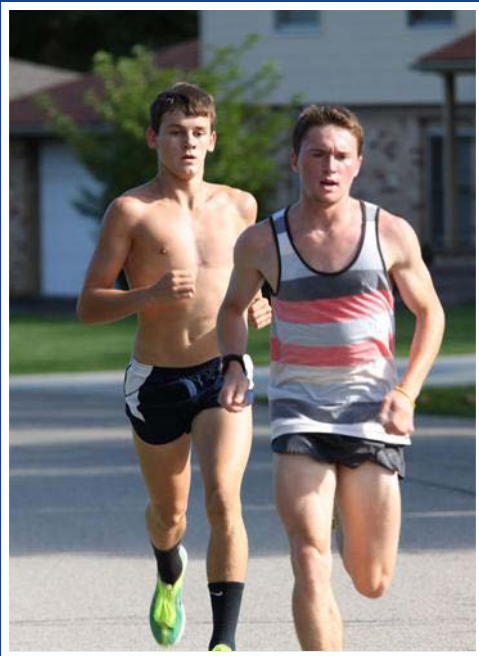




A successful cross country program depends on knowledgeable, dedicated coaches. It also requires a solid, well-rounded training program. Mott definitely has both! In addition to their running schedule and many different workout routines, they also include plyometrics and swimming on the list.







The quiet neighborhoods of Loon Lake are a great place to meet for the necessary, but not very easy, tempo runs. The veteran Mott athletes know these streets very well, but a wrong turn on the winding roads can be a problem for the newcomers. It's always a good idea to stay with someone who knows the route.





The Waterford Foundation for Public Education, established in 1984, exists to promote and recognize excellence in teaching and learning. This year's 5k race at the Waterford Hills Road Racing track was well supported by the Waterford Mott Cross Country program. As always, Paul Coughlin of Runnin' Gear did a great job of hosting the event.









Hill workouts are an important part of the summer training schedule. It is not always easy to find a location with a long uphill to run this workout, but the OCC Highland Lakes campus close to Hess-Hathaway is very convenient and fits the requirements.



# HILL WORKOUT - LABOR DAY

SEPTEMBER 2ND, 2013





Rest and relaxation were not the first things on the athlete's agenda as they woke up on Labor Day this year. Everything else had to wait until they completed their challenging hill workout in the neighborhoods across from Hess-Hathaway. The turnout, attitude and work ethic was outstanding and readily apparent throughout the morning.

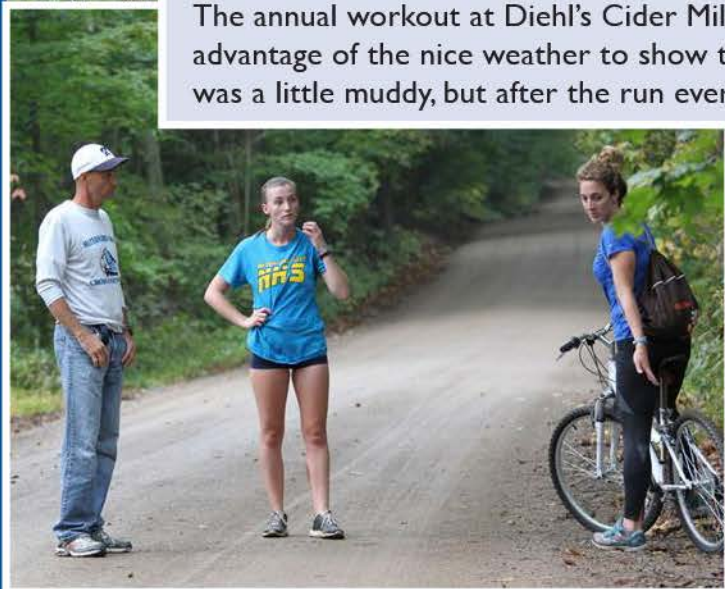


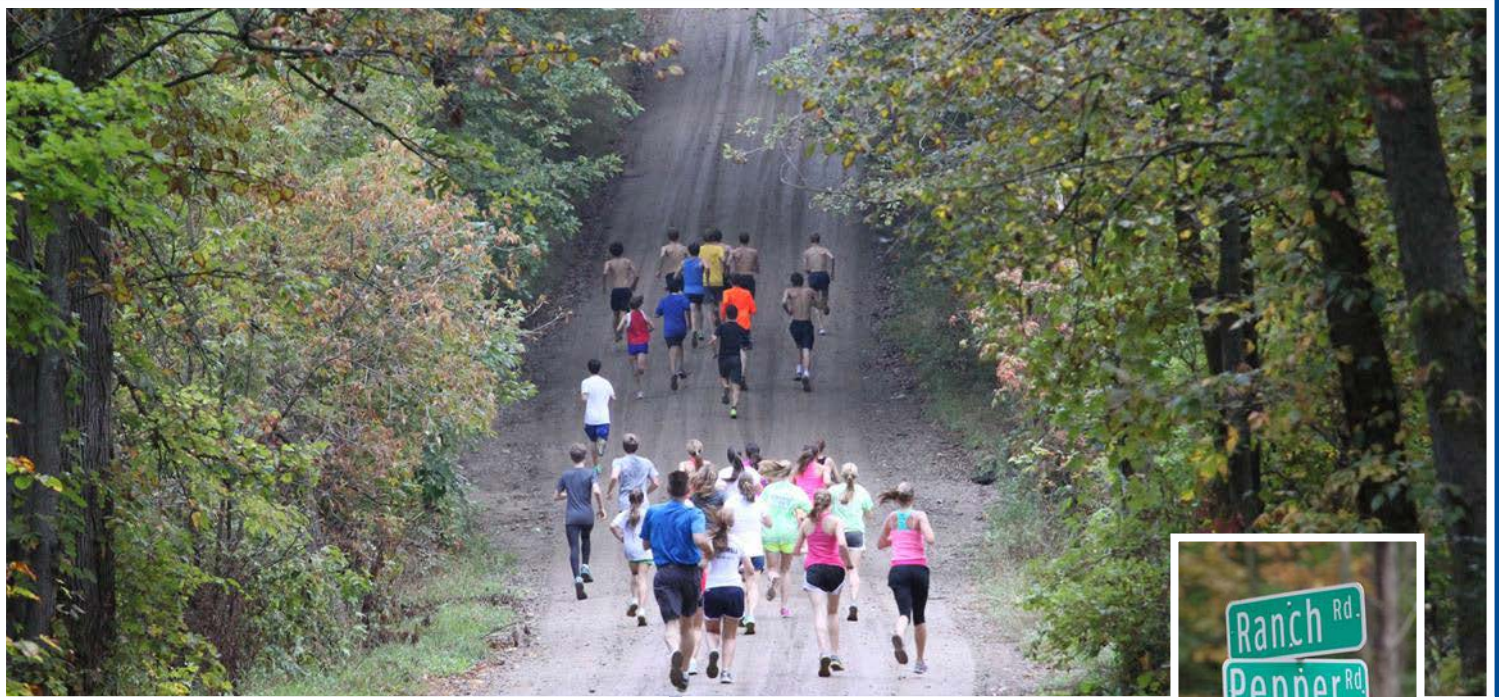
# DIEHL'S CIDER MILL WORKOUT

## SEPTEMBER 21ND, 2013



The annual workout at Diehl's Cider Mill in Holly is always a favorite. Many parents took advantage of the nice weather to show their kids that they could run some miles too! It was a little muddy, but after the run everyone still enjoyed their cider and donuts.





# RUNNING CLUB - JAYNO ADAMS

SEPTEMBER 25ND, 2013





The Mott Cross Country team started the Waterford Running Club this year as an elementary school program for our school district's 3-5th graders. Each elementary school in the district had their own team and, with the mentorship of the members on our boys and girls teams, ran a six week training program which culminated in a one mile race at Hess-Hathaway Park on the evening before the Regional Championships. With over 300 children participating, the program's inaugural year was a remarkable success thanks to the dedication and enthusiasm of our athletes. The scenes you see here show the kids from Adams training for the big race.



# Summer Camp Boyne Valley Lodge

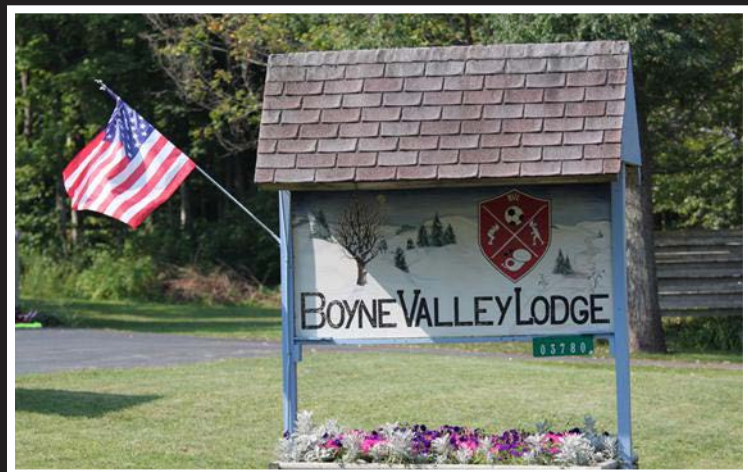
## Day 1

August 20th - 23th, 2013



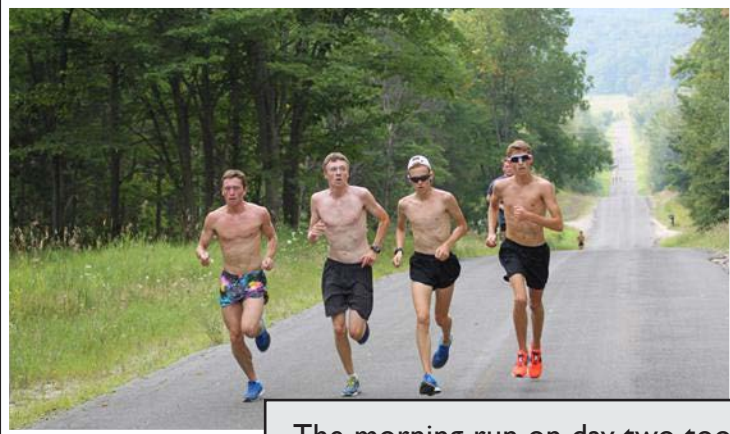
This year marks the 4th year Mott traveled to the Boyne Valley Lodge near Walloon Lake for their annual summer camp. A lot of excitement builds throughout the summer as the team looks forward to this August trip. Preparation is the key because the daily schedule includes two runs each day – usually an easy one and a more challenging workout.





# Day 2 - Morning



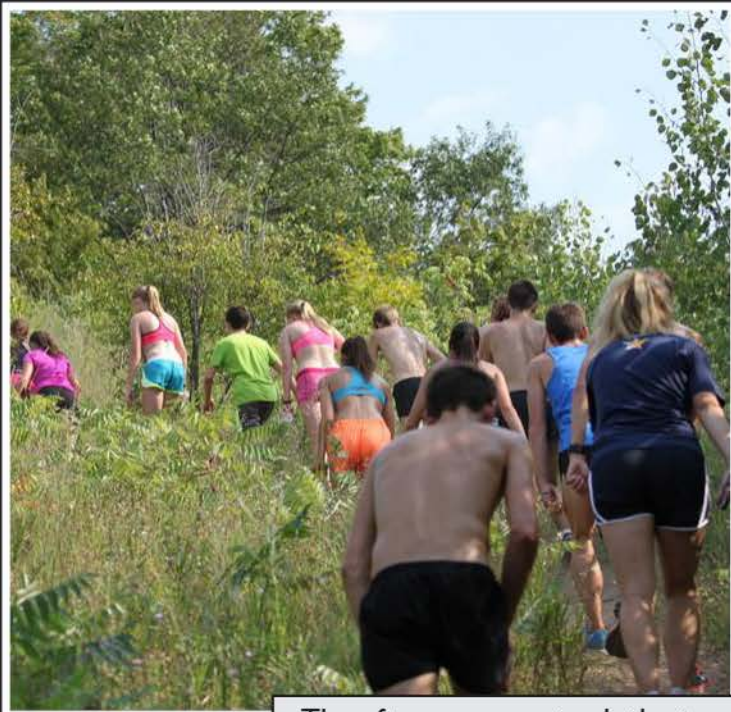


The morning run on day two took place on the remote country roads near the Boyne Valley Lodge. The hills were impressive and demanding but this was the easy run for the day. A trip to the beach and a little core work on the beautiful 'baby safe lawn' in Walloon Lake Village rounded out the morning.



# Day 2 - Afternoon





The afternoon run took the team to Boyne City for their much anticipated workout at the Avalanche Preserve Recreation Area overlooking Lake Charlevoix. Hiking trails led the runners around the perimeter to the Overlook Platform at the top. After the workout, great views await the runners as they complete their final challenge – a climb up the steep face! As you can see, it's a great place for photos.



# Day 3 ~ Morning





The third day of camp started out with another favorite route of veteran Mott runners -- the hills of Walloon Lake's North Shore Drive. Proper stretching, core work and a trip to the beach were all part of the routine. Thankfully, Mrs. Robinson was available to make sure everyone had the proper yoga form. Coach Robinson did a fine job with his can of blue spray paint to keep everyone on track.



# Day 3 - Afternoon





New on the schedule this year were the scenic trails near Boyne Mountain's Alpine & Monument Golf Courses on the west side of Boyne Mountain. After the run, everyone had a chance to cool off and enjoy the beach near Boyne's Beach House Restaurant on Deer Lake.

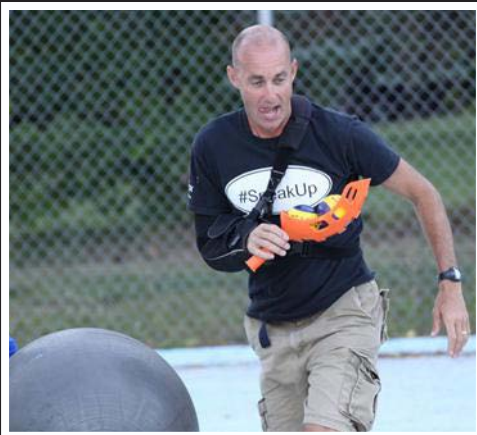


# Day 3 ~ Evening



After dinner, the team took a trip to the Harbor Springs Community Skate Park for some well-deserved fun and a little game of dodge ball. Developing a competitive mind-set is something the coaches cultivate throughout the season. If you've ever wondered how much competitive spirit they possess, just watch them play a game of Angry Birds Dodge Ball. Wow! Ice cream at Yummies in Harbor Springs rounded out the evening.





# Day 4 ~ Morning



On the schedule for the final day of camp was one last run on the trails of Boyne Valley Lodge's cross country course. This traditional run is highlighted by the popular 'Senior Challenge' run. In this challenge, the seniors get the opportunity to run one more timed interval workout while everyone else cheers them on. It's always inspiring to watch and a great way to see team spirit in action.





# Golden Grizzly Invite @ Oakland University

## August 30th, 2013

Hot & Sunny

**Boys' Champion: Ryan Robinson**  
**Boys' Team Champion**

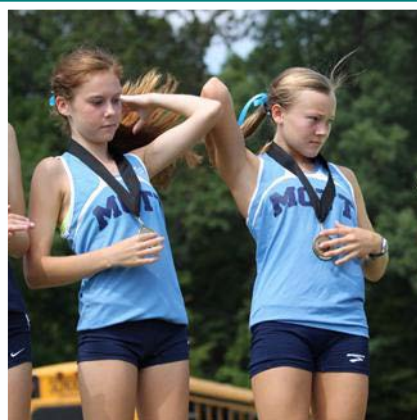
**Team Place:** 1st (25 Teams)

**Team Score:** 53

**# Athletes:** 204 Varsity 203 JV

Name	Time	Overall Place (Team, Indiv.)	
Ryan Robinson	16:06	1, 1	
Sam Albaugh	16:32	4, 4	
Simon Albaugh	17:00	9, 9	
Kyler Bush	17:23	18, 18	
Luke Peterson	17:27	21, 22	
Tommy Osika	17:40	28, 29	
Logan Ward	18:45	2	JV
Bradley O'Connor	18:51	3	JV
Max Falberg	19:22	9	JV
Nick Arnold	19:43	13	JV
Seth Byle	20:12	30	JV
Matt Thayer	22:21	135	JV
Brennan Munley	dnr		
Kyle Wojcik	dnr		
Devon Amesse	dnr		
Demmon Bell	dnr		
Jesse Miller	dnr		
Mathias Sorensen	dnr		
Dave Decker	dnr		





**Team Place:** 3rd (16 Teams)

**Team Score:** 125

**# Athletes:** 139 Varsity 101 JV

Name	Time	Overall Place (Team, Indiv.)	
Alexis Munley	20:42	4, 6	
Bailie Strong	20:49	6, 8	
Sarah Hale	21:26	16, 19	
Savannah Schaeffer	22:14	36, 41	
Natalie Moesta	23:19	63, 71	
Lauren Dybowski	24:21	9	JV
Victoria Stachowski	25:40	23	JV
Kara Miller	26:23	45	JV
Sarah Burns	27:28	74	JV
Ericka Yeiter	27:42	77	JV
Shyanne Welch	28:04	84	JV
Megan Maxwell	28:16	87	JV
Jasmin Messer	dnr		
Lindsey Dieck	dnr		
Brooke Murray	dnr		
Kelsey Hurt	dnr		

# Mott vs. Walled Lake Central @ Richardson Center September 10th, 2013

94 Degrees, Hot & Dry



<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 21	WLC 34
<b>Name</b>	<b>Time</b>	<b>Overall Place</b>
Kyler Bush	16:59	1
Luke Peterson	17:00	2
Sam Albaugh	17:01	3
Simon Albaugh	17:39	6
Brennan Munley	17:49	9
Logan Ward	18:22	11
Bradley O'Connor	18:47	14
Nick Arnold	18:56	16
Seth Byle	18:59	17
Max Falberg	19:17	19
Kyle Wojcik	19:18	20
Matt Thayer	21:28	32
Demmon Bell	21:34	33
Devon Amesse	21:49	35
Dave Decker	22:20	37
Blaine Bradley	23:20	42
Tommy Osika	dnr	
Ryan Robinson	dnr	
Jesse Miller	dnr	
Mathias Sorensen	dnr	





<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 17	WLC 42
	<b>Name</b>	<b>Overall Place</b>
	Alexis Munley	21:25 1
	Bailie Strong	21:26 2
	Sarah Hale	21:27 3
	Savannah Schaeffer	21:30 4
	Victoria Stachowski	22:13 7
	Lauren Dybowski	22:30 9
	Natalie Moesta	22:42 10
	Kara Miller	25:44 17
	Ericka Yeiter	25:58 18
	Megan Maxwell	26:09 19
	Sarah Burns	26:18 20
	Lindsey Dieck	26:32 23
	Jasmin Messer	26:51 25
	Shyanne Welch	26:58 26
	Jessica Messer	29:12 28
	Kelsey Hurt	29:46 29
	Brooke Murray	29:48 30
	Laticia Salaiz	33:48 33

# Spartan Invitational (Elite Class) @ MSU's Forest Acres East Golf Course September 13th, 2013

**Boys' Champion: Ryan Robinson**  
**Boys' Team Champion**

60's, Cool



## Elite Division

**Team Place:** 1st (28 Teams)

**Team Score:** 90

**# Athletes:** 204 Varsity 504 JV

Name	Time	Overall Place (Team, Indiv.)	
Ryan Robinson	15:28	1, 1	
Sam Albaugh	15:49	6, 7	
Tommy Osika	16:16	20, 22	
Kyler Bush	16:17	22, 24	
Luke Peterson	16:34	41, 44	
Simon Albaugh	16:48	52, 55	
Logan Ward	17:44	14	JV
Max Falberg	18:02	24	JV
Nick Arnold	18:06	30	JV
Bradley O'Connor	18:34	60	JV
Seth Byle	18:53	80	JV
Kyle Wojcik	19:16	111	JV
Devon Amesse	19:57	177	JV
Demmon Bell	20:12	198	JV
Matt Thayer	20:38	239	JV
Dave Decker	21:36	336	JV
Brennan Munley	dnr		
Jesse Miller	dnr		
Mathias Sorensen	dnr		





## Elite Division

**Team Place:** 20th (29 Teams)

**Team Score:** 521

**# Athletes:** 201 Varsity 487 JV

Name	Time	Overall Place (Team, Indiv.)	
Bailie Strong	19:41	74, 74	
Alexis Munley	19:41	76, 76	
Sarah Hale	20:12	105, 105	
Savannah Schaeffer	20:17	111, 111	
Victoria Stachowski	21:21	155, 155	
Lauren Dybowski	21:25	161, 161	
Natalie Moesta	21:51	171, 171	
Kara Miller	23:18	106	JV
Lindsey Dieck	24:03	175	JV
Jasmin Messer	24:15	187	JV
Sarah Burns	24:19	195	JV
Ericka Yeiter	24:27	220	JV
Megan Maxwell	24:55	250	JV
Shyanne Welch	25:11	266	JV
Jessica Messer	26:32	368	JV
Kelsey Hurt	27:41	410	JV
Laticia Salaiz	32:25		JV
Brooke Murray	dnr		



# Mott vs. Walled Lake Western @ Hess-Hathaway

## September 17th, 2013

64 Degrees & Sunny

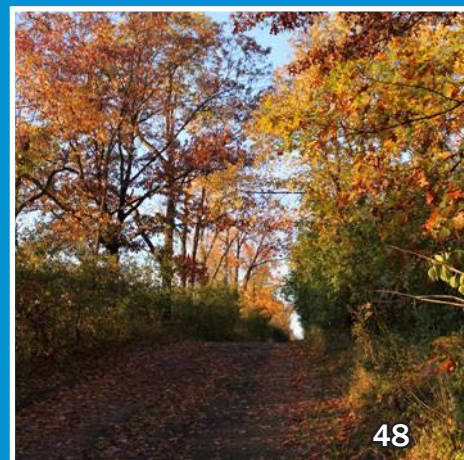


One thing that is disappointing to a cross country athlete is not having accurate and accessible results. Photographs or video of their performance is not one of their top priorities. Since we don't have the latter, here are some winning stats and a look at how Hess-Hathaway changes throughout the season.

**Team Place:** 1st  
**Team Score:** WM 21 WLW 36

Name	Time	Overall Place
Luke Peterson	17:15	2
Tommy Osika	17:15	3
Ryan Robinson	17:15	4
Sam Albaugh	17:16	5
Simon Albaugh	18:09	7
Logan Ward	18:29	9
Nick Arnold	19:06	13
Max Falberg	19:32	14
Kyle Wojcik	19:33	15
Bradley O'Connor	19:34	16
Matt Thayer	21:38	21
Demmon Bell	21:41	22
Devon Amesse	23:01	24
Kyler Bush	dnr	
Brennan Munley	dnr	
Blaine Bradley	dnr	
Seth Byle	dnr	
Dave Decker	dnr	
Jesse Miller	dnr	
Mathias Sorensen	dnr	





**Team Place:** 1st  
**Team Score:** WM 19 WLW 40

Name	Time	Overall Place
Alexis Munley	20:50	1
Bailie Strong	20:50	2
Savannah Schaeffer	21:20	4
Sarah Hale	21:53	5
Victoria Stachowski	22:17	7
Lauren Dybowski	23:05	9
Natalie Moesta	23:15	10
Lindsey Dieck	25:27	11
Sarah Burns	25:30	12
Megan Maxwell	25:54	13
Ericka Yeiter	25:57	14
Shyanne Welch	nrt	17
Jessica Messer	nrt	21
Kelsey Hurt	nrt	22
Laticia Salaiz	33:25	25
Nilam Patel	dnf	
Kara Miller	dnf	
Jasmin Messer	dnr	
Brooke Murray	dnr	

# Mott vs. Walled Lake Northern @ Richardson Center September 24th, 2013

65 Degrees & Sunny



**Team Place:** 1st  
**Team Score:** WM 17 WLN 40  
**Overall Place**

Name	Time	Overall Place
Ryan Robinson	16:05	1
Tommy Osika	16:20	2
Luke Peterson	16:33	3
Kyler Bush	16:44	5
Sam Albaugh	16:48	6
Simon Albaugh	17:07	9
Nick Arnold	18:01	16
Logan Ward	18:04	17
Max Falberg	18:13	19
Bradley O'Connor	18:27	21
Seth Byle	19:08	24
Kyle Wojcik	19:21	26
Devon Amesse	20:15	29
Demmon Bell	20:20	30
Matt Thayer	20:28	32
Mathias Sorensen	21:37	34
Dave Decker	21:47	35
Brennan Munley	dnr	
Blaine Bradley	dnr	
Jesse Miller	dnr	





**Team Place:** 2nd

**Team Score:** WLN 28 WM 29

Name	Time	Overall Place
Alexis Munley	19:28	2
Bailie Strong	19:38	3
Sarah Hale	19:59	5
Savannah Schaeffer	20:47	7
Victoria Stachowski	21:13	12
Lauren Dybowski	21:23	15
Natalie Moesta	21:42	16
Kara Miller	23:26	27
Sarah Burns	24:05	29
Lindsey Dieck	24:14	30
Ericka Yeiter	24:21	32
Jasmin Messer	24:41	35
Jessica Messer	27:32	44
Brooke Murray	27:34	45
Shyanne Welch	27:51	46
Kelsey Hurt	27:56	47
Megan Maxwell	28:08	49
Laticia Salaiz	33:01	50



# Mott Fall Classic @ Hess-Hathaway September 27th, 2013

**Boys' Champion: Sam Albaugh**  
**Boys' Team Champion**

**Sunny & 70**



**Team Place:** 1st (10 Teams)

**Team Score:** 19

**# Athletes:** 86 Varsity 193 JV

Name	Time	Overall Place	
Sam Albaugh	15:51	1	
Ryan Robinson	15:53	2	
Tommy Osika	16:43	4	
Kyler Bush	16:51	5	
Luke Peterson	16:55	7	
Simon Albaugh	17:11	12	
Brennan Munley	18:20	28	
Nick Arnold	18:30	30	
Logan Ward	18:46	38	
Max Falberg	19:31	56	
Bradley O'Connor	18:44	5	JV
Kyle Wojcik	19:33	20	JV
Devon Amesse	20:30	46	JV
Seth Byle	20:39	51	JV
Matt Thayer	20:43	53	JV
Demmon Bell	20:48	57	JV
Jesse Miller	21:15	73	JV
Mathias Sorensen	21:46	86	JV
Dave Decker	21:56	91	JV





<b>Team Place:</b>	2nd	(10 Teams)
<b>Team Score:</b>	55	
<b># Athletes:</b>	82 Varsity	103 JV
Name	Time	Overall Place (Team, Indiv.)
Alexis Munley	20:10	4
Sarah Hale	20:47	8
Savannah Schaeffer	20:57	10
Bailie Strong	21:01	11
Victoria Stachowski	21:38	22, 23
Lauren Dybowski	22:34	34
Natalie Moesta	22:43	36
Kara Miller	24:02	7 JV
Sarah Burns	24:25	16 JV
Jasmin Messer	24:31	18 JV
Lindsey Dieck	25:48	38 JV
Ericka Yeiter	26:14	46 JV
Shyanne Welch	28:04	69 JV
Megan Maxwell	28:14	71 JV
Brooke Murray	28:40	76 JV
Kelsey Hurt	29:31	82 JV



# Mott vs. Kettering @ Hess-Hathaway October 1st, 2013

Sunny & Breezy

**Team Place:** 1st  
**Team Score:** WM 15 WK 50

Name	Time	Overall Place
Sam Albaugh	17:47	1
Tommy Osika	17:48	2
Kyler Bush	17:48	3
Luke Peterson	17:48	4
Nick Arnold	18:27	5
Brennan Munley	18:37	6
Simon Albaugh	18:53	7
Logan Ward	19:02	8
Seth Byle	19:13	9
Kyle Wojcik	20:00	12
Max Falberg	20:00	13
Devon Amesse	21:31	16
Matt Thayer	21:32	17
Mathias Sorensen	22:08	18
Dave Decker	22:28	19
Jesse Miller	22:34	20
Blaine Bradley	22:36	21
Demmon Bell	22:58	23
Ryan Robinson	dnr	
Bradley O'Connor	dnr	





<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 15	WK 47
Name	Time	Overall Place
Savannah Schaeffer	21:15	1
Sarah Hale	21:34	2
Victoria Stachowski	22:41	3
Lauren Dybowski	23:10	4
Natalie Moesta	23:27	5
Kara Miller	23:49	7
Sarah Burns	24:51	9
Jasmin Messer	25:08	11
Lindsey Dieck	26:13	15
Ericka Yeiter	26:58	16
Jessica Messer	28:22	17
Shyanne Welch	28:52	18
Kelsey Hurt	29:40	19
Brooke Murray	32:26	20
Alexis Munley	dnr	
Bailie Strong	dnf	
Megan Maxwell	dnf	
Nilam Patel	dnf	
Laticia Salaiz	dnr	



# Oakland County Championships @ Kensington Metropark October 5th, 2013

Boys' Team Champion

68 Degrees & Humid



Team Place: 1st (37 Teams)

Team Score: 88

# Athletes: 260 Varsity 262 JV

Name	Time	Overall Place	
Sam Albaugh	16:15	3	
Ryan Robinson	16:21	5	
Kyler Bush	16:53	15	
Luke Peterson	17:14	31	
Tommy Osika	17:21	34	
Brennan Munley	17:44	66	
Simon Albaugh	17:47	72	
Logan Ward	18:32	21	JV
Max Falberg	18:51	40	JV
Kyle Wojcik	18:54	41	JV
Bradley O'Connor	19:22	69	JV
Nick Arnold	19:57	110	JV
Seth Byle	20:13	132	JV
Matt Thayer	nrt		
Devon Amesse	nrt		
Demmon Bell	nrt		
Jesse Miller	nrt		
Mathias Sorensen	nrt		
Dave Decker	nrt		





**Team Place:** 8th (32 Teams)  
**Team Score:** 241  
**# Athletes:** 229 Varsity 134 JV

Name	Time	Overall Place	
Alexis Munley	19:57	11	
Sarah Hale	20:41	27	
Savannah Schaeffer	21:29	46	
Victoria Stachowski	22:08	77	
Bailie Strong	22:27	92	
Natalie Moesta	22:44	101	
Lauren Dybowski	23:05	119	
Kara Miller	23:32	32	JV
Jasmin Messer	23:37	37	JV
Shyanne Welch	27:19	96	JV
Brooke Murray	29:03	116	JV
Kelsey Hurt	29:37	121	JV
Lindsey Dieck	dnr		
Salaiz	dnr		
Sarah Burns	dnr		
Ericka Yeiter	dnr		
Megan Maxwell	dnr		
Jessica Messer	dnr		



# Mott vs. Lakeland @ Hess-Hathaway October 8th, 2013

LONE CEDAR FARM

Sunny, 65 Degrees

HESS-HATHAWAY PARK



Team Place: 1st  
Team Score: WM 18 L 43

Name	Time	Overall Place
Tommy Osika	17:05	1
Sam Albaugh	17:06	2
Ryan Robinson	17:09	4
Kyler Bush	17:11	5
Luke Peterson	17:13	6
Simon Albaugh	17:51	8
Brennan Munley	17:54	9
Logan Ward	18:33	11
Nick Arnold	19:14	20
Max Falberg	19:15	22
Bradley O'Connor	19:24	23
Kyle Wojcik	19:36	25
Devon Amesse	20:44	32
Matt Thayer	21:05	34
Seth Byle	21:43	35
Blaine Bradley	22:06	36
Jesse Miller	22:06	37
Mathias Sorensen	24:20	41
Demmon Bell	dnr	
Dave Decker	dnr	





**Team Place:** 1st  
**Team Score:** WM 17 L 38

Name	Time	Overall Place
Alexis Munley	20:44	1
Sarah Hale	21:04	2
Victoria Stachowski	21:27	3
Savannah Schaeffer	21:30	4
Natalie Moesta	22:16	7
Kara Miller	23:28	12
Jasmin Messer	25:09	16
Laticia Salaiz	26:48	20
Jessica Messer	27:10	22
Shyanne Welch	27:40	24
Brooke Murray	28:49	27
Nilam Patel	37:05	32
Lauren Dybowski	dnr	
Bailie Strong	dnr	
Sarah Burns	dnr	
Lindsey Dieck	dnr	
Kelsey Hurt	dnr	
Megan Maxwell	dnr	
Ericka Yeiter	dnr	
Anna Yoder	dnr	

# KLAA Lakes Conference Championships @Island Lake State Recreation Area October 17th, 2013

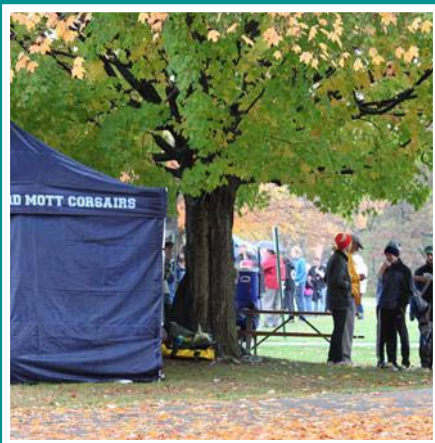
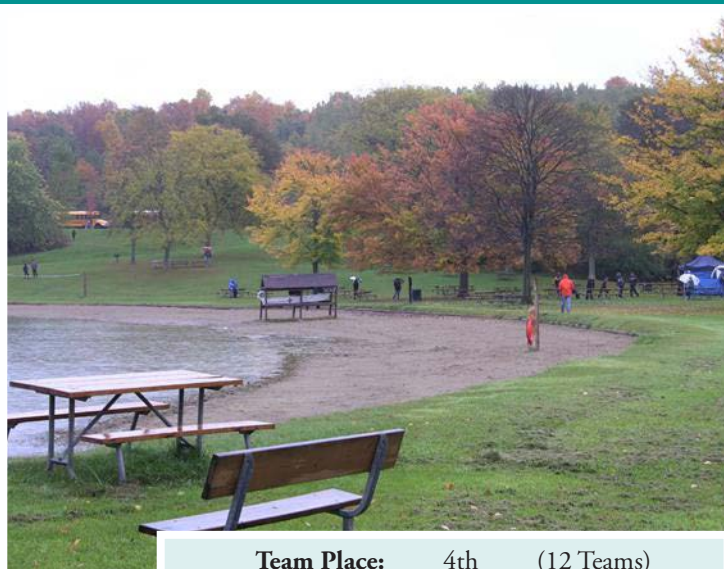
Boys' Team Champion

50s, Wind & Rain

**Team Place:** 1st (11 Teams)  
**Team Score:** 63  
**# Athletes:** 80 Varsity 220 JV

Name	Time	Overall Place	
Sam Albaugh	16:03	3	
Tommy Osika	16:30	8	
Kyler Bush	16:35	10	
Luke Peterson	16:40	18	
Simon Albaugh	16:54	24	
Brennan Munley	17:00	28	
Logan Ward	18:00	66	
Max Falberg	18:11	20	JV
Bradley O'Connor	18:12	22	JV
Nick Arnold	18:38	48	JV
Kyle Wojcik	18:47	53	JV
Seth Byle	19:20	87	JV
Devon Amesse	19:55	112	JV
Demmon Bell	19:58	118	JV
Matt Thayer	20:05	123	JV
Blaine Bradley	20:35	148	JV
Jesse Miller	20:39	152	JV
Mathias Sorensen	21:36	181	JV
Ryan Robinson	dnr		
Dave Decker	dnr		





**Team Place:** 4th (12 Teams)  
**Team Score:** 136  
**# Athletes:** 80 Varsity 141 JV

Name	Time	Overall Place	
Alexis Munley	19:20	8	
Savannah Schaeffer	20:06	17	
Victoria Stachowski	20:21	26	
Sarah Hale	20:27	31	
Natalie Moesta	21:40	54	
Kara Miller	22:42	68	
Megan Maxwell	25:12	82	JV
Anna Yoder	26:25	105	JV
Shyanne Welch	27:07	112	JV
Brooke Murray	27:36	118	JV
Kelsey Hurt	27:40	122	JV
Laticia Salaiz	31:46	134	JV
Nilam Patel	36:14	139	JV
Bailie Strong	dnr		
Lauren Dybowski	dnr		
Jasmin Messer	dnr		
Jessica Messer	dnr		
Sarah Burns	dnr		
Ericka Yeiter	dnr		

# MHSAA Regional Championships (7-1) @ Hess-Hathaway October 26th, 2013

38 Degrees, Windy, Intermittent Sprinkles

**Boys' Champion: Ryan Robinson**  
**Boys' Team Champion**

**Team Place:** 1st (12 Teams)

**Team Score:** 25

**# Athletes:** 93 Varsity 180 JV

Name	Time	Overall Place	
Ryan Robinson	15:58.1	1	
Sam Albaugh	15:58.5	2	
Tommy Osika	16:33	5	
Simon Albaugh	16:36	6	
Kyler Bush	16:44	11	
Luke Peterson	16:58	19	
Brennan Munley	17:00	20	
Logan Ward	18:01	6	JV
Max Falberg	18:06	8	JV
Kyle Wojcik	18:16	9	JV
Nick Arnold	18:27	13	JV
Seth Byle	18:32	16	JV
Bradley O'Connor	18:37	21	JV
Devon Amesse	19:09	33	JV
Matt Thayer	19:39	45	JV
Demmon Bell	19:54	55	JV
Blaine Bradley	20:21	69	JV
Jesse Miller	20:57	85	JV
Mathias Sorensen	22:01	122	JV
Dave Decker	dnr		





<b>Team Place:</b>	4th	(14 Teams)
<b>Team Score:</b>	96	
<b># Athletes:</b>	95 Varsity	110 JV
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Alexis Munley	19:00	3
Savannah Schaeffer	20:03	14
Sarah Hale	20:25	19
Victoria Stachowski	20:53	29
Bailie Strong	20:58	31
Natalie Moesta	21:47	44
Lauren Dybowski	22:31	57
Kara Miller	22:11	10 JV
Megan Maxwell	24:27	46 JV
Shyanne Welch	25:51	65 JV
Brooke Murray	26:43	81 JV
Kelsey Hurt	27:11	86 JV
Laticia Salaiz	32:48	107 JV
Nilam Patel	dnr	
Jasmin Messer	dnr	
Jessica Messer	dnr	
Sarah Burns	dnr	
Ericka Yeiter	dnr	
Anna Yoder	dnr	



# Lakeland Freshman/Sophomore Meet @Lakeland High School October 29th, 2013

Chilly & Grey



**Team Place:** 12th (12 Teams)  
**Team Score:** 323  
**# Athletes:** 165

Name	Time	Overall Place
Bradley O'Connor	18:40	34
Demmon Bell	20:02	80
Blaine Bradley	21:02	112
Jesse Miller	nrt	113
Dave Decker	21:19	123





**Team Place:** 8th (8 Teams)  
**Team Score:** 213  
**# Athletes:** 90

Name	Time	Overall Place
Kara Miller	21:45	16
Jessica Messer	26:21	72
Shyanne Welch	26:36	76
Anna Yoder	27:28	77
Laticia Salaiz	33:13	88



# MHSAA State Finals @ Michigan International Speedway November 2nd, 2013

## Boys' Team Division 1 Runners-Up

Cold, Breezy, Muddy

Team Place: 2nd (27 Teams)

Team Score: 170

# Athletes: 262 Varsity

Name	Time	Overall Place (Team, Indiv.)
Ryan Robinson	15:42	3, 4
Sam Albaugh	15:55	10, 14
Kyler Bush	16:24	30, 51
Brennan Munley	16:41	58, 95
Tommy Osika	16:48	69, 112
Luke Peterson	16:54	82, 131
Simon Albaugh	16:58	89, 143



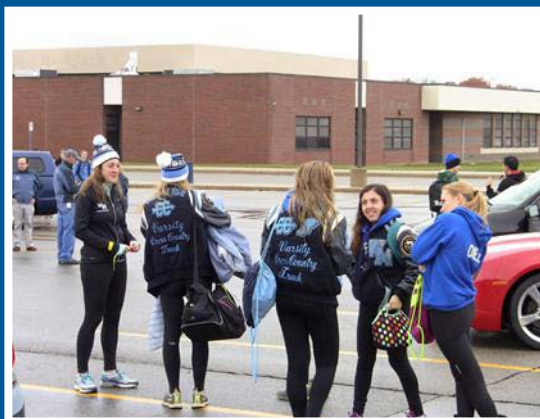


**Team Place:** - (28 Teams)

**Team Score:** -

**# Athletes:** 239 Varsity

Name	Time	Overall Place
Alexis Munley	18:48	36
Savannah Schaeffer	21:00	202



# *Waterford Mott*

## *Cross Country Records - Girls*

### *School Records*

Shannon Osika      17:17      2008

### *Junior Records*

Shannon Osika      17:50      2009  
 Daya Wagh      18:59      2011  
 Courtney Munley      19:22      2011  
 Jennifer Walczuk      19:27      1996

### *Sophomore Records*

Shannon Osika      17:17      2008  
 Courtney Munley      19:22      2010  
 Jennifer Walczuk      19:26      1995  
 Megan Coughlin      19:30      1999  
 Katelynn Carver      19:52      2009

### *Freshman Records*

Shannon Osika      17:35      2007  
 Hannah Rhoades      19:59      2008

### *All-League OAA*

Shannon Osika      2007 (champion)  
 Lauren Gagnon      2007  
 Christine Lindsay      2006, 2007  
 Kelsey Chapman      2006, 2007  
 Alyssa Osika      2006  
 Lizzy Jones      2004, 2005, 2006  
 Ornela Mirashi      2005, 2006  
 Megan Coughlin      1998, 1999, 2000, 2001  
 Jennifer Klausing      1999, 2000, 2001  
 Alicia Hebel      2001  
 Kristen Klebba      2000  
 Lauren Madrigal      2000  
 Nikki Baxter      1997, 1998, 1999  
 Amy Coughlin      1995, 1996,  
                                  1997 (runner-up), 1998  
 Jennifer Walczuk      1995 (runner-up),  
                                  1996 & 1997 (champion)  
 Michelle Lazenby      1992  
 Mary Mick      1989 (champion)  
 Stephanie Tasca      1986  
 Traci Rooney      1983  
 Pam Swain      1981  
 Tina Fotineas      1980



# Waterford Mott

## Cross Country Honors - Girls



### *All-Conference (2008 joined KLAA Lakes Conference)*

Alexis Munley	2013
Savannah Schaeffer	2012, 2013
Daya Wagh	2011, 2012
Sarah Hale	2012
Courtney Munley	2010, 2011, 2012
Hannah Rhoades	2011
Shannon Osika	2008, 2009, 2010 (2x Conference Champion)
Alyssa Osika	2008
Lauren Gagnon	2009
Katelynn Carver	2009



### *All-Oakland County*

Alexis Munley	2013
Sarah Hale	2012, 2013
Daya Wagh	2011, 2012
Courtney Munley	2010
Shannon Osika	2007, 2008, 2009, 2010
Amy Coughlin	1998
Jennifer Walczuk	1995, 1996, 1997
Mary Mick	1989 2nd team

### *MITCA Dream Team*

Shannon Osika	2007, 2008, 2010
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## *League Championship Teams*

2012 (KLAA Lakes North Division): Daya Wagh, Sarah Hale, Courtney Munley, Savannah Schaeffer, Bailie Strong, Lauren Dybowski, Kristal Denina

2011 (KLAA Lakes North Division): Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

2007 (OAAII): Shannon Osika, Kelsey Chapman, Alyssa Osika, Christine Lindsay, Lauren Gagnon, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

2006 (OAAII): Lizzy Jones, Ornela Mirashi, Alyssa Osika, Kelsey Chapman, Christine Lindsay, Kristin Matsumoto, Liz Dachs

# *Waterford Mott State Finalists - Girls*

## *Individuals*

### *State Qualifiers*

Alexis Munley	2013
Savannah Schaeffer	2013
Shannon Osika	2007 (Regional Champion), 2008, 2009, 2010 (Regional Champion)
Lizzy Jones	2006
Megan Coughlin	1999, 2000
Amy Coughlin	1995, 1996, 1997, 1998
Jennifer Walczuk	1994, 1997
Mary Mick	1989

## *All-State*

Daya Wagh	2012
Shannon Osika	2007 (State Champion), 2008 (State Runner-Up), 2009, 2010
Jennifer Walczuk	1995

## *Academic All-State*

2012 Team	Avg. G.P.A. = 3.746
Daya Wagh	2011, 2012
Sarah Hale	2012

2011 Team	Avg. G.P.A. = 3.833
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2010 Team	Avg. G.P.A. = 3.655
Courtney Munley	2010

2009 Team	Avg. G.P.A. = 3.766
Lauren Gagnon	2009

## *Teams*

### 2012 Team

Daya Wagh, Sarah Hale, Courtney Munley,  
Savannah Schaeffer, Bailie Strong, Lauren Dybowski,  
Kristal Denina

### 2011 Team

Daya Wagh, Hannah Rhoades, Courtney Munley,  
Savannah Schaeffer, Bailie Strong, Sarah Hale,  
Katelynn Carver

### 2010 Team

Shannon Osika, Courtney Munley, Hannah Rhoades,  
Katelynn Carver, Catrina Cortese,  
Amanda Schoonover, Savannah Schaeffer

### 2009 Team (Regional Champions)

Shannon Osika, Lauren Gagnon, Katelynn Carver,  
Hannah Rhoades, Maylani Siemasz, Amanda  
Schoonover, Rachel Mendoza

### 2008 Team

Shannon Osika, Kelsey Chapman, Alyssa Osika,  
Hannah Rhoades, Christine Lindsay, Maylani Siemasz,  
Amanda Schoonover, Lauren Gagnon

2008 Team	Avg. G.P.A. = 3.94
Kelsey Chapman	2008
Megan Coughlin	1999, 2000
Amy Coughlin	1996, 1997, 1998





## The Mott Coaches



# Waterford Mott Cross Country

## All-Time List - Girls

Place	Name	Time	Date
1	Shannon Osika	17:17	2007 State Champion (17:35.8), 2008 State Runner-Up, 2009, 2010 All-State
2	Daya Wagh	18:32	2012 All-State 2012 Academic All-State 2X
3	Alexis Munley	18:48	2013
4	Sarah Hale	19:06	2012 Academic All-State
5	Amy Coughlin	19:09	1998 Academic All-State 3X
6	Courtney Munley	19:22	2010 Academic All-State
7	Jennifer Walczuk	19:26	1995 All-State
8	Megan Coughlin	19:30	1999 Academic All-State 2X
9	Bailie Strong	19:38	2013
10	Hannah Rhoades	19:38	2011
11	Kelsey Chapman	19:39	2008 Academic All-State
12	Alyssa Osika	19:40	2008
13	Lauren Gagnon	19:41	2009 Academic All-State
14	Savannah Schaeffer	19:47	2012
15	Katelynn Carver	19:52	2009
16	Lizzy Jones	19:58	2006
17	Mary Mick	20:09	1989
18	Pam Swain	20:20	1981
19	Victoria Stachowski	20:21	2013
20	Ornela Mirashi	20:29	2005
21	Nikki Baxter	20:30	1999
22	Marki Dillon	20:05-20:35	1978 3m Record
23	Amanda Schoonover	20:44	2010
24	Clare Pierre	20:47	1981
25	Jennifer Klausing	20:50	1999
26	Christine Lindsay	21:05	2007
27	Robin Rapelje	21:10	1998
28	Maylani Siemasz	21:11	2009
29	Catrina Cortese	21:12	2010
30	Traci Rooney	21:14	1983
31	Alicia Hebel	21:19	2001
32	Lauren Dybowski	21:23	2013
33	Val Theisen	21:28	1984
34	Tina Fotineas	21:03-21:33	1980
35	Natalie Moesta	21:40	2013
36	Lauren Madrigal	21:43	2000
37	Roslyn Frontiera	21:13-21:43	1980
38	Kara Miller	21:45	2013
39	Gail Hoult	21:17-21:47	1977

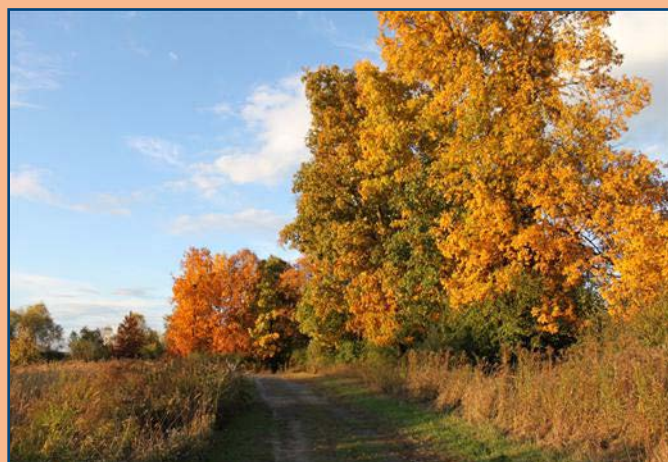


# All-Time List - Cont.

Place	Name	Time	Date
40	Kristin Klebba	21:48	2000
	Cindy Borquist	21:18-21:48	1977
42	Rachel Mendoza	21:54	2010
43	Megan Maxwell	22:02	2011
	Erin McCaffery	22:02	2002
45	Stephani Tasca	22:03	1986
46	Brooke Murray	22:09	2011
47	Emily Croitori	22:10	1995
48	Kristal Denina	22:15	2012
49	Amanda Lack	22:22	2002
50	Kristin Matsumoto	22:24	2005
51	Jovey Haves	22:27	1998
52	Katie Scholler	22:28	2004
	Michelle Lazenby	22:28	1992
54	Denise Cecil	22:34	1983
55	Beth Webster	22:05-22:35	1983
56	Kristen Weiland	22:50	2003
57	Kristen Klingbeil	22:51	2000
58	Brittany Bays	22:55	1995
59	Betsy Bowser	22:57	1993
60	Kelly Boyle	22:29-22:59	1977
61	Amy Braunsteiner	23:00	1988
62	Melanie Hook	23:05	1986
63	Rosemary Keane	23:06	1986
	Rachel Tater	23:06	1983
65	Kristie Greene	23:11	1987
66	Nichole Kunkle	23:13	2004
67	Kaity Ward	23:17	2011
	Kelly Alexander	23:17	1988
69	Courtney Anglin	23:20	2000
70	Jianna Hair	23:25	2001
71	Lindsey Dieck	23:28	2012
	Shannon Donnelly	23:28	1985
73	Jasmin Messer	23:37	2013
74	Hennika Klykken	23:43	1993
75	Tara Twyman	23:46	1997
76	Rebecca Dickerson	23:50	1999
77	Marci Walter	23:56	1995
	Sara Stolnicki	23:56	1997
79	Kathleen Rooney	23:59	2005

## Waterford Mott Coaches

Name	Years
Amy McNeil (Coughlin)	2005 - present
Ryan Robinson	2002 - 2004
Jerry Pachla	1978 - 2001



# *Waterford Mott*

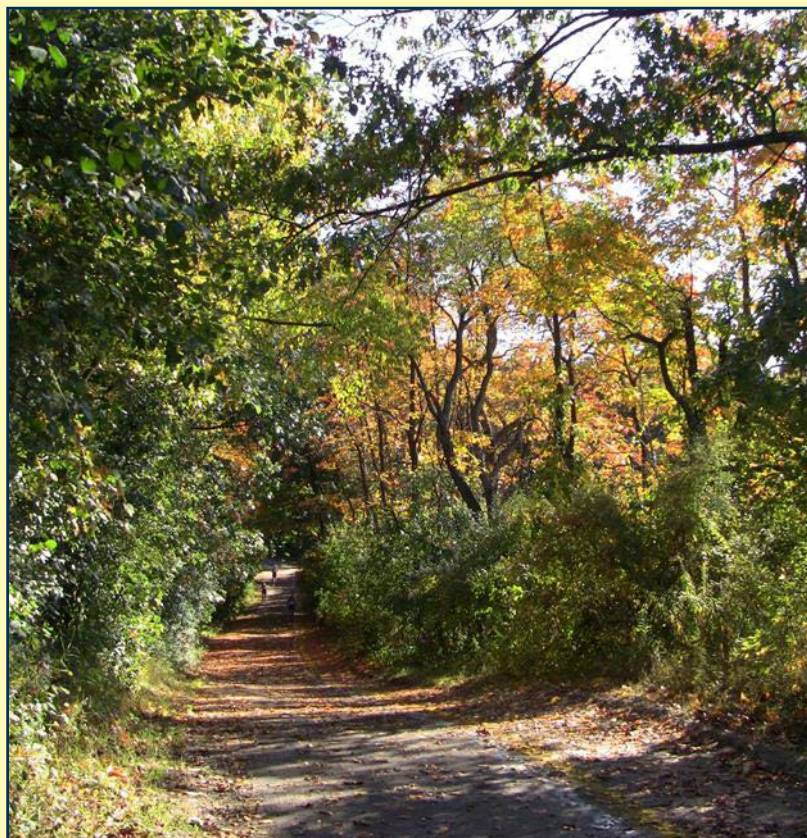
## *Cross Country Records - Boys*

### *School Records*

Scott Albaugh	15:13	2010
Jeff Ferrell	15:30	1994
Chris Langton	16:07	1986
Ryan Robinson	16:15	1983
Mark Davis	14:49 (3M)	1978

### *Junior Records*

Ryan J. Robinson	15:22	2013
Nate Burnand	15:38	2011
Jeff Ferrell	15:39	1994
Joe Murphy	16:56	1987
Rusty Robinson	16:56	1984
Tony Peters	17:14	1981
Matt Barnard	15:35 (3M)	1977
Fred Leinenger	16:06 (3M)	1976



### *Sophomore Records*

Ryan J. Robinson	15:28	2012
Nate Burnand	15:45	2010
Jeff Ferrell	16:04	1992
George Fotineas	17:09	1981
Rick Schaefer	16:13 (3M)	1977
Matt Barnard	16:21 (3M)	1976
Curtis Carter	16:51 (3M)	1975

### *Freshman Records*

Sam Albaugh	15:58	2011
Tommy Osika	17:02	2010
Jeff Ferrell	17:14	1991



# *Waterford Mott*

## *Cross Country Honors - Boys*

### *All-Oakland County*

#### 2013 Team

#### Oakland County Champions:

Sam Albaugh, Simon Albaugh, Kyler Bush, Brennan Munley, Tommy Osika, Luke Peterson, Ryan Robinson

Sam Albaugh	2012, 2013
Ryan J. Robinson	2011, 2013
Kyler Bush	2013

Nate Burnand	2011, 2012
Dane Falberg	2012
Brandon Carson	2011
Scott Albaugh	2010 Champion
Ian Hackbarth	2010
Nate Burnand	2010
Jeff Ferrell	1992, 1993, 1994 Champion
Chris Langton	1986
Ryan Robinson	1983
Matt Barnard	1977, 1978
Mark Davis	1978
Bill Bowles	1978

### *All-Conference*

#### 2013 Team

#### KLAA Lakes Conference Champions:

Sam Albaugh, Simon Albaugh, Kyler Bush, Brennan Munley, Tommy Osika, Luke Peterson, Logan Ward, Ryan Robinson

Sam Albaugh	2013
Tommy Osika	2013
Kyler Bush	2013
Luke Peterson	2013

Nate Burnand	2012
Ryan J. Robinson	2012
Dane Falberg	2012
Sam Albaugh	2012

### *League Championship Teams*

#### 2013 (KLAA Lakes North Division):

Sam Albaugh, Simon Albaugh, Kyler Bush, Brennan Munley, Tommy Osika, Luke Peterson, Ryan Robinson

#### 2012 (KLAA Lakes North Division):

Nate Burnand, Ryan Robinson, Dane Falberg, Sam Albaugh, Tommy Osika, Kyler Bush, Simon Albaugh, Luke Peterson, Brennan Munley

#### 2011 (KLAA Lakes North Division):

Sam Albaugh, Nate Burnand, Brandon Carson, Matthew Degraeve, Dane Falberg, Tommy Osika, Ryan Robinson



# ***Waterford Mott State Finalists - Boys***

## ***Individuals***

### ***State Qualifiers (not part of qualifying team)***

Scott Albaugh	2009, 2008
Anthony Spray	2006
David Clingan	1999
Jesse Johnson	1995
Chris Langton	1985
George Fotineas	1983
Mark Timm	1981
Rick Schaefer	1979

## ***All-State***

Ryan J. Robinson	2013
Sam Albaugh	2013
Nate Burnand	2012
Ryan J. Robinson	2012
Nate Burnand	2011
Sam Albaugh	2011
Scott Albaugh	2010 Champion
Nate Burnand	2010
Scott Albaugh	2009
Jeff Ferrell	1994 Champion
Jeff Ferrell	1993 Champion
Matt Barnard	1978

## ***Academic All-State***

2013 Team	Avg. G.P.A. = 3.853
Kyler Bush	2013
Brennan Munley	2013
Luke Peterson	2013

2012 Team	Avg. G.P.A. = 3.679
Tommy Osika	2012
Kyler Bush	2012
Ryan J. Robinson	2012

## ***Teams***

### ***Team – 2013 (State Runners-Up, Regional Champions, KLAA Lakes Conference Champions, Oakland County Champions)***

Ryan Robinson, Sam Albaugh, Kyler Bush,  
Brennan Munley, Tommy Osika, Luke Peterson,  
Simon Albaugh

### ***Team – 2012 (State Runners-Up, Regional Champions)***

Nate Burnand, Ryan Robinson, Dane Falberg,  
Tommy Osika, Kyler Bush, Simon Albaugh,  
Luke Peterson, Sam Albaugh

### ***Team - 2011 (Regional Champions)***

Nate Burnand, Brandon Carson, Sam Albaugh,  
Dane Falberg, Matthew Degraeve, Tommy Osika,  
Ryan Robinson

### ***Team - 2010***

Scott Albaugh, Ian Hackbarth, Nate Burnand,  
Matthew Degraeve, Dane Falberg, Tommy Osika,  
David Jackson

### ***Team - 1977***

Mark Carter, Matt Barnard, Mark Davis, Phil Fotineas,  
Eric Pierre, Eric Pelton, Rick Schaefer, Bob Fisher

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2011 Team	Avg. G.P.A. = 3.432
Tommy Osika	2011
Dane Falberg	2011

2010 Team	Avg. G.P.A. = 3.365
Jesse Johnson	1995

# All-Conference - Boys

2013 Sam Albaugh Tommy Osika Kyler Bush Luke Peterson (Team Champion)	2006 Anthony Spray	<b>Western 6 1969-1980</b>		
		<b>Greater Oakland Activities League 1981-1994</b>		
		<b>Oakland Activities Association 1995-2007</b>		
		<b>Kensington Lakes Athletic Association 2008</b>		
2012 Nate Burnand Ryan J. Robinson Dane Falberg Sam Albaugh	2005 Anthony Spray Kyle Evans	1997 David Clingan Michael Wilanowski	1988 Chris Newman (Champion) Mark Papenhagen Frank Puddy	1981 Ilie Hentes Ryan Robinson
2011 Nate Burnand Brandon Carson Sam Albaugh	2004 Jared Dean Joey Lopez	1996 Richard Monk		1980 Ilie Hentes Doug Roggenbaum
2010 Scott Albaugh (runner-up) Nate Burnand	2003 Jared Dean Joey Lopez	1995 David Barth Jessie Johnson	Steve Kelty Joe Murphy	1979 Eric Pierre Rick Schaeffer Tim Goodwin
2009 Scott Albaugh	2002 Jared Dean Joey Lopez	1994 Jeff Ferrell (Champion) David Webster David Barth Richard Monk	1987 Chris Newman Joe Murphy	1978 Matt Barnard (Champion) Mark Davis Eric Pierre
2008 Scott Albaugh Ryan Chute Ian Hackbarth	2001 Joe Pritchett	1993 Jeff Ferrell (Champion) David Webster Charlie Anderson	1986 Chris Langton (Runner-up) Joe Murphy	
2007 Maxime Bellemare Ryan Chute Scott Albaugh	2000 Jeff Hagen	1992 Jeff Ferrell (Runner-up) Joe Condon David Webster	1985 Chris Langton Rustyn Robinson Greg Marinak	1977 Matt Barnard Mark Davis Mark Carter
	1999 David Clingan (runner-up) Jeff Hagen David Renne	1984 Rustyn Robinson	1983 Ryan Robinson (Champion) George Fotineas	1975 Curtis Carter
	1998 David Clingan David Renne	1980 Mark Papenhagen		1974 Bill Bowles (Runner-up) John Saunders

## All-State Honorable Mention

Chris Langton	1986
Ryan Robinson	1984
Mark Davis	1978



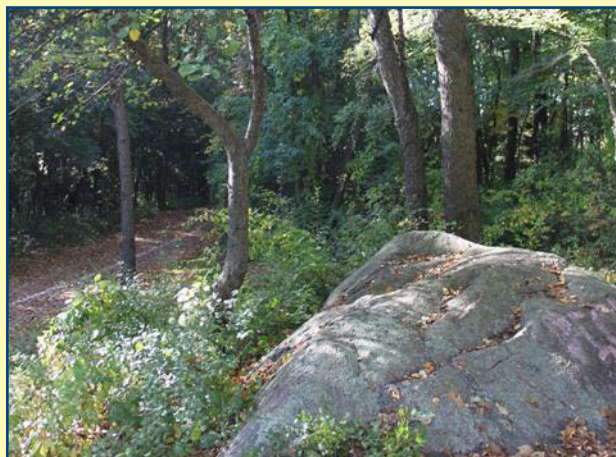
# Waterford Mott Cross Country

## All-Time List - Boys

Place	Name	Time	Date
1	Scott Albaugh	15:13	2010 5k Record State Champion Regional Champion 2x All-State
2	Nate Burnand	15:14	2012 3x All-State (2010-2012) 2x Regional Champion (2011,2012)
3	Ryan J. Robinson	15:22	2013 2x All-State (2012-2013) 2013 Regional Champion 2013 Qualifier - Foot Locker National Championships (Midwest Region) 2012 Academic All-State
4	Jeff Ferrell	15:30.4	1994 5k Record 3x All-State 2x State Champion
5	Sam Albaugh	15:49	2013 2x All-State (2012-2013)
6	Brandon Carson	15:50	2011
7	Dane Falberg	15:55	2012 2011 Academic All-State
8	Chris Langton	16:07	1986 5k Record
9	Tommy Osika	16:14	2012 2012 Academic All-State 2x
10	Ryan R. Robinson	16:15	1983 5k Record
11	Ian Hackbarth	16:16	2010
12	Kyler Bush	16:17	2013 2013 Academic All-State 2x
13	Mark Timm	16:23	1981 5k Record
14	David Clingan	16:28	1999
15	Luke Peterson	16:33	2013 2013 Academic All-State
16	Simon Albaugh	16:36	2013
17	Brennan Munley	16:41	2013 2013 Academic All-State
18	Elie Hentes	16:44	1981
19	Matthew Degraeve	16:47	2011
20	Joe Murphy	16:53	1987
21	George Fotineas	16:55	1983
22	Ryan Chute	16:56	2008
	Rusty Robinson	16:56	1984
24	Chris Newman	16:58	1988
25	Josh Robinson	17:02	2009
26	Jesse Johnson	17:04	1995
27	David Renne	17:09	1999 Academic All-State
28	Kyle Evans	17:10	2007
29	Anthony Spray	17:12	2006
	Joey Lopez	17:12	2004
31	Tony Peters	17:14	1981
32	Maxime Bellemare	17:17	2007

### Waterford Mott Coaches

Name	Years
Ryan Robinson	2005 - present
Jerry Pachla	1974 - 2004
Mike Miley	1970 - 1973
Ray Robinson	1969



# All-Time List - Cont.

Place	Name	Time	Date
33	Jared Dean	17:19	2004
	Mark Papenhagen	17:19	1989
	Paul Richards	17:19	1983
36	Tim Samson	17:23	1981
37	Richard Monk	17:24	1996
38	Joe Pritchett	17:26	2001
39	Greg Marinak	17:27	1985
40	David Webster	17:28	1994
41	Jeff Hagen	17:29	1999
42	Hayden Schaeffer	17:31	2009
43	Donald Hyde	17:34	1999
44	David Barth	17:40	1995
45	Michael Wilanowski	17:41	1997
46	Brian Ritter	17:42	1983
47	Logan Ward	17:44	2013
48	Joe Condon	17:46	1992
49	Richard Bray	17:48	1996
	Randy Robinson	17:48	1986
51	Mark Ruckey	17:52	1984
52	Chris Wisniewski	17:53	1999
53	Steve Kelty	17:55	1988
54	Josh Sterns	17:58	1998
55	David Jackson	17:59	2012
	Brandon Hahn	17:59	2001
	Mike Taylor	17:59	1985
58	Frank Puddy	18:00	1988
	Charlie Anderson	18:00	1994
60	Nick Arnold	18:01	2013
61	Max Falberg	18:02	2013
62	Dana Houle	18:03	1981
63	John Hurley	18:04	1981

Place	Name	Time	Date
64	Nick Schoonover	18:10	2006
65	Mark Stechow	18:11	1994
66	Bradley O'Connor	18:12	2013
67	Scott Herriman	18:15	1988
	Rob McConkey	18:15	2008
69	Kyle Wojcik	18:16	2013
70	Victor Huerta	18:18	1991
71	Kevyn Robinson	18:20	2011
72	Matt Grundy	18:23	2005
73	Rob Wilson	18:24	1985
74	Seth Byle	18:32	2013
75	Kurien Thomas	18:37	1995
76	Justin Spaysky	18:41	1991
77	Brad Wojcik	18:45	2012
	Zach Sheck	18:45	1996
79	Matt Thayer	18:47	2012
80	Dan Ressnell	18:51	1993
81	Jeremy Janson	18:52	1998
82	Zach Behler	18:53	1997
	Robert Vogt	18:53	1991
84	Lukasz Paszek	18:54	1993
85	Rob Stafford	18:57	1990
86	Jon Kelty	18:58	1986
87	Rich Delong	18:59	1984



# *Waterford Mott Cross Country All-Time 3 Mile List - Boys*

Place	Name	Time	Year
1	Mark Davis	14:49	1978
2	Matt Barnard	15:04	1978
3	Rick Schaeffer	15:32	1979
	Eric Pierre	15:32	1979
5	Mark Carter	15:34	1977
6	Bill Bowles	15:53	1974
7	Don Bennett	16:04	1972
8	Fred Leinenger	16:06	1976
9	Curtis Carter	16:08	1975
10	Tim Goodwin	16:14	1980
11	Eric Pelton	16:17	1979
12	Phil Fotineas	16:23	1977
13	Clyde Crandall	16:26	1974
14	Mike Straka	16:36	1975
15	Marty Davis	16:41	1978
16	Doug Roggenbaum	16:46	1980
17	John Saunders	16:47	1975
18	Doug Schaller	16:56	1973
19	Steve Cooperider	16:58	1976
20	Don Tuttle	17:05	1979
21	Scott Carpenter	17:08	1975
22	Bob Wooderson	17:16	1976
23	Jerry Steinhelper	17:12	1980
24	Joe Deflorio	17:17	1975



# Waterford Mott High School

## College Athletes

### Women

Waterford Mott Cross Country athletes who continued athletic competition at the collegiate level.

Name	Mott Class	University / College	Sport	Years Competed
Jennifer Walczuk	1998	University of South Florida	XC / Track	1999 - 2004
Amy McNeil (Coughlin)	1999	University of Michigan	Rowing	2000 - 2004
Kathy Rooney	2006	Lake Superior State University	XC / Track	2006 - 2010
Liz Jones	2008	Oakland University	XC / Track	2008 - 2010
Ornela Mirashi	2008	Oakland Community College	XC / Track	2008 - 2009
Alyssa Osika	2009	Ferris State University	XC / Track	2009 - 2012
Kelsey Chapman	2009	Oakland University	XC / Track	2009 - 2010
Maylani Siemasz	2010	Cornerstone University	Soccer	2010 - present
Liz Dachs	2010	Lake Superior State University	XC / Track	2010 - 2013
Lauren Gagnon	2010	Northwood University	XC / Track	2010 - 2012
Christine Lindsay	2010	Oakland University	XC / Track	2010 - 2012
Shannon Osika	2011	University of Michigan	XC / Track	2011 - present
Rachel Mendoza	2011	Oakland University	XC / Track	2011 - 2012
Hannah Rhoades	2012	Oakland Community College	XC	2012
Katelynn Carver	2012	Saginaw Valley State University	XC / Track	2012
Daya Wagh	2013	Western Michigan University	XC / Track	2013 - present
Courtney Munley	2013	University of Michigan	XC / Track	2013 - present

### Men

Name	Mott Class	University / College	Sport	Years Competed
Mark Carter	1977	Oakland University	XC / Track	
Mark Davis	1978	Northwest Missouri State	XC / Track	
Matt Barnard	1978	Arizona State	XC / Track	
Ryan Robinson	1984	OCC/Western State College/ University of Michigan	XC / Track	1984 - 1988
Chris Hughes	1986	Eastern Michigan University	XC / Track	
Mark Papenhagen	1990	Oakland Community College	XC / Track	
Jeff Ferrell	1995	South Florida State/ Michigan State University	XC / Track	1995 - 1999
Ryan Chute	2009	Ferris State University	XC / Track	2009 - 2012
Ian Hackbarth	2011	Oakland Community College	XC / Track	2011 - 2012
Scott Albaugh	2011	University of Michigan	XC / Track	2011 - present
Brandon Carson	2012	University of St. Francis (IL)	XC / Track	2012 - present
Matthew Degraeve	2012	Oakland Community College	XC	2012 - present
Dane Falberg	2013	Lawrence Technological University	XC / Track	2013 - present
Nathan Burnand	2013	Michigan State University	XC / Track	2013 - present
Todd Bonnivier	2013	Kalamazoo College	Baseball	2013 - present

## *Waterford Mott Cross Country - 2013 Girls' Results*

### *Summary (8/30-10/01)*

Name	Golden Grizzly	WLC	Spartan	WLW	WLN	Mott Fall Classic	Kettering
Lauren Dybowski	24:21	22:30	161 - 21:25	23:05	21:23	34 - 22:34	23:10
Sarah Hale	19 - 21:26	21:27	105 - 20:12	21:53	19:59	8 - 20:47	21:34
Natalie Moesta	71 - 23:19	22:42	171 - 21:51	23:15	21:42	36 - 22:43	23:27
Alexis Munley	6 - 20:42	21:25	76 - 19:41	20:50	19:28	4 - 20:10	dnr
Savannah Schaeffer	41 - 22:14	21:30	111 - 20:17	21:20	20:47	10 - 20:57	21:15
Victoria Stachowski	25:40	22:13	155 - 21:21	22:17	21:13	23 - 21:38	22:41
Bailie Strong	8 - 20:49	21:26	74 - 19:41	20:50	19:38	11 - 21:01	dnf
Sarah Burns	27:28	26:18	24:19	25:30	24:05	24:25	24:51
Lindsey Dieck	dnr	26:32	24:03	25:27	24:14	25:48	26:13
Kelsey Hurt	dnr	29:46	27:41	nta	27:56	29:31	29:40
Megan Maxwell	28:16	26:09	24:55	25:54	28:08	28:14	dnf
Jasmin Messer	dnr	26:51	24:15	dnr	24:41	24:31	25:08
Jessica Messer	dnr	29:12	26:32	nta	27:32	dnr	28:22
Kara Miller	26:23	25:44	23:18	dnf	23:26	24:02	23:49
Brooke Murray	dnr	29:48	dnr	dnr	27:34	28:40	32:26
Nilam Patel	dnr	dnr	dnr	dnr	dnr	dnr	dnf
Shyanne Welch	28:04	26:58	25:11	nta	27:51	28:04	28:52
Ericka Yeiter	27:42	25:58	24:27	25:57	24:21	26:14	26:58
Anna Yoder	dnr	dnr	dnr	dnr	dnr	dnr	dnr
Laticia Salaiz	dnr	33:48	32:25	33:25	33:01	dnr	dnr
	3rd	17-42 W	20th	19-40 W	29-28 L	2nd	15-47 W

dnr = did not race  
 dnf = did not finish  
 nrt = no recorded time  
 dq = disqualified  
 nts = no team score



## *Waterford Mott Cross Country - 2013 Girls' Results Summary (10/5-11/2)*

Name	Oakland Co.	Lakeland	KLAA	Regional	Lakeland 9/10	State
Lauren Dybowski	119 - 23:05	dnr	dnr	57 - 22:31	dnr	
Sarah Hale	27 - 20:41	21:04	31 - 20:27	19 - 20:25	dnr	
Natalie Moesta	101 - 22:44	22:16	54 - 21:40	44 - 21:47	dnr	
Alexis Munley	11 - 19:57	20:44	8 - 19:20	3 - 19:00	dnr	36 - 18:48
Savannah Schaeffer	46 - 21:29	21:30	17 - 20:06	14 - 20:03	dnr	202 - 21:00
Victoria Stachowski	77 - 22:08	21:27	26 - 20:21	29 - 20:53	dnr	
Bailie Strong	92 - 22:27	dnr	dnr	31 - 20:58	dnr	
Sarah Burns	dnr	dnr	dnr	dnr	dnr	
Lindsey Dieck	dnr	dnr	dnr	dnr	dnr	
Kelsey Hurt	29:37	dnr	27:40	27:11	dnr	
Megan Maxwell	dnr	dnr	25:12	24:27	dnr	
Jasmin Messer	23:37	25:09	dnr	dnr	dnr	
Jessica Messer	dnr	27:10	dnr	dnr	72 - 26:21	
Kara Miller	23:32	23:28	68 - 22:42	22:11	16 - 21:45	
Brooke Murray	29:03	28:49	27:36	26:43	dnr	
Nilam Patel		37:05	36:14	dnr	dnr	
Shyanne Welch	27:19	27:40	27:07	25:51	76 - 26:36	
Ericka Yeiter	dnr	dnr	dnr	dnr	dnr	
Anna Yoder	dnr	dnr	dnr	dnr	77 - 27:28	
Laticia Salaiz	dnr	26:48	31:46	32:48	88 - 33:13	
	8th	17-38 W	4th	4th	8th	



## Waterford Mott Cross Country - 2013 Boys' Results

### Summary (8/30-10/01)

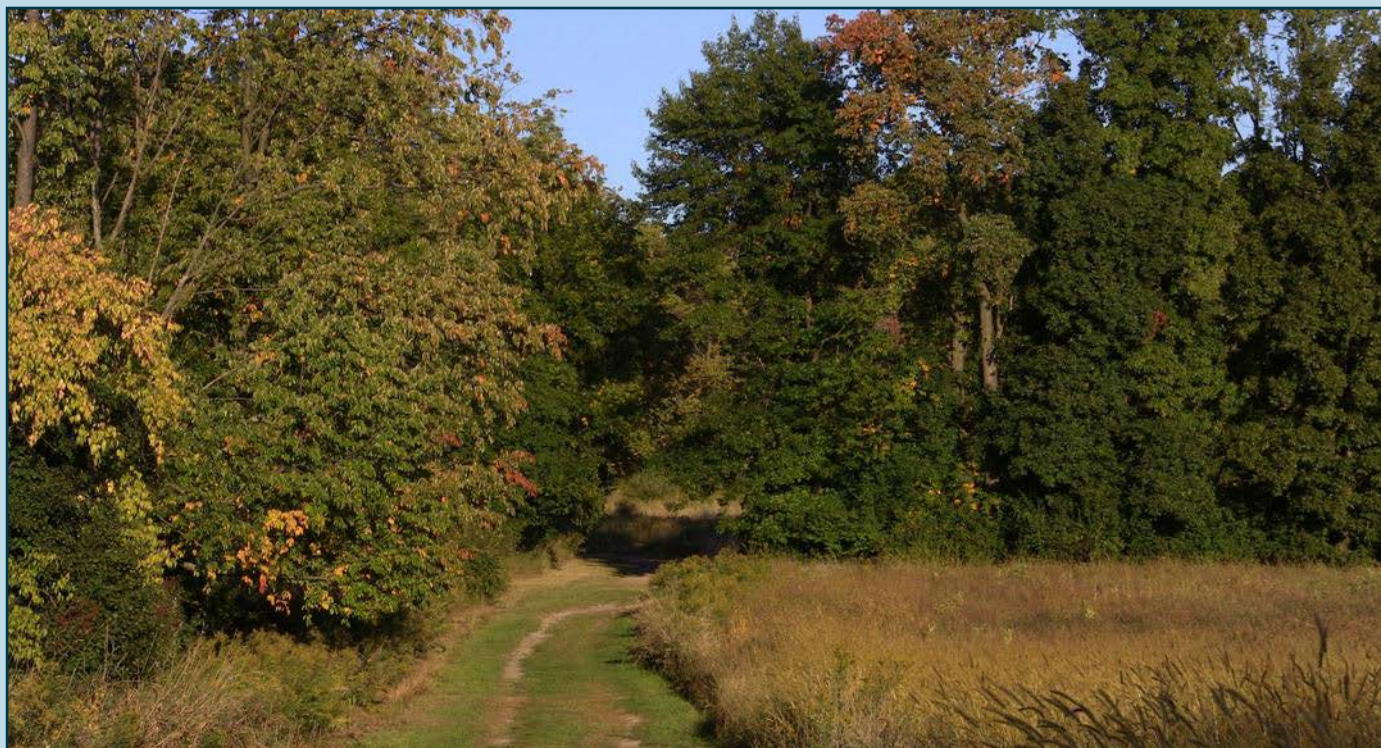
Name	Golden Grizzly	WLC	Spartan	WLW	WLN	Mott Fall Classic	Kettering
Sam Albaugh	4 - 16:32	17:01	7 - 15:49	17:16	16:48	1 - 15:51	17:47
Simon Albaugh	9 - 17:00	17:39	55 - 16:48	18:09	17:07	12 - 17:11	18:53
Kyler Bush	18 - 17:23	16:59	24 - 16:17	dnr	16:44	5 - 16:51	17:48
Brennan Munley	dnr	17:49	dnr	dnr	dnr	28 - 18:20	18:37
Tommy Osika	29 - 17:40	dnr	22 - 16:16	17:15	16:20	4 - 16:43	17:48
Luke Peterson	22 - 17:27	17:00	44 - 16:34	17:15	16:33	7 - 16:55	17:48
Ryan Robinson	1 - 16:06	dnr	1 - 15:28	17:15	16:05	2 - 15:53	dnr
Devon Amessee	dnr	21:49	19:57	23:01	20:15	20:30	21:31
Nick Arnold	19:43	18:56	18:06	19:06	18:01	30 - 18:30	18:27
Demmon Bell	dnr	21:34	20:12	21:41	20:20	20:48	22:58
Blaine Bradley	dnr	23:20	dnr	dnr	dnr	dnr	22:36
Seth Byle	20:12	18:59	18:53	dnr	19:08	20:39	19:13
Dave Decker	dnr	22:20	21:36	dnr	21:47	21:56	22:28
Max Falberg	19:22	19:17	18:02	19:32	18:13	56 - 19:31	20:00
Jesse Miller	dnr	dnr	dnr	dnr	dnr	21:15	22:34
Bradley O'Connor	18:51	18:47	18:34	19:34	18:27	18:44	dnr
Mathias Sorensen	dnr	dnr	dnr	dnr	21:37	21:46	22:08
Matt Thayer	22:21	21:28	20:38	21:38	20:28	20:43	21:32
Logan Ward	18:45	18:22	17:44	18:29	18:04	38 - 18:46	19:02
Kyle Wojcik	dnr	19:18	19:16	19:33	19:21	19:33	20:00
	1st	21-34 W	1st	21-36 W	17-40 W	1st	15-50 W

dnr = did not race  
 dnf = did not finish  
 nrt = no recorded time  
 dq = disqualified  
 nts = no team score



## *Waterford Mott Cross Country - 2013 Boys' Results Summary (10/05-11/02)*

Name	Oakland Co.	Lakeland	KLAA	Regional	Lakeland 9/10	State
Sam Albaugh	3 - 16:15	17:06	3 - 16:03	2 - 15:58.5	dnr	14 - 15:55
Simon Albaugh	72 - 17:47	17:51	24 - 16:54	6 - 16:36	dnr	143 - 16:58
Kyler Bush	15 - 16:53	17:11	10 - 16:35	11 - 16:44	dnr	51 - 16:24
Brennan Munley	66 - 17:44	17:54	28 - 17:00	20 - 17:00	dnr	95 - 16:41
Tommy Osika	34 - 17:21	17:05	8 - 16:30	5 - 16:33	dnr	112 - 16:48
Luke Peterson	31 - 17:14	17:13	18 - 16:40	19 - 16:58	dnr	131 - 16:54
Ryan Robinson	5 - 16:21	17:09	dnr	1 - 15:58.1	dnr	4 - 15:42
Devon Amesse	20:07	20:44	19:55	19:09	dnr	
Nick Arnold	19:57	19:14	18:38	18:27	dnr	
Demmon Bell	nrt	dnr	19:58	19:54	20:02	
Blaine Bradley	nrt	22:06	20:35	20:21	21:02	
Seth Byle	20:13	21:43	19:20	18:32	dnr	
Dave Decker	nrt	dnr	dnr	dnr	21:19	
Max Falberg	18:51	19:15	18:11	18:06	dnr	
Jesse Miller	nrt	22:06	20:39	20:57	nrt	
Bradley O'Connor	19:22	19:24	18:12	18:37	18:40	
Mathias Sorensen	nrt	24:20	21:36	22:01	dnr	
Matt Thayer	nrt	21:05	20:05	19:39	dnr	
Logan Ward	18:32	18:33	68 - 18:00	18:01	dnr	
Kyle Wojcik	18:54	19:36	18:47	18:16	dnr	
	1st	18-43 W	1st	1st	12th	2nd



# Golden Grizzly Invite @ Oakland University

## August 30, 2013

### Boys' Team Results

Place	School	Score
1	<b>Waterford Mott</b>	<b>53</b>
2	Romeo	142
3	Lake Orion	148
4	Flushing	157
5	Port Huron Northern	165
6	Rochester	166
7	Oxford	178
8	Bloomfield Hills Brother Rice	201
9	Birmingham Seaholm	204
10	Davison	269
11	DeLasalle	312
12	St. Clair Shores Lakeview	315
13	Troy	333
14	Pontiac Notre Dame Prep	386
15	Dexter	406
16	Dearborn Divine Child	407
17	Grosse Pointe North	427
18	Stevenson	475
19	Grand Rapids Union	538
20	Warren Mott	549
21	Bloomfield Hills Cranbrook King- swood	633
22	Sterling Heights Parkway Christian	668
23	Auburn Hills Oakland Christian	688
24	Fraser	733
25	Clawson	758

### Girls' Team Results

Place	School	Score
1	Warren Regina	75
2	Ann Arbor Huron	93
3	<b>Waterford Mott</b>	<b>125</b>
4	Grosse Pointe North	127
5	Oxford	153
6	Troy	168
7	clarkston	182
8	Lake Orion	193
9	Bloomfield Hills Cranbrook Kingswood	193
10	romeo	216
11	Pontiac Notre Dame Prep	235
12	Rochester	286
13	Warren Mott	372
14	St. Clair Shores Lakeview	385
15	Waterford Kettering	416
16	Fraser	456



# ***Spartan Invitational @ MSU's Forest Acres East Golf Course September 13, 2013***

## ***Team Results - Elite Boys***

<b>Place</b>	<b>School</b>	<b>Score</b>
<b>1</b>	<b>Waterford Mott</b>	<b>90</b>
2	St. Joseph	151
3	Northville	202
4	Saginaw Heritage	224
5	Saline	231
6	Grand Rapids Chris...	235
7	Traverse City Cent...	268
8	Port Huron Northern	289
9	Strongsville	300
10	Rockford	322
11	Hartland	324
12	Walled Lake Northern	348
13	Romeo	363
14	Rochester	386
15	Grandville	396
16	Wyandotte Roosevelt	406
17	Defiance	419
18	Hudsonville	426
19	Garaway	446
20	East Grand Rapids	485
21	Sylvania Northview	502
22	Stoney Creek	503
23	Grandville Calvin ...	503
24	Lansing Catholic	545
25	Livonia Franklin	574
26	Midland H H Dow	592
27	Grand Haven	610
28	Mason	650

## ***Team Results - Elite Girls***

<b>Place</b>	<b>School</b>	<b>Score</b>
1	Northville	98
2	Birmingham Seaholm	106
3	Saline	116
4	Hudsonville	126
5	Rockford	176
6	Grosse Pointe South	184
7	Traverse City Cent...	221
8	Brighton	281
9	Shepherd	288
10	Jenison	311
11	Beavercreek	320
12	Grand Rapids Chris...	376
13	Grandville	412
14	Rochester	418
15	Midland H H Dow	429
16	Garaway	465
17	Grand Haven	481
18	East Lansing	489
19	Salem	511
<b>20</b>	<b>Waterford Mott</b>	<b>521</b>
21	DeWitt	542
22	Grand Ledge	549
23	Dexter	565
24	St. Joseph	626
25	Grandville Calvin ...	657
26	Mason	673
27	Clarkston	703
28	Stoney Creek	735
29	Sylvania Northview	859



# Waterford Mott Fall Cross Country Classic

## @ Hess-Hathaway Park

### September 27, 2013

#### Boys' Team Results - Varsity

Place	School	Score
1	<b>Waterford Mott</b>	<b>19</b>
2	Bloomfield Hills Brother Rice	52
3	Lake Orion	65
4	Dexter	108
5	Bloomfield Hills	119
6	West Bloomfield	151
7	Shelby Township Utica Eisenhower	202
8	Beverly Hills Wylie E Groves	239
9	Our Lady Of The Lakes	284
10	Chandler Park Academy	312

#### Girls' Team Results - Varsity

Place	School	Score
1	Shelby Township Utica Eisenhower	50
2	<b>Waterford Mott</b>	<b>55</b>
3	Bloomfield Hills	79
4	Lake Orion	87
5	Beverly Hills Wylie E Groves	147
6	White Lake Lakeland	159
7	Our Lady Of The Lakes	182
8	Waterford Kettering	212
9	West Bloomfield	241
10	Chandler Park Academy	302

#### Boys' Team Results - Open

Place	School	Score
1	Lake Orion	27
2	Dexter	54
3	Bloomfield Hills Brother Rice	96
4	Shelby Township Utica Eisenhower	128
5	<b>Waterford Mott</b>	<b>128</b>
6	Bloomfield Hills	162
7	West Bloomfield	192
8	Waterford Kettering	255
9	Beverly Hills Wylie E Groves	261

#### Girls' Team Results - Open

Place	School	Score
1	Bloomfield Hills	30
2	Lake Orion	41
3	Shelby Township Utica Eisenhower	89
4	<b>Waterford Mott</b>	<b>101</b>
5	Beverly Hills Wylie E Groves	129
6	Waterford Kettering	150
7	White Lake Lakeland	199



# Oakland County Championships

## @ Kensington Metropark

### October 05, 2013

#### Boys' Team Results

Place	School	Score
1	<b>Waterford Mott</b>	<b>88</b>
2	Highland Milford	114
3	Lake Orion	179
4	Bloomfield Hills Brother Rice	181
5	Detroit Catholic Central	201
6	Holly	203
7	Rochester	260
8	Oxford	274
9	Novi	297
10	Birmingham Seaholm	301
11	Walled Lake Northern	347
12	Walled Lake Western	355
13	Rochester Adams	383
14	Royal Oak	425
15	Stoney Creek	448
16	White Lake Lakeland	451
17	Walled Lake Central	468
18	West Bloomfield	488
19	Orchard Lake St Marys Prep	501
20	Bloomfield Hills	505
21	Clarkston	523
22	Troy	542
23	Ortonville Brandon	575
24	South Lyon	599
25	Pontiac Notre Dame Prep	618
26	Berkley	663
27	Troy Athens	807
28	Auburn Hills Avondale	827
29	Bloomfield Hills Cranbrook Kingswood	829
30	South Lyon East	881
31	Beverly Hills Wylie E Groves	907
32	Farmington Hills North Farmington	937
33	Beverly Hills Detroit Country Day	1010
34	Southfield Christian	1125
35	Auburn Hills Oakland Christian	1134
36	Hazel Park	1157
37	Our Lady Of The Lakes	1177

#### Girls' Team Results

Place	School	Score
1	Birmingham Seaholm	36
2	Highland Milford	88
3	Walled Lake Northern	168
4	Rochester	171
5	Oxford	211
6	Lake Orion	230
7	Bloomfield Hills	233
8	<b>Waterford Mott</b>	<b>241</b>
9	Novi	321
10	Troy	326
11	Pontiac Notre Dame Prep	367
12	Clarkston	402
13	Royal Oak	407
14	Berkley	438
15	Farmington	444
16	Farmington Hills Mercy	464
17	Stoney Creek	470
18	Beverly Hills Detroit Country Day	473
19	Ortonville Brandon	501
20	Bloomfield Hills Cranbrook Kingswood	511
21	Rochester Adams	512
22	Beverly Hills Wylie E Groves	543
23	White Lake Lakeland	546
24	Walled Lake Central	554
25	Walled Lake Western	641
26	Farmington Hills North Farmington	650
27	Auburn Hills Oakland Christian	670
28	West Bloomfield	751
29	Auburn Hills Avondale	789
30	St. Catherine of Siena	862
31	Troy Athens	894
32	Birmingham Marian	972



# ***KLAA Lakes Conference Championships*** ***@ Island Lake State Recreation Area*** ***October 17, 2013***

## ***Boys' Team Results***

Place	School	Score
1	<b>Waterford Mott</b>	<b>63</b>
2	Highland Milford	72
3	Pinckney	106
4	Grand Blanc	109
5	Hartland	140
6	Walled Lake Northern	150
7	Howell	162
8	Brighton	204
9	Walled Lake Central	221
10	Walled Lake Western	231
11	White Lake Lakeland	239

## ***Girls' Team Results***

Place	School	Score
1	Brighton	33
2	Highland Milford	62
3	Walled Lake Northern	85
4	<b>Waterford Mott</b>	<b>136</b>
5	Howell	143
6	Pinckney	164
7	Hartland	217
8	White Lake Lakeland	219
9	Walled Lake Central	236
10	Grand Blanc	262
11	Walled Lake Western	273
12	Waterford Kettering	295

## ***KLAA Lakes Conference - Boys***

North Division	W	L
<b>Waterford Mott *</b>	<b>5</b>	<b>0</b>
Walled Lake Northern	4	1
Walled Lake Western	3	2
Walled Lake Central	2	3
Lakeland	1	4
Waterford Kettering	0	5

\* Indicates Division Champion

## ***KLAA Lakes Conference - Girls***

North Division	W	L
Walled Lake Northern *	5	0
<b>Waterford Mott</b>	<b>4</b>	<b>1</b>
Lakeland	3	2
Walled Lake Central	2	3
Waterford Kettering	1	4
Walled Lake Western	0	5

\* Indicates Division Champion



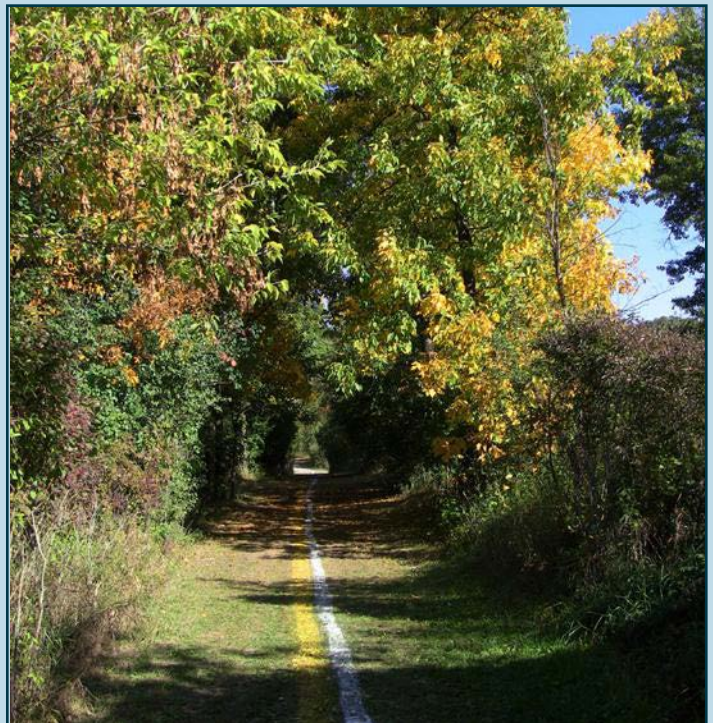
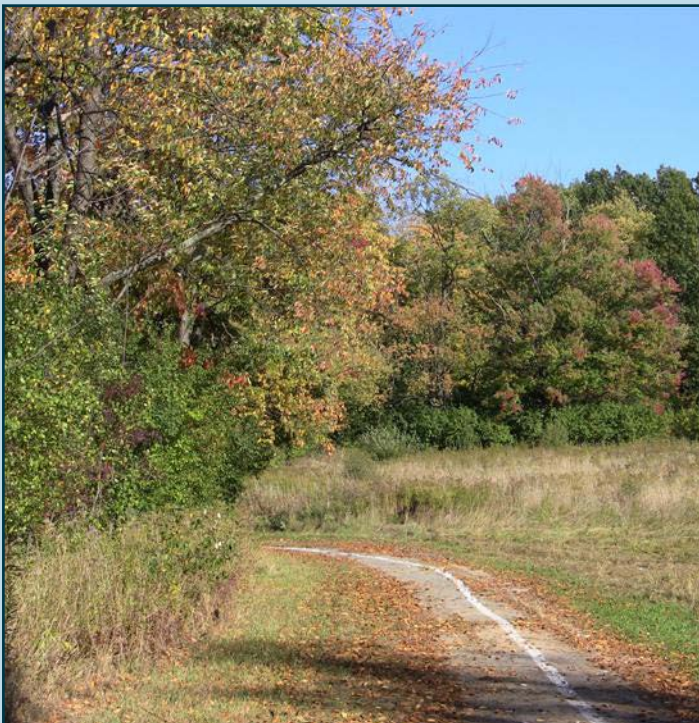
***MHSAA Regional Championships (7-1)***  
***@ Hess-Hathaway Park***  
***October 26, 2013***

***Boys' Team Results***

Place	School	Score
1	<b>Waterford Mott</b>	<b>25</b>
2	Birmingham Seaholm	99
3	Walled Lake Northern	102
4	Bloomfield Hills Brother Rice	121
5	Bloomfield Hills	157
6	White Lake Lakeland	157
7	Walled Lake Central	175
8	West Bloomfield	199
9	Walled Lake Western	206
10	Farmington Hills Harrison	299
11	Farmington Hills North Farmington	307
12	Beverly Hills Wylie E Groves	347

***Girls' Team Results***

Place	School	Score
1	Birmingham Seaholm	31
2	Walled Lake Northern	64
3	Bloomfield Hills	95
4	<b>Waterford Mott</b>	<b>96</b>
5	Farmington	154
6	White Lake Lakeland	190
7	Walled Lake Central	219
8	Beverly Hills Wylie E Groves	227
9	Farmington Hills North Farmington	227
10	Farmington Hills Mercy	230
11	Walled Lake Western	269
12	Waterford Kettering	310
13	Farmington Hills Harrison	355
14	West Bloomfield	426



# *Lakeland Freshman / Sophomore Invite* *@ Lakeland High School* *October 29, 2013*

## *Boys' Team Results*

Place	School	Score
1	Pinckney	40
2	White Lake Lakeland	67
3	Novi	68
4	Detroit Catholic Central	150
5	Clarkston	157
6	Highland Milford	159
7	West Bloomfield	186
8	Walled Lake Central	190
9	Howell	231
10	Walled Lake Northern	266
11	Waterford Kettering	295
<b>12</b>	<b>Waterford Mott</b>	<b>323</b>

## *Girls' Team Results*

Place	School	Score
1	Pinckney	37
2	Howell	65
3	White Lake Lakeland	75
4	Novi	81
5	Walled Lake Northern	112
6	Waterford Kettering	168
7	West Bloomfield	202
<b>8</b>	<b>Waterford Mott</b>	<b>213</b>



***MHSAA State Finals (Division 1)***  
***@ Michigan International Speedway***  
***November 02, 2013***

***Boys' Team Results***

Place	School	Score
1	Highland Milford	165
<b>2</b>	<b>Waterford Mott</b>	<b>170</b>
3	Traverse City Central	180
4	Saline	196
5	Northville	202
6	Saginaw Heritage	205
7	Ann Arbor Pioneer	248
8	Pinckney	260
9	Birmingham Seaholm	285
10	Oxford	295
11	Hartland	302
12	Rockford	336
13	Lake Orion	338
14	Romeo	360
15	Holly	376
16	Walled Lake Northern	380
17	Plymouth	387
18	Grandville	436
19	Grand Blanc	464
20	Traverse City West	470
21	East Kentwood	516
22	Wyandotte Roosevelt	542
23	Wayne Memorial	548
24	Hudsonville	552
25	St. Clair Shores Lakeview	574
26	Warren DeLaSalle Collegiate	590
27	Troy	647

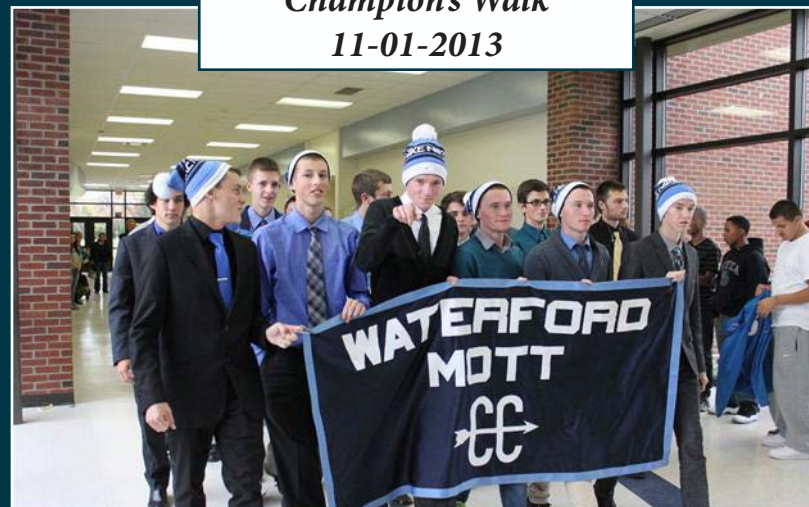
***Girls' Team Results***

Place	School	Score
1	Northville	107
2	Saline	139
3	Hudsonville	164
4	Birmingham Seaholm	165
5	Rockford	169
6	Traverse City Central	170
7	Grosse Pointe South	236
8	Brighton	255
9	Highland Milford	320
10	Salem	338
11	Jenison	340
12	Walled Lake Northern	372
13	Grandville	379
14	Sterling Heights Stevenson	396
15	Shelby Township Utica Eisenhower	425
16	East Lansing	437
17	Grand Haven	448
18	Midland H H Dow	453
19	Dexter	467
20	Grosse Pointe North	490
21	Auburn Bay City Western	509
22	Bloomfield Hills	520
23	Grand Rapids Forest Hills Central	532
24	Lake Orion	558
25	Clarkston	568
26	Troy	584
27	Temperance Bedford	604
28	Ann Arbor Pioneer	604





**Champion's Walk**  
**11-01-2013**



## 2013 Waterford Mott High School Cross Country Team



### *Thank You's*

Special thanks to everyone who contributed to the 2013 season, including:

**Scott Albaugh, Sr. & Waterford School District Workers** - Thanks for making our course one of the most beautiful around and something to be proud of.

**CC Parents & Families** - Thank you for making it possible to host great meets this year, and thank you for all of your support of us all season long. Wendy Falberg, thank you for chaperoning camp with us, and heading up concessions efforts with Rachel Albaugh.

**Paul Degraeve** - Thank you for continuing to contribute to our program and the help and guidance you have given Beth Burnand this year in creating our booklet. Special thanks to Beth for all of her hard work this fall!

**Rod Yeacker & Rotpac Racing** - You really made our regional run smoothly!

**Mr. Dorn, Jill Avenall, Mr. Riggs, Mr. Wiseman** - Thank you for your support of us all season long, especially your efforts for the third annual "Champion's Walk" and your help hosting the regional.

**Marvin Goodwin at the Oakland Press** - Thank you for your thoughtful coverage of the team this fall.

**Mr. Dale Kutchey** - Thank you for helping to make our invitational and our regional such a success.

**Nick & Anne at Boyne Valley Lodge** - Thanks for another great year of camp!

**Karen Laszlo** - Thank you for helping spread the word about the wonderful things WMXC was up to this year!

**Michelle Robinson** - Thank you for your help at our meets, having us at your home all summer, baking us granola bars, and taking such good care of us!

**Paul and Linda Coughlin & Runnin' Gear** - Thank you for scoring our dual meets, having us at your house during the summer, sponsoring our post-season adventures, and making sure that we are always taken care of. We love the hats!

**Overtime Bar & Grill** - Thanks for a great post-meet party!

**West Bloomfield Police & Fire** - Thanks for looking out for us!

**Waterford Elementary School Principals and Coaches** - Thank you for making our 1st year of running club such a great success!

**Coach Robinson & Coach McNeil**

