Materford A ott High School

Preseason Highlights
Summer Camp
Meet Statistics
School Records
Individual / Team Honors

2012 Cross Country

Waterford Mott Corsairs

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Coaches' Perspectives

The hardest part about settling into a tradition of excellence is finding ways to constantly innovate, improve, and grow. If you're not constantly finding new ways to accomplish the goals, it sometimes feels like you are sliding backwards. This season, we asked more of our student-athletes than we ever have, with plyometric and pool sessions on Tuesdays and Thursdays during the summer and morning workouts during the school year. At the beginning of the summer, I told the girls my plan for improvement which was focused around a stronger commitment to a weekend long run, running logs to increase accountability over the summer, and pool workouts to supplement our training.

The way the team responded to the new measures set the tone for our entire season. The willingness they displayed to work harder than ever resulted in a team that I would call our best-ever. We had certain individuals make huge leaps to become great runners, while others slowly chipped away at already-impressive PR's. When all was said and done, their efforts were rewarded with a fifth-straight trip to the State Finals, a second division championship, a runner-up spot in the conference, and a top-5 county finish.

I said time and time again that this season went by faster than any season in the last eight years. I attribute that to the relentless pace the team set from the very first day. Daya, Courtney, Catrina, and Kristal should all feel extremely proud of the state in which they are leaving this team for future generations. They picked up the flag carried by the seniors before them and raised it higher than ever.

There is no feeling like finally sitting down at a post-state meet party, surrounded by the best group of people that Waterford Mott has to offer, reveling in a season's worth of hard work, watching each member of the team slowly realize that they have completed the journey, and knowing that it means something a little bit different to each of them. And whether they feel elated, discouraged, frustrated, or satisfied, their teammates and families are there to listen, and remind them how invaluable this experience is, win or lose. To me, that is what cross country is all about: the shared journey, and the bonds that are built between everyone involved, that will continue to be present throughout our lives in some way or another.

Coach McNeil





In my tenth season as a head coach at Mott I have served as witness to a significant amount of growth. The growth to which I am referring has taken place in the physical preparedness of our athletes, their sense of place in the community, and their competitiveness and emotional strength.

The physical growth of the team continues to reach new levels. If you were to compare the training logs of the past 5 months to those of a year ago each one of you would see a marked increase in your training intensity and volume. The facts that would not be evident are that each of you is doing more at your grade level than those who were on teams prior to this one. This year's team has taken its training to the highest level ever with five practices each week in the summer and two mornings of swimming each week in September and early October in addition to our practices after school and on weekends. The heightened degree of commitment and willingness to physically push to the next level has continued a pattern of growth that allowed each of you to have a successful season as individuals, and contributes to the future's understanding of the expectations for a Mott Cross Country athlete.

The bonding experiences we shared with our community extended the influence of our team and the depth of our identity. By participating in Cropwalk we grew by experiencing that both generosity and tolerance are gifts that are greater than the glory we receive from personal records. At Beaumont Elementary we shared our joy of running with the future of our community and gave the best of ourselves; our enthusiasm for the greatness each of those little runners has inside them. Your weekly appearances in the news and stories in the MVP inspired community members beyond the individual contacts you had with people and will leave a long-lasting effect on the enduring memory of this team and our program.

The emotional growth of our team is the experience for which I am most proud. As early season goals were reached, and obstacles presented themselves soon thereafter, this group of young men continued to believe that they were capable of great accomplishments. Their strength of character was exhibited week after week as they overcame setbacks and plotted for victory in their upcoming competitions. Individuals who had accomplished their personal goals continued to demand more of themselves for the good of the cause, which further added fuel to the competitive fire. The finale itself couldn't have been scripted better for this team as they met adversity with strength and "teamsmanship" to prove we are among the best in the state.

Through this magical medium we refer to as Cross Country we continue to grow as interconnected families. With each season I have experienced a deepening of family friendships and commitment to one another both inside, and outside of, our sport. I appreciate the words of praise and confidence you have shown in me, but more importantly, I appreciate your honesty and candor with suggestions for improvement. I have learned these ten years that the growth of this program is dependant upon the participation of those people most closely connected to the athletes. It is through each of us that this program will continue to move forward, and we should all be very proud of where we have come thus far.

Captains' Perspectives

This season will likely provide some of the longest lasting memories of my life. The lessons learned and goals accomplished will stick with me forever. Going into this season we set some very lofty goals for ourselves, both as individuals and as members of a team. Although we didn't reach all of our goals, we did everything we could to get there and I am incredibly proud of what we achieved.

Dane Falberg

Being a captain this year has been a great experience because not only did we work well as a team, but we accomplished our team goals and our personal goals as well. Being a captain was difficult, but at the same time it was a blast, it helped me get closer with my teammates, and it pushed me to wanting the best for my team and for myself. I wouldn't have had the season that I had without them by my side and I know that I will surely miss them when I graduate.

Daya Wagh

As a senior, it's a strange feeling knowing that everything you do will be for the last time. From running up Avalanche Mountain to racing at MIS, every last experience I had this year was made memorable by the amazing group of girls on our team. This season we accomplished some major goals of ours, such as winning the Oxford Invite, tying our best-ever county meet finish, and qualifying for the State Finals. These accomplishments came from our hard work and determination every day from July 9th to November 3rd. This year we worked harder than ever before, and I am so proud of the way our team pushed through and constantly strived to get better. Each and every one of the girls on our team has made some kind of positive impact on my life, and I am so glad I had the opportunity to call you my teammates. I hope you all continue to work hard and to achieve your goals because you truly can do anything you set your mind to.

YAAAAAAHHHHS!!
With love, Courtney Munley



Running is life. Each is a metaphor for the other. Running takes all the lessons one learns over a lifetime and breaks them down to their most basic form. Through running I have gotten more personal growth than I think anyone thought possible.

The first lesson running taught me was humility. I joined the cross country team with an ego far greater than my abilities. I remember skipping races regularly, or dropping out of races to save myself for soccer. Despite my failures, I still felt entitled to respect and admiration from my running peers. I ended my freshman year with a stress fracture and my sophomore season with mediocrity. Through these hard lessons, I learned that my ego alone would not suffice to fuel my success.

Running also taught me the value of consistency. Just as in life, the best runners do not rely on spontaneous bursts of energy. I learned to manage my time and make running and school my priority. Through consistent work, I made vast improvements, not only on the track, but in the classroom.

In my opinion, there is one lesson learned from running that supersedes all others: persistent, determined hard work will always overcome even the most insurmountable obstacles. What truly cemented this in my mind was the work ethic that my team displayed these past six months. Never have I had the honor of working with a group of people with such a high capacity for work. We set incredibly lofty goals and then sought to surpass them. When faced with challenges, we did not crumble, we worked harder. Thus, we were rewarded with a list of accomplishments that most cross country teams could only dream of.

Through my four years of being on this team, I have grown far past even the most optimistic expectations of my supporters. The success of not just my running career, but that of my teammates, would not have been possible without the undying support of my parents, uncles, aunts, grandparents, and the Waterford community. Most importantly, I want to thank my coach-- without your wisdom, patience and time, this team would be nothing but a talented group of individuals that never lived up to their potential. It has truly been an honor to be part of this team.

Nate Burnand































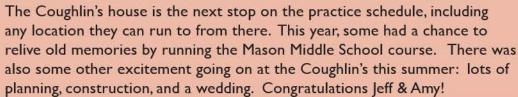


























The next stop on the weekly training schedule is Mott's home course at Hess-Hathaway Park. This is the second year that Mott hosts the MHSAA Region 7 state qualifying meet at this site and everyone involved stepped up to the challenge. The course is better than ever and it's one of the most scenic and difficult ones in the area. Those who are good on hills will love this course.











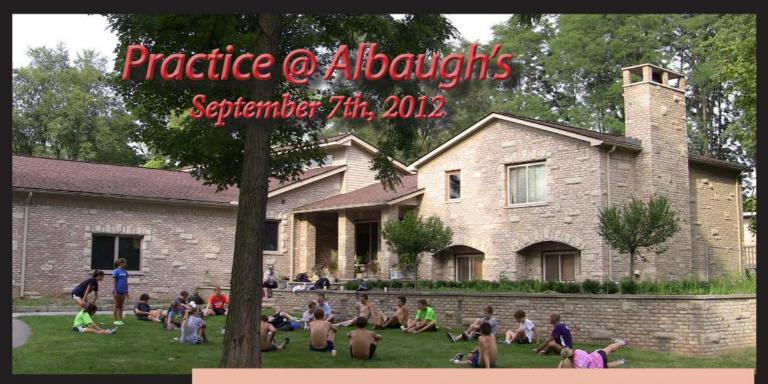












A new place to meet this year was the Albaugh's house. From here there were several options for the daily run: mostly flat, paved roads or unpaved, hillier roads for those willing to venture out a little farther. Always great hosts and supporters of Mott Cross Country, the Albaugh's place was a nice break from the regular routine. Their friendly, big dog Rufus liked the team's visit, too.





















Summer Camp - Boyne Valley Lodge

August 21st - August 24th, 2012











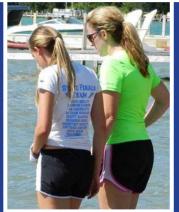






One of the privileges of being a member of the Mott Cross Country team is a trip north to the Boyne Valley Lodge near Walloon Lake, Michigan. This is the third year that the Lodge hosted Mott's summer training camp and, once again, it was a big success. Friendships and team spirit are developed and strengthened during the four day, three night visit. After arrival and everyone unpacks, their first run takes them to the Lodge's on-site cross country course. Afterwards, a walk to the beach is a great way to relax, explore, and prepare for the challenging and rewarding days to come.



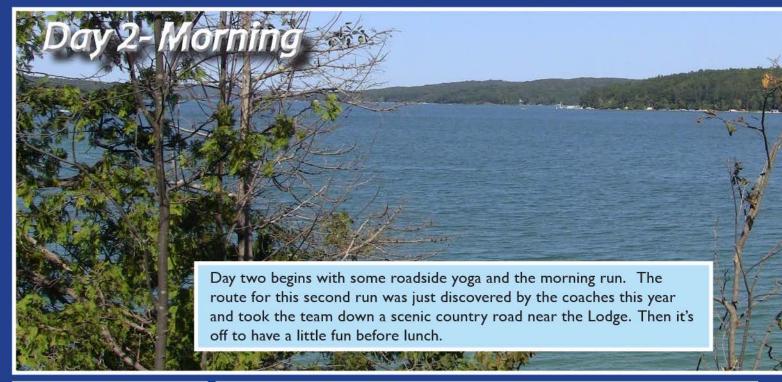














































The third run is a coach and team favorite, but also one of the most challenging workouts of the week. This adventure takes the team to Avalanche Preserve Recreation Area overlooking Boyne City and Lake Charlevoix. The route for this run takes the team up the hiking trails around the perimeter to the top. Even after a very difficult workout, the optional hike up the steep face is the final challenge that many still want to experience. The amazing views from the Overlook Platform at the top serve as a reward for a job well done.

































After dinner activities included a friendly, but very intense game of volleyball and an entertaining game of 'Mingle' on the soccer field. A trip down the road to the Walloon Village General Store & Deli for ice cream, team photos, and a spectacular sunset was a wonderful finish to a very productive day.









and difficult run. The narrow, winding roads and hills of Walloon Lake's North Shore Drive are not soon forgotten. But the physical effort required didn't damper the enthusiasm of some athletes who just couldn't resist a quick game of ultimate Frisbee before lunch.

























After the difficult morning run, the coaches decided to try something new this year for the afternoon run: a trip to the cross country ski trails of Boyne Mountain Ski Resort. An easy run to round out the day's mileage was the goal. Those of us, however, who were unfamiliar with the route didn't realize it was a 3+ mile loop. It's a good thing the path was marked with 'arrows' and our rides waited.























































WITERFORD

If you ever visit the Boyne Valley Lodge, check out the ceiling in the dining area and you just might be able to find where the Waterford Mott Cross Country Team has left their mark! It serves as a special reminder to show that the Lodge has also made its mark on those who stayed there.









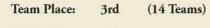




Golden Grizzly Invite @ Oakland University August 31st, 2012

High 80's Low 90's, Sunny & Breezy

Boys' Team Champion



Team Score: 75

Athletes: 112 Varsity 174 JV

		170
		Overall
Name	Time	Place
Sarah Hale	20:22	2
Daya Wagh	21:06	9
Courtney Munley	21:14	11
Savannah Schaeffer	21:55	21
Bailie Strong	22:18	32
Kristal Denina	24:52	76
Corinn Yoder	26:46	95
Lindsey Dieck	28:11	104
Megan Maxwell	29:27	106
Sabrinna Gappy	27:10	71
Ericka Yeiter	28:50	111
Taylor Richards	32:47	154

Danielle Jenkins



JV JV

JV

JV

160







33:08







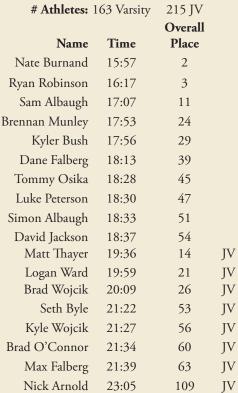














Mott vs. Walled Lake Central @ Hess-Hathaway September 11th, 2012 75 Degrees & Sunny

Team Place:	1st	
Team Score:	WM 15	WLC 4
		Overal
Name	Time	Place
Daya Wagh	20:32	1
Sarah Hale	20:44	2
Courtney Munley	20:55	3
Savannah Schaeffer	22:14	4
Bailie Strong	22:14	5
Lauren Dybowski	23:52	8
Kristal Denina	24:43	9
Lindsey Dieck	24:56	11
Brooke Murry	26:26	14
Corinn Yoder	26:34	16
Ericka Yeiter	27:53	20
Sabrina Gappy	28:03	21
Taylor Richards	30:14	27
Catrina Cortese	dnf	
Natalie Moesta	dnf	
Nilam Patel	dnr	
Tori Stachowski	dnr	
Danielle Jenkins	dnr	
Alison Crosley	dnr	
Megan Maxwell	dnr	





















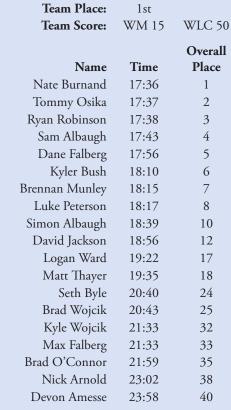
















Team Place: 18th (36 Teams) **Team Score:** 508

Athletes: 255 Varsity 748 JV

		Overall Place	
Name	Time	(Team, Indiv.)	
Daya Wagh	19:26	52, 58	
Courtney Munley	19:31	61,67	
Sarah Hale	19:48	80, 86	
Savannah Schaeffer	20:38	149, 156	
Bailie Strong	20:52	166, 173	
Lauren Dybowski	22:28	230, 237	
Kristal Denina	23:11	242, 249	
Natalie Moesta	23:33	206	JV
Lindsey Dieck	24:05	274	JV
Brooke Murray	24:29	320	JV
Corinn Yoder	25:24	427	JV
Ericka Yeiter	26:35	543	JV
Sabrina Gappy	26:57	571	JV
Taylor Richards	27:39	629	JV

















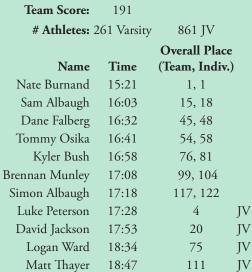












18:59

19:20

19:39

20:10

20:24

21:11

Brad Wojcik

Max Falberg

Kyle Wojcik

Nick Arnold

Brad O'Connor

Seth Byle

111

147

211

272

352

393

517

JV

JV

JV

JV

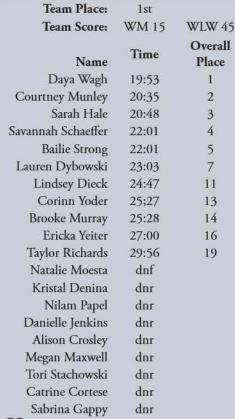
JV

JV











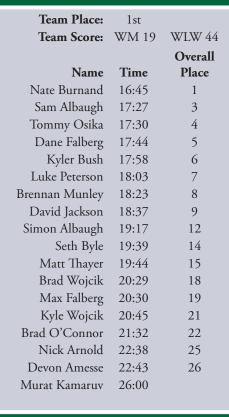


























Team Place: 1st Team Score: WM 19 WLN 36

1000101		
		Overall
Name	Time	Place
Daya Wagh	19:37	1
Sarah Hale	20:12	2
Courtney Munley	20:35	3
Savannah Scheaffer	20:51	5
Bailie Strong	21:21	8
Lauran Dybowski	22:25	13
Kristal Denina	23:21	19
Brooke Murray	24:16	21
Corinn Yoder	25:00	22
Lindsey Dieck	25:34	24
Natalie Moesta	25:53	26
Taylor Richards	26:21	29
Ericka Yeiter	27:46	33
Sabrina Gappy	28:10	34
Tori Stachowski	dnr	
Nilam Patel	Ran 1 Mile	
Catrina Cortese	dnr	
Danielle Jenkins	dnr	
Megan Maxwell	dnr	











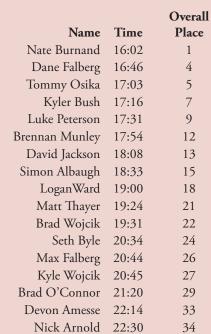














Mott Fall Classic @ Hess-Hathaway September 28th, 2012

Cool & Sunny

Boys' Champion: Nate Burnand (New Course Record - 15:44) Boys' Team Champion

(13 Teams)

JV

70

remin ocore.	1250.00		
# Athletes:	82 Varsity	78 JV	
Name	Time	Overall Place	
Daya Wagh	18:57	3	
Sarah Hale	19:59	10	
ourtney Munley	20:26	14	
annah Schaeffer	20:38	17	
Bailie Strong	20:43	21	
auren Dybowski	22:06	36	
Brooke Murray	24:33	66	
Kristal Denina	23:09	3	JV
Natalie Moesta	24:57	19	JV
Lindsey Dieck	25:00	21	JV
Corinn Yoder	25:01	22	JV
Taylor Richards	25:53	31	JV
Ericka Yeiter	26:25	37	JV
Sabrina Gappy	26:44	42	JV

30:06

dnr

dnr

dnr

dnr

dnr

2nd

Team Place:

Team Score:

Alison Crosley

Catrina Cortese

Megan Maxell

Danielle Jenkins

Tori Stachowski

Niliam Patel

Sav





























Team Score:	51		
# Athletes:	94 Varsity	156 JV	
**		Overall	
Name	Time	Place	
Nate Burnand	15:44	1	
Dane Falberg	16:46	6	
Sam Albaugh	16:58	7	
Kyler Bush	17:16	13	
Luke Peterson	17:34	24	
Brennan Munley	17:51	33	
Tommy Osika	17:53	36	
David Jackson	18:02	1	JV
Matt Thayer	19:02	18	JV
Logan Ward	19:21	23	JV
Brad Wojcik	19:32	25	JV
Max Falberg	19:41	33	JV
Kyle Wojcik	20:16	39	JV
Seth Byle	20:25	42	JV
Nick Arnold	20:51	53	JV
Brad O'Connor	20:56	58	JV
Devon Amesse	21:32	75	JV
Chase Furton	22:09	87	JV
Kou Chang	22:50	102	JV

1st

(14 Teams)

Team Place:







project processing the property of the	THE RESIDENCE AND PARTY OF THE	THE RESERVE OF THE PARTY.
Team Place:	1st	
Team Score:	WM 15	WK 50
		Overall
Name	Time	Place
Bailie Strong	22:15	1
Savannah Schaeffer	22:15	2
Courtney Munley	22:15	3
Sarah Hale	22:15	4
Daya Wagh	22:15	5
Lauren Dybowski	22:50	6
Kristal Denina	23:12	7
Natalie Moesta	25:07	9
Tori Stachowski	25:09	10
Brooke Murray	25:15	12
Corinn Yoder	25:28	15
Taylor Richards	26:21	16
Ericka Yeiter	26:36	17
Sabrina Gappy	26:55	18
Catrina Cortese	dnr	
Megan Maxwell	dnr	
Nilam Patel	dnr	
Danielle Jenkins	dnr	
Lindsey Dieck	dnr	
Alison Crosley	dnr	
9		



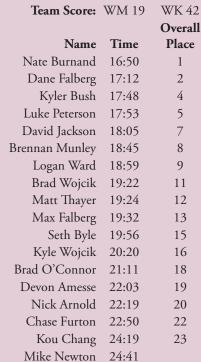












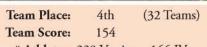






Oakland County Championships @ Kensington Metropark October 6th, 2012

50's, Cool, Breezy & Overcast



Athletes: 229 Varsity 166 JV

		Overall	
Name	Time	Place	
Daya Wagh	19:15	12	
Sarah Hale	19:46	18	
Courtney Munley	20:05	27	
Savannah Schaeffer	20:29	35	
Bailie Strong	21:13	62	
Lauren Dybowski	22:22	113	
Kristal Denina	22:54	139	
Lindsey Dieck	24:49	87	JV
Corinn Yoder	24:49	88	JV
Brooke Murray	24:17	99	JV
Sabrina Gappy	26:43	128	JV
Taylor Richards	26:50	129	JV
Ericka Yeiter	27:07	132	JV
Tori Stachowski	27:11	133	JV
Allison Crossley	29:02	open	
Catrina Cortese	dnr		

dnr

dnr

dnr

dnr

Megan Maxwell Nilam Patel

Natalie Moesta

Danielle Jenkins











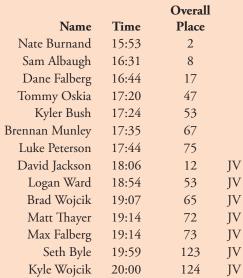






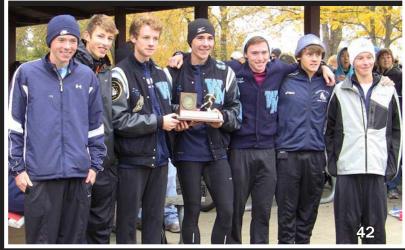














		Overall
Name	Time	Place
Daya Wagh	19:37	1
Sarah Hale	20:14	2
Courtney Munley	20:42	3
Savannah Schaeffer	20:53	4
Kristal Denina	23:05	12
Natalie Moesta	24:23	18
Corrin Yoder	25:12	19
Lindsey Dieck	25:13	20
Brooke Murray	25:47	21
Ericka Yeiter	26:11	22
Taylor Richards	26:45	25
Sabrina Gappy	26:51	26
Megan Maxwell	26:59	27
Nilam Patel	35:00	29
Catrina Cortese	dnr	
Tori Stachowski	dnr	
Danielle Jenkins	dnr	
Lauren Dybowski	dnr	
Bailie Strong	dnr	

dnr

Alison Crosly

43

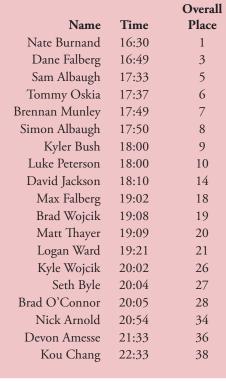












Team Place:

Team Score:

1st

WM 22

L 39



Oxford Invitational @ Oxford Hills Country Club October 12th, 2012

50's, Sunny, Cool with slight Breeze

Girls' Team Champion

Team Place:	1st	18 Teams
Toom Score	27	

Athletes: 136 Varsity n/a JV

Name	Time	Overall Place
Daya Wagh	19:07	2
Courtney Munley	19:28	3
Sarah Hale	20:05	8
Savannah Schaeffer	20:19	11
Bailie Strong	20:20	13
Lauren Dybowski	22:35	65
Kristal Denina	22:45	71
Lindsey Dieck	23:47	101
Corinn Yoder	24:09	106
Brooke Murray	25:06	117
Tori Stachowski	23:00	JV
Natalie Moesta	23:11	JV
Sabrina Gappy	25:22	JV
Megan Maxwell	25:47	JV
Ericka Yeiter	25:31	JV
Taylor Richards	26:04	JV
Nilam Patel	35:51	JV
Catrina Cortese	dnr	
Danielle Jenkins	dnr	
Alison Crosley	dnr	























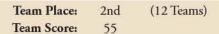




KLAA Lakes Conference Championships @ Island Lake State Recreation Area October 18th, 2012

Partly Sunny & Windy





143 JV # Athletes: 82 Varsity

Name	Time	Overall Place	
Daya Wagh	19:17	3	
Sarah Hale	19:43	5	
Courtney Munley	19:58	9	
Savannah Schaeffer	20:07	14	
Bailie Strong	20:38	24	
Lauren Dybowski	22:04	49	
Kristal Denina	22:49	60	
Lindsey Dieck	23:28	41	JV
Natalie Moesta	23:51	48	JV
Brooke Murray	24:14	60	JV
Corinn Yoder	24:21	64	JV
Sabrina Gappy	25:17	86	JV
Ericka Yeiter	25:40	94	JV
Taylor Richards	26:15	111	JV
Megan Maxwell	26:19	112	JV
Nilam Patel	34:49	142	JV
Catrina Cortese	dnr		

dnr

dnr

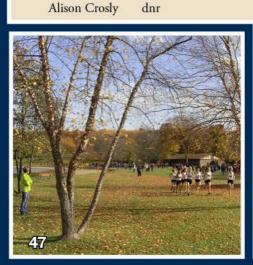
dnr











Danielle Jenkins

Tori Stachowski



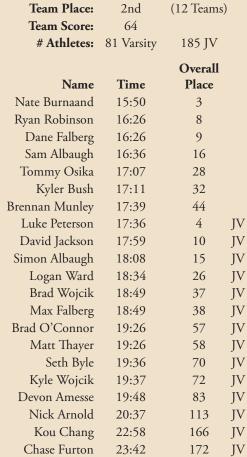












2nd

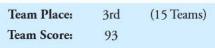
Team Place:



MHSAA Regional Championships (7-1) @ Hess-Hathaway October 27th, 2012

45-50 Degrees, Sunny, Cool & Breezy





Athletes: 101 Varsity 111 JV

Name	Time	Overall Place	
Daya Wagh	18:52	3	
Sarah Hale	19:35	14	
Courtney Munley	19:50	18	
Savannah Schaeffer	20:13	22	
Bailie Strong	20:59	36	
Lauren Dybowski	21:57	51	
Kristal Denina	22:24	62	
Tori Stachowski	23:35	29	JV
Lindsey Dieck	23:41	33	JV
Corinn Yoder	24:14	38	JV
Natalie Moesta	24:44	45	JV
Megan Maxwell	24:58	49	JV
Sabrina Gappy	25:20	56	JV
Ericka Yeiter	25:28	60	JV
Taylor Richards	25:49	66	JV
Brooke Murray	26:09	69	JV
Alison Crosley	28:05	85	JV
Catrina Cortese	dnr		
Danielle Jenkins	dnr		

dnr

Nilam Patel











MHSAA Regional Championships (7-1) @ Hess-Hathaway October 27th, 2012

45-50 Degrees, Sunny, Cool & Breezy

Boys' Champion: Nate Burnand Boys' Team Champion

























1st

28

Time

(16 Teams)

156 JV Overall Place

JV

JV

JV

JV JV

JV JV

JV

JV

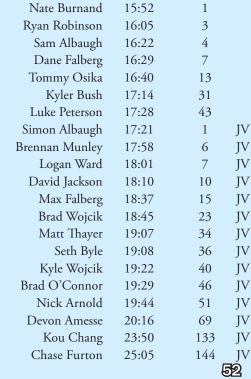
JV JV

JV

JV









Lakeland Freshman / Sophomore Meet @ Lakeland High School October 30th, 2012

中央 经公司 经公司

Spitting Rain, Temps Below 40 & Very Windy



Name	Time	Overall Place
Tori Stachowski	23:17	35
Lindsey Dieck	24:15	57
Corinn Yoder	24:41	65
Brooke Murray	24:44	66
Sabrina Gappy	25:36	80
Ericka Yeiter	26:28	95
Nilam Patel	35:33	116

Athletes: 118 Varsity









Congratulations To Ericka, Tori, and Sabrina for earning your varsity Letters!!

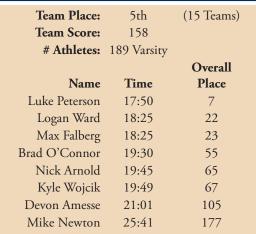


















MHSAA State Finals @ Michigan International Speedway November 3rd, 2012

49 Degrees, Windy & Clear

Team Place: 20th (27 Teams) **Team Score:** 449

Athletes: 228 Varsity

Name	Time	(Team, Indiv.)
Daya Wagh	18:32	23, 29
Sarah Hale	19:06	62, 80
Courtney Munley	19:39	105, 130
Savannah Schaeffer	19:47	115, 147
Bailie Strong	20:18	144, 179
Lauren Dybowski	22:00	183, 222
Kristal Denina	22:15	187, 226







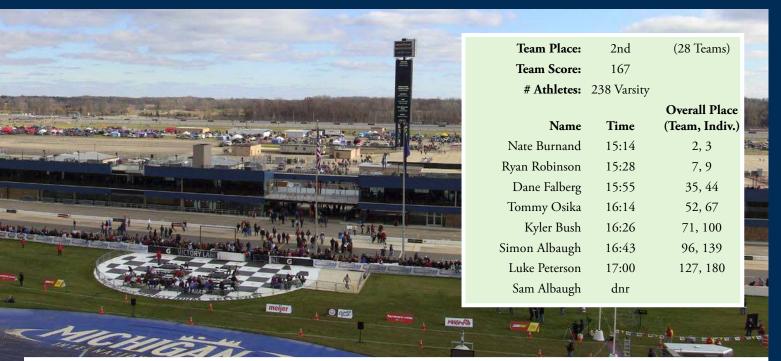




















Waterford Mott Cross Country Records - Girls

School Records

Shannon Osika 17:17 2008

Junior Records

Shannon Osika	17:50	2009
Daya Wagh	18:59	2011
Courtney Munley	19:22	2011
Jennifer Walczuk	19:27	1996

All-League OAA

Shannon Osika
Lauren Gagnon
Christine Lindsay
Kelsey Chapman
Alyssa Osika
Lizzy Jones
Ornela Mirashi

2007 (champion)
2007
2006, 2007
2006, 2007
2006
2004, 2005, 2006

Megan Coughlin 1998, 1999, 2000, 2001 Jennifer Klausing 1999, 2000, 2001

Alicia Hebel 2001 Kristen Klebba 2000 Lauren Madrigal 2000

Nikki Baxter 1997, 1998, 1999 Amy Coughlin 1995, 1996,

1997 (runner-up), 1998

Jennifer Walczuk 1995 (runner-up), 1996 & 1997 (champion)

Michelle Lazenby 1992

Mary Mick 1989 (champion)

Stephanie Tasca 1986 Traci Rooney 1983 Pam Swain 1981 Tina Fotineas 1980

Sophomore Records

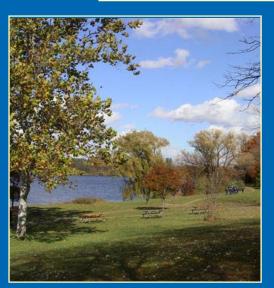
Shannon Osika	17:17	2008
Courtney Munley	19:22	2010
Jennifer Walczuk	19:26	1995
Megan Coughlin	19:30	1999
Katelynn Carver	19:52	2009

Freshman Records

Shannon Osika 17:35 2007 Hannah Rhoades 19:59 2008



Waterford Mott Cross Country Honors - Girls



All-Conference (2008 joined KLAA Lakes Conference)

Daya Wagh 2011, 2012

Sarah Hale 2012

Courtney Munley 2010, 2011, 2012

Savannah Schaeffer 2012 Hannah Rhoades 2011

Shannon Osika 2008, 2009, 2010 (2x Conference Champion)

Alyssa Osika 2008 Lauren Gagnon 2009 Katelynn Carver 2009



All-Oakland County

Daya Wagh 2011, 2012

Sarah Hale 2012 Courtney Munley 2010

Shannon Osika 2007, 2008, 2009, 2010

Amy Coughlin 1998

Jennifer Walczuk 1995, 1996, 1997 Mary Mick 1989 2nd team

MITCA Dream Team

Shannon Osika 2007, 2008, 2010

League Championship Teams

2012 (KLAA Lakes North Division): Daya Wagh, Sarah Hale, Courtney Munley, Savannah Schaeffer, Bailie Strong, Lauren Dybowski, Kristal Denina

2011 (KLAA Lakes North Division): Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

2007 (OAAII): Shannon Osika, Kelsey Chapman, Alyssa Osika, Christine Lindsay, Lauren Gagnon, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

2006 (OAAII): Lizzy Jones, Ornela Mirashi, Alyssa Osika, Kelsey Chapman,

Christine Lindsay, Kristin Matsumoto, Liz Dachs

Waterford Mott State Finalists - Girls

Individuals

State Qualifiers

Shannon Osika 2007 (Regional Champion),

2008, 2009,

2010 (Regional Champion)

Lizzy Jones 2006

Megan Coughlin 1999, 2000

Amy Coughlin 1995, 1996, 1997, 1998

Jennifer Walczuk 1994, 1997

Mary Mick 1989

All-State

Daya Wagh 2012

Shannon Osika 2007 (State Champion),

2008 (State Runner-Up),

2009, 2010

Jennifer Walczuk 1995

Academic All-State

Avg. G.P.A. = 3.746

Daya Wagh 2011, 2012

Sarah Hale 2012

2012 Team

2011 Team Avg. G.P.A. = 3.833

2010 Team Avg. G.P.A. = 3.655

Courtney Munley 2010

2009 Team Avg. G.P.A. = 3.766

Lauren Gagnon 2009

Teams

2012 Team

Daya Wagh, Sarah Hale, Courtney Munley,

Savannah Schaeffer, Bailie Strong, Lauren Dybowski,

Kristal Denina

2011 Team

Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale,

Katelynn Carver

2010 Team

Shannon Osika, Courtney Munley, Hannah Rhoades,

Katelynn Carver, Catrina Cortese,

Amanda Schoonover, Savannah Schaeffer

2009 Team (Regional Champions)

Shannon Osika, Lauren Gagnon, Katelynn Carver,

Hannah Rhoades, Maylani Siemasz, Amanda

Schoonover, Rachel Mendoza

2008 Team

Shannon Osika, Kelsey Chapman, Alyssa Osika, Hannah Rhoades, Christine Lindsay, Maylani Siemasz,

Amanda Schoonover, Lauren Gagnon

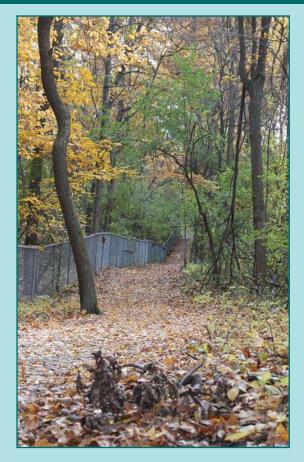
2008 Team Avg. G.P.A. = 3.94

Kelsey Chapman 2008

Megan Coughlin 1999, 2000

Amy Coughlin 1996, 1997, 1998





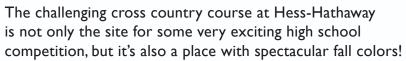






















Waterford Mott Cross Country All-Time List - Girls

Place	Name	Time	Date
1	Shannon Osika	17:17	2007 State Champion (17:35.8), 2008 State Runner-Up, 2009, 2010 All-State
2	Daya Wagh	18:32	2012 All-State 2012 Academic All-State 2X
3	Sarah Hale	19:06	2012 Academic All-State
4	Amy Coughlin	19:09	1998 Academic All-State 3X
5	Courtney Munley	19:22	2010 Academic All-State
6	Jennifer Walczuk	19:26	1995 All-State
7	Megan Coughlin	19:30	1999 Academic All-State 2X
8	Hannah Rhoades	19:38	2011
9	Kelsey Chapman	19:39	2008 Academic All-State
10	Alyssa Osika	19:40	2008
11	Lauren Gagnon	19:41	2009 Academic All-State
12	Savannah Schaeffer	19:47	2012
13	Katelynn Carver	19:52	2009
14	Lizzy Jones	19:58	2006
15	Mary Mick	20:09	1989
16	Bailie Strong	20:18	2012
17	Pam Swain	20:20	1981
18	Ornela Mirashi	20:29	2005
19	Nikki Baxter	20:30	1999
20	Marki Dillon	20:05-20:35	1978 3m Record
21	Amanda Schoonover	20:44	2010
22	Clare Pierre	20:47	1981
23	Jennifer Klausing	20:50	1999
24	Christine Lindsay	21:05	2007
25	Robin Rapelje	21:10	1998
26	Maylani Siemasz	21:11	2009
27	Catrina Cortese	21:12	2010
28	Traci Rooney	21:14	1983
29	Alicia Hebel	21:19	2001
30	Val Theisen	21:28	1984
31	Tina Fotineas	21:03-21:33	1980
32	Lauren Madrigal	21:43	2000
	Roslyn Frontiera	21:13-21:43	1980







All-Time List - Cont.

Place	Name	Time	Date
34	Gail Hoult	21:17-21:47	1977
35	Kristin Klebba	21:48	2000
	Cindy Borquist	21:18-21:48	1977
37	Rachel Mendoza	21:54	2010
38	Lauren Dybowski	21:57	2012
39	Megan Maxwell	22:02	2011
	Erin McCaffery	22:02	2002
41	Stephani Tasca	22:03	1986
42	Brooke Murray	22:09	2011
43	Emily Croitori	22:10	1995
44	Kristal Denina	22:15	2012
45	Amanda Lack	22:22	2002
46	Kristin Matsumoto	22:24	2005
47	Jovey Haves	22:27	1998
48	Katie Scholler	22:28	2004
	Michelle Lazenby	22:28	1992
50	Denise Cecil	22:34	1983
51	Beth Webster	22:05-22:35	1983
52	Natalie Moesta	22:44	2011
53	Kristen Weiland	22:50	2003
54	Kristen Klingbeil	22:51	2000
55	Brittany Bays	22:55	1995
56	Betsy Bowser	22:57	1993
57	Kelly Boyle	22:29-22:59	1977
58	Amy Braunsteiner	23:00	1988
59	Melanie Hook	23:05	1986
60	Rosemary Keane	23:06	1986
	Rachel Tater	23:06	1983
62	Kristie Greene	23:11	1987
63	Nichole Kunkle	23:13	2004
64	Victoria Stachowski	23:17	2012
	Kaity Ward	23:17	2011
	Kelly Alexander	23:17	1988
67	Courtney Anglin	23:20	2000
68	Jianna Hair	23:25	2001
69	Lindsey Dieck	23:28	2012
	Shannon Donnelly	23:28	1985
71	Hennika Klykken	23:43	1993

Waterford Mott Coaches		
Name	Years	
Amy McNeil (Coughlin)	2005 - present	
Ryan Robinson	2002 - 2004	
Jerry Pachla	1978 - 2001	

Place	Name	Time	Date
72	Tara Twyman	23:46	1997
73	Rebecca Dickerson	23:50	1999
74	Marci Walter	23:56	1995
	Sara Stolnicki	23:56	1997
76	Kathleen Rooney	23:59	2005





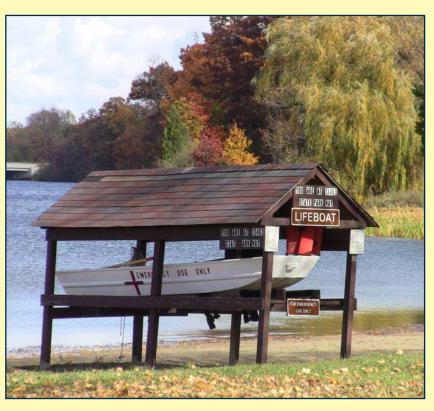
Waterford Mott Cross Country Records - Boys

School Records

Scott Albaugh	15:13	2010
Jeff Ferrell	15:30	1994
Chris Langton	16:07	1986
Ryan Robinson	16:15	1983
Mark Davis	14:49 (3M)	1978

Junior Records

Nate Burnand	15:38	2011
Jeff Ferrell	15:39	1994
Joe Murphy	16:56	1987
Rusty Robinson	16:56	1984
Tony Peters	17:14	1981
Matt Barnard	15:35 (3M)	1977
Fred Leinenger	16:06 (3M)	1976



63

Sophomore Records

Ryan J. Robinson	15:28	2012
Nate Burnand	15:45	2010
Jeff Ferrell	16:04	1992
George Fotineas	17:09	1981
Rick Schaefer	16:13 (3M)	1977
Matt Barnard	16:21 (3M)	1976
Curtis Carter	16:51 (3M)	1975

Freshman Records

Sam Albaugh	15:58	2011
Tommy Osika	17:02	2010
Jeff Ferrell	17:14	1991

Waterford Mott Cross Country Honors - Boys

All-Oakland County

Nate Burnand	2011, 2012
Sam Albaugh	2012
Dane Falberg	2012
Brandon Carson	2011
Ryan Robinson	2011
Scott Albaugh	2010 Champion
lan Hackbarth	2010
Nate Burnand	2010
Jeff Ferrell	1992, 1993, 1994 Champion
Chris Langton	1986
Ryan Robinson	1983
Matt Barnard	1977, 1978
Mark Davis	1978
Pill Povulos	1070



All-Conference

Nate Burnand	2012
Ryan J. Robinson	2012
Dane Falberg	2012
Sam Albaugh	2012

League Championship Teams

2012 (KLAA Lakes North Division): Nate Burnand, Ryan Robinson, Dane Falberg, Sam Albaugh, Tommy Osika, Kyler Bush, Simon Albaugh, Luke Peterson, Brennan Munley

2011 (KLAA Lakes North Division): Sam Albaugh, Nate Burnand, Brandon Carson, Matthew Degraeve, Dane Falberg, Tommy Osika, Ryan Robinson





Waterford Mott State Finalists - Boys

Individuals

State Qualifiers (not part of qualifying team)

Scott Albaugh	2009, 2008
Anthony Spray	2006
David Clingan	1999
Jesse Johnson	1995
Chris Langton	1985
George Fotineas	1983
Mark Timm	1981
Rick Schaefer	1979

All-State

Nate Burnand	2012
Ryan J. Robinson	2012
Nate Burnand	2011
Sam Albaugh	2011

Scott Albaugh 2010 Champion

Nate Burnand 2010 Scott Albaugh 2009

Jeff Ferrell 1994 Champion Jeff Ferrell 1993 Champion

Matt Barnard 1978

Academic All-State

Avg. G.P.A. = 3.679
2012
2012
2012

2011 Team Avg. G.P.A. = 3.432

Tommy Osika 2011 Dane Falberg 2011

2010 Team Avg. G.P.A. = 3.365

Jesse Johnson 1995

Teams

Team – 2012 (State Runners-Up, Regional Champions)

Nate Burnand, Ryan Robinson, Dane Falberg, Tommy Osika, Kyler Bush, Simon Albaugh, Luke Peterson, Sam Albaugh

Team - 2011 (Regional Champions)

Nate Burnand, Brandon Carson, Sam Albaugh, Dane Falberg, Matthew Degraeve, Tommy Osika, Ryan Robinson

Team - 2010

Scott Albaugh, Ian Hackbarth, Nate Burnand, Matthew Degraeve, Dane Falberg, Tommy Osika, David Jackson

Team - 1977

Mark Carter, Matt Barnard, Mark Davis, Phil Fotineas, Eric Pierre, Eric Pelton, Rick Schaefer, Bob Fisher

All-State

Honorable Mention

Chris Langton 1986 Ryan Robinson 1984 Mark Davis 1978



All-Conference - Boys

2012	2002
Nate Burnand	Jared Dean
Ryan J. Robinson	Joey Lopez
Dane Falberg	
Sam Albaugh	2001
	Joe Pritchett
2011	
Nate Burnand	2000
Brandon Carson	Jeff Hagen
Sam Albaugh	
	1999
2010	David Clingan
Scott Albaugh	(runner-up)
(runner-up)	Jeff Hagen
Nate Burnand	David Renne
2009	1998
Scott Albaugh	David Clingan
2000	David Renne
2008	1997
Scott Albaugh Ryan Chute	David Clingan
lan Hackbarth	Michael Wilanowski
iaiiiiackbaitii	Wilchael Wilanowski
2007	1996
Maxime Bellemare	Richard Monk
Ryan Chute	
Scott Albaugh	1995
	David Barth
2006	Jessie Johnson
Anthony Spray	
	1994
2005	Jeff Ferrell
Anthony Spray	(Champion)
Kyle Evans	David Webster
	David Barth
2004	Richard Monk
Jared Dean	
Joey Lopez	1993
	Jeff Ferrell

(Champion)

David Webster

Charlie Anderson

2003

Jared Dean

Joey Lopez

Western 6 1969-1980 Greater Oakland Activities League 1981-1994 Oakland Activities Association 1995-2007 Kensington Lakes Athletic Association 2008

1992 Jeff Ferrell	1985 Chris Langton	1978 Matt Barnard
(Runner-up)	Rustyn Robinson	(Champion)
Joe Condon	Greg Marinak	Mark Davis
David Webster		Eric Pierre
	1984	
1990	Rustyn Robinson	1977
Mark Papenhagen		Matt Barnard
	1983	Mark Davis
1988	Ryan Robinson	Mark Carter
Chris Newman	(Champion)	
(Champion)	George Fotineas	1975
Mark Papenhagen		Curtis Carter
Frank Puddy	1981	
Steve Kelty	Ilie Hentes	1974
Joe Murphy	Ryan Robinson	Bill Bowles (Runner-up)
1987	1980	John Saunders
Chris Newman	Ilie Hentes	
Joe Murphy	Doug Roggen-	
	baum	
1986		
Chris Langton	1979	
(Runner-up)	Eric Pierre	
Joe Murphy	Rick Schaeffer	



Tim Goodwin

Waterford Mott Cross Country All-Time List - Boys

Place	Name	Time	Date	
1	Scott Albaugh	15:13	2010	5k Record
				State Champion
				Regional Champion
				2x All-State
2	Nate Burnand	15:14	2012	3x All-State (2010-2012)
				2x Regional Champion
				(2011,2012)
3	Ryan J. Robinson	15:28	2012	2012 All-State
				2012 Academic All-State
4	Jeff Ferrell	15:30.4	1994	5k Record
				3x All-State
				2x State Champion
5	Brandon Carson	15:50	2011	
6	Dane Falberg	15:55	2012	2011 Academic All-State
7	Sam Albaugh	15:58	2011	All-State
8	Chris Langton	16:07	1986	5k Record
9	Tommy Osika	16:14	2012	2012 Academic All-State
10	Ryan R. Robinson	16:15	1983	5k Record
11 12	Ian Hackbarth Mark Timm	16:16 16:23	2010 1981	Ck Dogged
13	Kyler Bush	16:26	2012	5k Record 2012 Academic All-State
14	David Clingan	16:28	1999	2012 Academic All-State
15	Simon Albaugh	16:43	2012	
16	Elie Hentes	16:44	1981	
17	Matthew Degraeve	16:47	2011	
18	Joe Murphy	16:53	1987	
19	George Fotineas	16:55	1983	
20	Ryan Chute	16:56	2008	
	Rusty Robinson	16:56	1984	
22	Chris Newman	16:58	1988	
23	Luke Peterson	17:00	2012	
24	Josh Robinson	17:02	2009	
25	Jesse Johnson	17:04	1995	
26	Brennan Munley	17:08	2012	
27	David Renne	17:09	1999	Academic All-State
28	Kyle Evans	17:10	2007	
29	Anthony Spray	17:12	2006	
	Joey Lopez	17:12	2004	
31	Tony Peters	17:14	1981	

Waterford Mott Coaches

Name	Years
Ryan Robinson	2005 - present
Jerry Pachla	1974 - 2004
Mike Miley	1970 - 1973
Ray Robinson	1969



2x





All-Time List - Cont.

Place	Name	Time	Date
32	Maxime Bellemare	17:17	2007
33	Jared Dean	17:19	2004
	Mark Papenhagen	17:19	1989
	Paul Richards	17:19	1983
36	Tim Samson	17:23	1981
37	Richard Monk	17:24	1996
38	Joe Pritchett	17:26	2001
39	Greg Marinak	17:27	1985
40	David Webster	17:28	1994
41	Jeff Hagen	17:29	1999
42	Hayden Schaeffer	17:31	2009
43	Donald Hyde	17:34	1999
44	David Barth	17:40	1995
45	Michael Wilanowski	17:41	1997
46	Brian Ritter	17:42	1983
47	Joe Condon	17:46	1992
48	Richard Bray	17:48	1996
	Randy Robinson	17:48	1986
50	Mark Ruckey	17:52	1984
51	Chris Wisniewski	17:53	1999
52	Steve Kelty	17:55	1988
53	Josh Sterns	17:58	1998
54	David Jackson	17:59	2012
	Brandon Hahn	17:59	2001
	Mike Taylor	17:59	1985
57	Frank Puddy	18:00	1988
	Charlie Anderson	18:00	1994
59	Logan Ward	18:01	2012
60	Dana Houle	18:03	1981

Place	Name	Time	Date
61	John Hurley	18:04	1981
62	Nick Schoonover	18:10	2006
63	Mark Stechow	18:11	1994
64	Scott Herriman	18:15	1988
	Rob McConkey	18:15	2008
66	Victor Huerta	18:18	1991
67	Kevyn Robinson	18:20	2011
68	Matt Grundy	18:23	2005
69	Rob Wilson	18:24	1985
70	Max Falberg	18:25	2012
71	Kurien Thomas	18:37	1995
72	Justin Spaysky	18:41	1991
73	Brad Wojcik	18:45	2012
	Zach Sheck	18:45	1996
75	Matt Thayer	18:47	2012
76	Dan Ressnell	18:51	1993
77	Jeremy Janson	18:52	1998
78	Zach Behler	18:53	1997
	Robert Vogt	18:53	1991
80	Lukasz Paszek	18:54	1993
81	Rob Stafford	18:57	1990
82	Jon Kelty	18:58	1986
83	Rich Delong	18:59	1984







Waterford Mott Cross Country All-Time 3 Mile List - Boys

Place	Name	Time	Year
1	Mark Davis	14:49	1978
2	Matt Barnard	15:04	1978
3	Rick Schaeffer	15:32	1979
	Eric Pierre	15:32	1979
5	Mark Carter	15:34	1977
6	Bill Bowles	15:53	1974
7	Don Bennett	16:04	1972
8	Fred Leinenger	16:06	1976
9	Curtis Carter	16:08	1975
10	Tim Goodwin	16:14	1980
11	Eric Pelton	16:17	1979
12	Phil Fotineas	16:23	1977
13	Clyde Crandall	16:26	1974
14	Mike Straka	16:36	1975
15	Marty Davis	16:41	1978
16	Doug Roggenbaum	16:46	1980
17	John Saunders	16:47	1975
18	Doug Schaller	16:56	1973
19	Steve Cooperider	16:58	1976
20	Don Tuttle	17:05	1979
21	Scott Carpenter	17:08	1975
22	Bob Wooderson	17:16	1976
23	Jerry Steinhelper	17:12	1980
24	Joe Deflorio	17:17	1975



















Special thanks to Scott Albaugh, Sr., Chris Falberg and Coach Robinson for their hard work in preparing the home course for the big meets.





Waterford Mott Cross Country - 2012 Girls' Results Summary (8/31-10/02)

Name	Golden Grizzly	WLC	Spartan	WLW	WLN	Mott Fall Classic	Kettering
Kristal Denina	76 - 24:52	24:43	249 - 23:11	dnr	23:21	23:09	23:12
Lauren Dybowski	dnr	23:52	237 - 22:28	23:03	22:25	36 - 22:06	22:50
Sarah Hale	2 - 20:22	20:44	86 - 19:48	20:48	20:12	10 - 19:59	dnr
Courtney Munley	11 - 21:14	20:55	67 - 19:31	20:35	20:35	14 - 20:26	22:15
Savannah Schaeffer	21 - 21:55	22:14	156 - 20:38	22:01	20:51	17 - 20:38	22:15
Bailie Strong	32 - 22:18	22:14	157 - 20:52	22:01	21:21	21 - 20:43	22:15
Daya Wagh	9 - 21:06	20:32	58 - 19:26	19:53	19:37	3 - 18:57	22:15
Alison Crosley	dnr	dnr	dnr	dnr	dnr	30:06	dnr
Lindsey Dieck	104 - 28:11	24:56	24:05	24:47	25:34	25:00	dnr
Sabrina Gappy	27:10	28:03	26:57	dnr	28:10	26:44	26:55
Danielle Jenkins	33:08	dnr	dnr	dnr	dnr	dnr	dnr
Megan Maxwell	106 - 29:27	dnr	dnr	dnr	dnr	dnr	dnr
Natalie Moesta	dnr	dnr	23:33	dnr	25:53	24:57	25:07
Brooke Murray	dnr	26:26	24:29	25:28	24:16	66 - 24:33	25:15
Nilam Patel	dnr	dnr	dnr	dnr	dnf	dnr	dnr
Taylor Richards	32:47	30:14	27:39	29:56	26:21	25:53	26:21
Victoria Stachowski	dnr	dnr	dnr	dnr	dnr	dnr	25:09
Ericka Yeiter	28:50	27:53	26:35	27:00	27:46	26:25	26:36
Corinn Yoder	95 - 26:46	26:34	25:24	25:27	25:00	25:01	25:28
	3rd	15-46 W	18th	15-45 W	19-36 W	2nd	15-50 W



Waterford Mott Cross Country - 2012 Girls' Results Summary (10/6-11/3)

	Oakland					Lakeland	
Name	Co.	Lakeland	Oxford	KLAA	Regional	9/10	State
Kristal Denina	139 - 22:54	23:05	75 - 22:45	60 - 22:49	62 - 22:24		226 - 22:15
Lauren Dybowski	113 - 22:22	dnr	69 - 22:35	49 - 22:04	51 - 21:57		222 - 22:00
Sarah Hale	18 - 19:46	20:14	8 - 20:05	5 - 19:43	14 - 19:35		80 - 19:06
Courtney Munley	27 - 20:03	20:42	3 - 19:28	9 - 19:58	18 - 19:50		130 - 19:39
Savannah Schaeffer	35 - 20:29	20:53	11 - 20:19	14- 20:07	22 - 20:13		147 - 19:47
Bailie Strong	62 - 21:13	dnr	13 - 20:20	24 - 20:38	36 - 20:59		179 - 20:18
Daya Wagh	12 - 19:15	19:37	2 - 19:07	3 - 19:17	3 - 18:52		29 - 18:32
Alison Crosley	dnr	dnr	dnr	dnr	28:05		
Lindsey Dieck	24:49	25:13	101 - 23:47	23:28	23:41	57 - 24:15	
Sabrina Gappy	26:43	26:51	dnr	25:17	25:20	80 - 25:36	
Danielle Jenkins	dnr	dnr	dnr	dnr	dnr		
Megan Maxwell	dnr	26:59	dnr	26:15	24:58		
Natalie Moesta	dnr	24:23	dnr	23:51	24:44		
Brooke Murray	25:17	25:47	117 - 25:06	24:14	26:09	66 - 24:44	
Nilam Patel	dnr	35:00	dnr	34:49	dnr	116 - 35:33	
Taylor Richards	26:50	26:45	dnr	26:19	25:49		
Victoria Stachowski	27:11	dnr	dnr	dnr	23:35	35 - 23:17	
Ericka Yeiter	27:07	26:11	dnr	25:40	25:28	95 - 26:28	
Corinn Yoder	24:49	25:12	106 - 24:09	24:21	24:14	65 - 24:41	
	4th	22-35 W	1st	2nd	3rd	12th	20th



Waterford Mott Cross Country - 2012 Boys' Results Summary (8/31-10/02)

Name	Golden Grizzly	WLC	Spartan	WLW	WLN	Mott Fall Classic	Kettering
Sam Albaugh	11 - 17:07	17:43	18 - 16:03	17:27	dnr	7 - 16:58	dnr
Simon Albaugh	51 - 18:33	18:39	122 - 17:18	19:17	18:33	dnr	dnr
Nathan Burnand	2 - 15:57	17:37	1 - 15:21	16:45	16:02	1 - 15:44	16:50
Kyler Bush	29 - 17:56	18:10	81 - 16:58	17:58	17:16	13 - 17:16	17:48
Dane Falberg	39 - 18:13	17:56	48 - 16:32	17:44	16:46	6 - 16:46	17:12
Brennan Munley	24 - 17:53	18:15	104 - 17:08	18:23	17:54	33 - 17:51	18:45
Tommy Osika	45 - 18:28	17:37	58 - 16:41	17:30	17:03	36 - 17:53	dnr
Luke Peterson	47 - 18:30	18:17	17:28	18:03	17:31	24 - 17:34	17:53
Ryan Robinson	3 - 16:17	17:38	dnr	dnr	dnr	dnr	dnr
Devon Amesse	dnr	23:58	dnr	22:43	22:14	21:32	22:03
Nick Arnold	23:05	23:02	21:11	22:38	22:30	20:51	22:19
Seth Byle	21:22	20:40	19:20	19:39	20:34	20:25	19:56
Kou Chang	dnr	dnr	dnr	dnr	dnr	22:50	24:19
Max Falberg	21:39	21:33	19:39	20:30	20:44	19:41	19:32
Chase Furton	dnr	dnr	dnr	dnr	dnr	22:09	22:50
David Jackson	54 - 18:37	18:56	17:53	18:37	18:08	18:02	18:05
Mike Newton	dnr	dnr	dnr	dnr	dnr	dnr	dnr
Brad O'connor	21:34	21:59	20:24	21:32	21:20	20:56	21:11
Matt Thayer	19:36	19:35	18:47	19:44	19:24	19:02	19:24
Logan Ward	19:59	19:22	18:34	dnr	19:00	19:21	18:59
Brad Wojcik	20:09	20:43	18:59	20:29	19:31	19:32	19:22
Kyle Wojcik	21:27	21:33	20:10	20:45	20:45	20:16	20:20
	1st	15-50 W	1st	19-44 W	26-29 W	1st	19-42 W



Waterford Mott Cross Country - 2012 Boys' Results Summary (10/06-11/03)

	Oakland					Lakeland	
Name	Co.	Lakeland	Oxford	KLAA	Regional	9/10	State
Sam Albaugh	8 - 16:31	17:33	dnr	16 - 16:36	4 - 16:22	dnr	
Simon Albaugh	dnr	17:50	dnr	18:08	17:21	dnr	139 - 16:43
Nathan Burnand	2 - 15:53	16:30	dnr	3 - 15:50	1 - 15:52	dnr	3 - 15:14
Kyler Bush	53 - 17:24	18:00	dnr	32 - 17:11	31 - 17:14	dnr	100 - 16:26
Dane Falberg	17 - 16:44	16:49	dnr	9 - 16:26	7 - 16:29	dnr	44 - 15:55
Brennan Munley	67 - 17:35	17:49	dnr	44 - 17:39	17:58	dnr	
Tommy Osika	47 - 17:20	17:39	dnr	28 - 17:07	13 - 16:40	dnr	67 - 16:14
Luke Peterson	75 - 17:44	18:00	dnr	17:36	43 - 17:28	7 - 17:50	180 - 17:00
Ryan Robinson	dnr	dnr	dnr	8 - 16:26	3 - 16:05	dnr	9 - 15:28
Devon Amesse	dnr	21:33	dnr	19:48	20:16	105 - 21:01	
Nick Arnold	dnr	20:54	dnr	20:37	19:44	65 - 19:45	
Seth Byle	19:59	20:04	dnr	19:36	19:08	dnr	
Kou Chang	dnr	22:33	dnr	22:58	23:50	dnr	
Max Falberg	19:14	19:02	dnr	18:49	18:37	23 - 18:25	
Chase Furton	dnr	dnr	dnr	23:42	25:05	dnr	
David Jackson	18:06	18:10	dnr	17:59	18:10	dnr	
Mike Newton	dnr	dnr	dnr	dnr	dnr	177 - 25:41	
Brad O'connor	dnr	20:05	dnr	19:26	19:29	55 - 19:30	
Matt Thayer	19:14	19:09	dnr	19:26	19:07	dnr	
Logan Ward	18:54	19:21	dnr	18:34	18:01	22 - 18:25	
Brad Wojcik	19:07	19:08	dnr	18:49	18:45	dnr	
Kyle Wojcik	20:00	20:02	dnr	19:37	19:22	67 - 19:49	
	2nd	22-39 W		2nd	1st	5th	2nd



Golden Grizzly Invite @ Oakland University August 31, 2012

Boys' Team Results

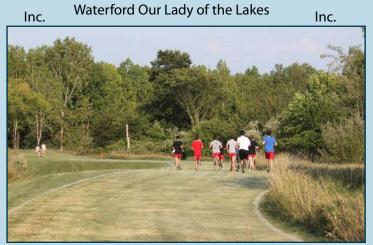
Girls' Team Results

Place	School	Score	Place	School	Score
1	Waterford Mott	69	1	Clarkston	67
2	Walled Lake Northern	97	2	Regina	71
3	Lake Orion	101	3	Waterford Mott	75
4	Brother Rice	118	4	Troy	80
5	Port Huron Northern	126	5	Notre Dame Prep	178
6	Rochester	196	6	Lake Orion	181
7	Troy	219	7	Troy Athens	181
8	Flushing	225	8	Rochester	190
9	Divine Child	238	9	Andover	240
10	Marlette	242	10	Cranbrook/Kingswood	249
11	De LaSalle	270	11	Warren Mott	316
12	GP North	304	12	Waterford Our Lady of the Lakes	325
13	Waterford Kettering	380	13	Oakland Christian	399
14	Andover	393	Inc.	Ferndale	Inc.
15	Troy Athens	397			
16	Notre Dame Prep	417			
17	Ferndale	441		A A MARINE	
1Ω	Cranbrook/Kingswood	508			

508

570

Inc.



Oakland Christian

Warren Mott



18

19

Inc.

Spartan Invitational @ MSU's Forest Acres East Golf Course September 14, 2012

Team Results - Elite Boys

Team Results - Elite Girls

Place	Score	School	Place	Score	School
1	191	WATERFORD MOTT 6th: 99th	1	86	GROSSE POINTE SOUTH
2	191	SALINE 6th: 114th	2	131	SALINE
3	203	ROMEO	3	196	BIRMINGHAM SEAHOLM
4	266	ROCKFORD	4	206	NORTHVILLE
5	280	ST. JOSEPH	5	257	GRANDVILLE
6	306	DEFIANCE	6	270	BRIGHTON
7	309	HARTLAND	7	307	ROCKFORD
8	331	WALLED LAKE NORTHERN	8	325	EAST LANSING
9	333	SAGINAW HERITAGE	9	342	HUDSONVILLE
10	340	LAKE ORION	10	360	SYLVANIA NORTHVIEW
11	375	BEAVERCREEK	11	382	TRAVERSE CITY CENTRAL
12	405	MASON	12	390	EAST GRAND RAPIDS
13	413	STRONGSVILLE	13	407	CEDAR SPRINGS
14	425	DEXTER	14	453	ROCHESTER ADAMS
15	434	SYLVANIA NORTHVIEW	14	453	LIVONIA CHURCHILL
16	441	CEDAR SPRINGS	16	473	GRAND RAPIDS CHRISTIAN
17	449	NORTHVILLE	17	489	MIDLAND DOW
18	464	GRANDVILLE CALVIN CHRISTIAN	18	508	WATERFORD MOTT
19	474	TRAVERSE CITY CENTRAL	19	532	GRAND HAVEN
20	510	MARLETTE	20	550	CLARKSTON
20	510	GRAND RAPIDS CHRISTIAN	21	557	DEWITT
22	516	GRANDVILLE	22	566	TROY
23	565	HUDSONVILLE	23	570	DEXTER
24	624	ROCHESTER ADAMS	24	578	BENZONIA BENZIE CENTRAL
25	641	WYANDOTTE ROOSEVELT	24	578	GRANDVILLE CALVIN CHRISTIAN
26	664	ROCHESTER HILLS STONEY CREEK	26	591	OXFORD
27	669	OXFORD	27	614	STRONGSVILLE
28	689	LINDEN	28	669	ROCHESTER
29	715	LANSING CATHOLIC	29	677	ST. JOSEPH
30	716	BENZONIA BENZIE CENTRAL	30	678	GRAND LEDGE
31	718	GRAND HAVEN	31	759	TEMPERANCE BEDFORD
32	733	TEMPERANCE BEDFORD	32	818	PLAINWELL
33	770	EAST LANSING	33	847	HARTLAND
34	780	MATTAWAN	34	890	ROCHESTER HILLS STONEY CREEK
35	821	MIDLAND DOW	35	935	WEST BLOOMFIELD
36	830	EVART	36	1036	MATTAWAN
37	898	BIG RAPIDS			

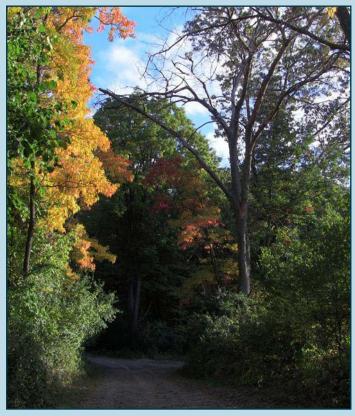


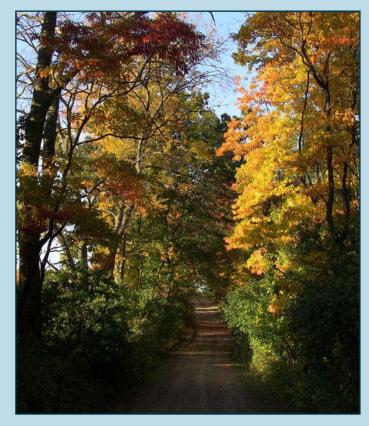


Waterford Mott Fall Cross Country Classic @ Hess-Hathaway Park September 28, 2012

Boys' Team Results

Place	School	Score	Place	School	Score
1	Waterford Mott	51	1	Northville	38
2	Northville	67	2	Waterford Mott	61
3	Lake Orion	91	3	Oxford	95
4	White Lake Lakeland	118	4	Beverly Hills Wylie E Groves	153
5	Bloomfield Hills Brother Rice	126	5	White Lake Lakeland	156
6	Novi	169	6	Lake Orion	158
7	Oxford	173	7	Novi	175
8	Waterford Kettering	195	8	Beverly Hills Detroit Country Day	198
9	West Bloomfield	295	9	Farmington	215
10	Beverly Hills Wylie E Groves	297	10	West Bloomfield	224
11	Beverly Hills Detroit Country Day	309	11	Auburn Hills Avondale	241
12	Our Lady Of The Lakes	329	Inc.	Birmingham Roeper	Inc.
13	Auburn Hills Avondale	351	Inc.	Our Lady Of The Lakes	Inc.
14	Birmingham Roeper	389			





Oakland County Championships @ Kensington Metropark October 06, 2012

Boys' Team Results

41

Inc.

1281 Clawson

Inc. Southfield Christian Inc. Pontiac High School

		20,0 100 1100000			
Place	Score	School	Place	Score	School
1	43	Highland Milford	1	47	Birmingham Seaholm
2	125	Waterford Mott	2	138	Clarkston
3	187	Lake Orion	3	143	Highland Milford
4	216	Novi Detroit Catholic Central	4	154	Waterford Mott
5	265	Rochester Adams	5	228	Oxford
6	267	Walled Lake Northern	6	230	Troy
7	269	Bloomfield Hills Lahser	7	268	Lake Orion
8	342	Birmingham Seaholm	8	269	Bloomfield Hills Lahser
9	350	White Lake Lakeland	9	283	Rochester Adams 283
10	365	Troy	10	333	White Lake Lakeland
11	375	Royal Oak	11	347	Walled Lake Northern
12	396	South Lyon	12	350	Rochester
13	397	Rochester	13	399	Beverly Hills Wylie E Groves
14	410	Bloomfield Hills Brother Rice	14	435	Bloomfield Hills Cranbrook Kingswood
15	425	Holly	15	452	Farmington Hills North Farmington
16	447	Oxford	16	481	Bloomfield Hills Andover
17	458	Novi	17	488	Pontiac Notre Dame Prep
18	463	Stoney Creek	18	496	Farmington Hills Mercy
19	484	Berkley	19	512	Farmington
20	501	Clarkston	20	551	Walled Lake Western
21	502	Walled Lake Western	21	558	West Bloomfield
22	579	Orchard Lake St Marys Prep	22	575	Stoney Creek
23	579	Bloomfield Hills Andover	23	591	Berkley
24	615	Farmington	24	596	Beverly Hills Detroit Country Day
25	637	Walled Lake Central	25	613	Royal Oak
26	660	Waterford Kettering	26	633	Auburn Hills Avondale
27	767	Ortonville Brandon	27	666	Ortonville Brandon
28	832	Beverly Hills Wylie E Groves	28	707	Birmingham Marian
29	838	West Bloomfield	29	717	Our Lady Of The Lakes
30	860	Pontiac Notre Dame Prep	30	742	Novi
31	900	Auburn Hills Avondale	31	844	Auburn Hills Oakland Christian
32	920	South Lyon East	32	876	Waterford Kettering
33	950	Beverly Hills Detroit Country Day	7700000		
34	983	Hazel Park		CONT.	
35	994	Troy Athens			The state of the s
36	1018	Our Lady Of The Lakes			
37	1027	3			
38	1062			3 11/1/1	
39		Birmingham Roeper	8 SH 3	3/10/	
40	1192	Auburn Hills Oakland Christian		110/	



Oxford Invitational @ Oxford Hills Country Club October 12, 2012

Place	School	Score
1	Waterford Mott	37
2	Walled Lake Northern	75
3	Oxford	82
4	Lake Orion	117
5	Bloomfield Hills Cranbrook Kingswood	172
6	Marysville	192
7	Stoney Creek	207
8	Croswell Lexington	208
9	Bloomfield Hills Lahser	217
10	Rochester	220
11	Port Huron Northern	228
12	Ortonville Brandon	278
13	Auburn Hills Avondale	313
14	West Bloomfield	410
15	Waterford Kettering	443
Inc.	Troy Athens	Inc.
Inc.	Algonac	Inc.
Inc.	Christian Leadership Academy	Inc.







KLAA Lakes Conference Championships @ Island Lake State Recreation Area October 18, 2012

Boys' Team Results

Girls' Team Results

Place	School	Score	Place	School	Score
1	Milford	41	1	Brighton	29
2	Waterford Mott	64	2	Waterford Mott	55
3	Grand Blanc	102	3	Milford	90
4	Hartland	107	4	Walled Lake Northern	110
5	Walled Lake Northern	135	5	Lakeland	143
6	Pinckney	156	6	Howell	169
7	Brighton	181	7	Hartland	181
8	Lakeland	189	8	Pinckney	219
9	Howell	241	9	Grand Blanc	234
10	Walled Lake Western	285	10	Walled Lake Western	269
11	Walled Lake Central	296	11	Walled Lake Central	355
12	Waterford Kettering	319	12	Waterford Kettering	360

KLAA Lakes Conference - Boys

KLAA Lakes Conference - Girls

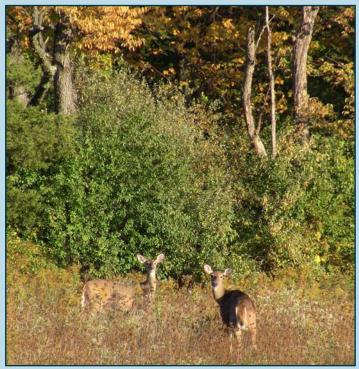
North Division	W	L	North Division	W	L
Waterford Mott *	5	0	Waterford Mott *	5	0
Walled Lake Northern	4	1	Walled Lake Northern	4	1
Lakeland	3	2	Lakeland	3	2
Walled Lake Western	2	3	Walled Lake Western	2	3
Walled Lake Central	2	3	Walled Lake Central	1	4
Waterford Kettering	0	5	Waterford Kettering	0	5
* Indicates Division Champion			* Indicates Division Champion		



MHSAA Regional Championships (7-1) @ Hess-Hathaway Park October 27, 2012

Boys' Team Results

Place	School	Score	Place	School	Score
1	Waterford Mott	28	1	Birmingham Seaholm	29
2	Northville	84	2	Northville	68
3	Walled Lake Northern	87	3	Waterford Mott	93
4	Novi Detroit Catholic Central	112	4	Walled Lake Northern	155
5	Bloomfield Hills Brother Rice	170	5	White Lake Lakeland	172
6	White Lake Lakeland	174	6	Farmington Hills North Farmington	208
7	Birmingham Seaholm	207	7	Beverly Hills Wylie E Groves	224
8	Walled Lake Western	235	8	Farmington Hills Mercy	240
9	West Bloomfield	283	9	Farmington	245
10	Novi	289	10	Novi	281
11	Walled Lake Central	293	11	Walled Lake Western	291
12	Farmington	323	12	West Bloomfield	297
13	Farmington Hills Harrison	342	13	Farmington Hills Harrison	331
14	Waterford Kettering	358	14	Walled Lake Central	358
15	Beverly Hills Wylie E Groves	421	15	Waterford Kettering	420
16	Farmington Hills North Farmington	423			





Lakeland Freshman / Sophomore Invite @ Lakeland High School October 30, 2012

Boys' Team Results

Place	School	Score	Place	School	Score
1	Pinckney	60	1	Lake Orion	54
2	Lake Orion	102	2	Walled Lake Northern	67
3	Walled Lake Central	104	3	Pinckney	101
4	Novi	121	4	Howell	113
5	Waterford Mott	158	5	White Lake Lakeland	150
6	Highland Milford	175	6	Canton Salem	161
7	Hartland	180	7	Farmington	201
8	Novi Detroit Catholic Central	208	8	Walled Lake Central	237
9	White Lake Lakeland	217	9	Beverly Hills Wylie E Groves	240
10	Howell	239	10	Novi	240
11	Oxford	253	11	Waterford Kettering	277
12	Bloomfield Hills Lahser	316	12	Waterford Mott	284
13	Beverly Hills Wylie E Groves	357	13	Highland Milford	293
14	Walled Lake Northern	382	14	Bloomfield Hills Lahser	294
15	Farmington	488	12	Waterford Kettering	360





MHSAA State Finals (Division 1) @ Michigan International Speedway November 03, 2012

Boys' Team Results

Place	Score	School	Place	Score	School
1	83	Highland-Milford	1	69	Birmingham Seaholm
2	167	Waterford Mott	2	88	Grosse Pointe South
3	186	Rockford	3	101	Saline
4	189	Romeo	4	244	Traverse City Central
5	211	Ann Arbor Pioneer	5	265	Northville
6	223	Saline	6	273	Sterling Heights Stevenson
7	271	Pinckney	7	277	Brighton
8	286	Dexter	8	297	Salem
9	296	Hartland	9	306	Grand Haven
10	305	Traverse City Central	10	313	Rockford
11	308	Northville	11	338	Rochester Adams
12	344	Port Huron Northern	12	343	Grandville
13	361	Clarkston	13	365	Oxford
14	372	Walled Lake Northern	14	373	Clarkston
15	374	Grand Blanc	15	374	Hudsonville
16	375	Royal Oak	16	422	Caledonia
17	436	Saginaw Heritage	17	425	Midland Dow
18	440	Salem	18	426	Grand Ledge
19	468	Grand Haven	19	434	Highland-Milford
20	471	Hudsonville	20	449	Waterford Mott
21	494	Grand Ledge	21	469	Livonia Churchill
22	508	Grand Rapids Kenowa Hills	22	475	East Lansing
23	516	Livonia Stevenson	23	503	Dexter
24	556	Portage Central	24	520	Troy
25	563	Wyandotte Roosevelt	25	691	Temperance Bedford
26	577	Troy	26	738	Davison
27	591	Grosse Pointe South	27	761	Brownstown-Woodhaven
28	750	Portage Northern			

















































Thank You's

Special thanks to everyone who contributed to the 2012 season, including:

Scott Albaugh, Sr. & Waterford School District Workers-Thanks for making our course one of the most beautiful around and something to be proud of.

CC Parents & Families- Thank you for making it possible to host great meets this year, and thank you for all of your support of us all season long.

Paul Degraeve- Thank you for continuing to contribute to our program and the help and guidance you have given to Ashlei.

Ashlei Campbell- Thank you for creating our booklet this year. Special thanks to Ashlei for all of her hard work this fall!

Beth Burnand – Thanks for the behind the scenes photography.

Rod Yeacker & Rotpac Racing- You really made our invitational and regional run smoothly!

Mr. Dorn, Mr. Blomquist, Mr. Wiseman - Thank you for your support of us all season long, especially your efforts for the third annual "Champion's Walk" and your help hosting the regional.

Marvin Goodwin at the Oakland Press - Thank you for your thoughtful coverage of the team this fall.

Mr. Kutchey- Thank you for helping to make our invitational and our regional such a success.

Nick & Anne at Boyne Valley Lodge- Thanks for another great year of camp!

Karen Laszlo- Thank you for helping spread the word about the wonderful things WMXC was up to this year! **Rachel Tincknell** – Thank you for keeping our team on its feet and going the extra kilometer this season…it really helped!

Michelle Robinson- Thank you for your help at our meets, having us at your home all summer, baking us granola bars, and taking such good care of us!

Paul and Linda Coughlin & Runnin' Gear- Thank you for scoring our dual meets, having us at your house during the summer, sponsoring our post-season adventures, and making sure that we are always taken care of. We love the hats!

Overtyme Bar & Grill- Thanks for a great post-meet party!

Coach Robinson & Coach McNeil



Prepared by MagCloud for Paul Degraeve. Get more at pjdmpd.magcloud.com.