

# Waterford Mott High School



Preseason Highlights  
Summer Camp  
Meet Statistics  
School Records  
Individual / Team Honors

## 2011 Cross Country

# *Waterford Mott Corsairs*

## Contents

3 Coaches' Perspectives

## Preseason Practice

5 Robinson's  
7 Coughlin's  
9 Hess-Hathaway  
11 Oakland Community College  
13 The Farm  
15 Mott High School

## Summer Camp

17 Day 1 - August 23, 2011  
21 Day 2 - August 24, 2011  
26 Day 3 - August 25, 2011  
30 Day 4 - August 26, 2011

## Meets

31 08/31/2011 - End of Summer Classic @ Huron Meadows  
33 09/12/2011 - Mott vs. Walled Lake Western @ Hess-Hathaway Park  
35 09/16/2011 - Spartan Invitational (Elite Class)  
@ MSU's Forest Acres East Golf Course  
37 09/20/2011 - Mott vs. Walled Lake Northern @ Richardson Park  
39 09/24/2011 - Walled Lake Western Invitational @ Gilbert-Willis Park  
40 09/24/2011 - Practice @ Diehl's Cider Mill  
41 09/27/2011 - Mott vs. Kettering @ Hess-Hathaway



# 2011 Cross Country

## Meets

- 43 09/30/2011 - Mott Fall Classic @ Hess-Hathaway
- 45 10/05/2011 - Mott vs. Lakeland @ Hess-Hathaway
- 47 10/08/2011 - Oakland County Championships @ Kensington Metropark
- 49 10/11/2011 - Mott vs. Walled Lake Central @ Richardson Park
- 51 10/14/2011 - Oxford Invitational @ Oxford Hills Country Club
- 53 10/20/2011 - KLAA Lakes Conference Championships  
@ Island Lake State Recreation Area
- 55 10/29/2011 - MHSAA Regional Championships (7-1) @ Hess-Hathaway
- 59 11/01/2011 - Lakeland Freshman / Sophomore Meet  
@ Lakeland High School
- 61 11/05/2011 - MHSAA State Finals @ Michigan International Speedway
- 63 11/13/2011 - Nike Cross Midwest Regional  
@ LaVern Gibson XC Course, Terre Haute, Indiana

## Cross Country Stats

- 65 Girls' Records / Honors (Conference, County, League)
- 67 Girls' State Finalists
- 69 Girls' All-Time List
- 71 Boys' Records / Honors (Conference, County, League)
- 73 Boys' State Finalists / All-Conference
- 75 Boys' All-Time List
- 77 Boys' All-Time 3 Mile List
- 79 Meet Summary - Individuals
- 83 Complete Team Scores (Spartan, Oakland County, Conference, Regional, and State Meet)
- 88 Mott Coaches
- 90 Thank You's and Team Photo



## *Coaches' Perspectives*

To me, the 2011 season will always represent the realization of some of my long term coaching goals. First of all, having twenty girls on the cross country roster is something that made me proud each and every day! It wasn't always easy, with a bigger team, we (the captains and I) had more inter-team conflict, more logistical details to address, and a tough task of uniting the team and keeping the "family feel" that is so important to all of us. But bigger numbers are essential in elevating our team to the level that we all know it can achieve, and I hope to see this trend continue as the years go on.

Hannah and Katelynn will always be very, very special seniors to me, not only because of the way they grew throughout the season and the 100% commitment they gave to the team, but because they are the first class to come through that has never NOT been to the State Finals as part of a team. It has always been a goal of mine to make taking the team to the State Finals an expected part of the season, and with these girls, I've gotten to see that goal realized.

Our camp was outstanding for the second year in row, and I think we have found WMCC's "summer home" at Walloon Lake. It's a place and a time that we can go back to in our minds at various points in the season when the going gets tough and we need some confidence and perspective.

Our first time being 5-0 in the division, our best conference finish ever (2nd), and our outstanding performance at the regional (hosted at Hess-Hathaway!) will be highlights of the 2011 season for the years to come. As always, there were bumps along the way, but the way this team responded to the obstacles with grace, class, and toughness is what matters most!

Go Blue!

Coach Coughlin



Fielding our biggest team in the history of Mott Cross Country presented itself with an exciting host of new opportunities and challenges. Early in the summer, with a great many new faces and veterans who were seasoned in our traditions, I was comforted to see the freshmen attentive to the leadership of the elder statesmen and hungry to carve out their places on the team. As the summer progressed and the tempo and intensity of the training increased, so too did my expectations for this year's team.

It was exciting to go into the season with the strongest team of my coaching career. By the end of August our individual and team "Goals Board" was heady, with 5 of our top 7 indicating that all-state honors were on their radar. The team goals were the sort of which I would not have dreamed two years ago. They included being undefeated in our Division and undefeated at Hess-Hathaway, winning the Oakland County Championships, winning our Regional and placing in the top five at the State Meet. I was glad they saw in themselves what I believed could happen as I watched them practice.

Making sure that attention was given to each of the individuals on the team was my biggest challenge of the year. With twenty-four runners I had my hands full and struggled every practice to touch base with each athlete to get an idea of how they were feeling. From a returning All-Stater to newbies who needed a compass, I wanted to make sure that everyone understood what their goals should be and let them know how I felt about their progress. The most lasting memories from a season spent running cross country are not the wins and losses, but rather, the lessons learned from the process of achieving individual goals, the team bonding, the heightened self-awareness from getting to know yourself through physically uncomfortable experiences, and learning to understand your physical and emotional needs. I feel that my most important role as a coach is to mentor my athletes through this process and I truly enjoy coaching this sport because it offers that opportunity. I feel that the kids who ran this season learned more from the tutelage of their peers than ever before. As their coach, I learned a tremendous amount from this year's group, not the least of which was managing a large and eager team. Our team will benefit from all of these lessons for years to come.

As the season wound to an end and our standings in the League, County, and State matched, fell short of, and surpassed our team goals I reflected on the many successes we experienced this year. We had our largest and most diverse group of runners ever enjoy each other's company for four months. Friendships were formed by athletes and parents that will last long after the spikes have been hung-up. We generated excitement in our program that gave people in the community and alumni a sense of pride, and we have nice kids with wonderful chemistry who others want to be around. I have the feeling that the successes of this season will provide the foundation for even greater opportunities in the future. I thank you for all of this and I am grateful to be your coach.

Coach Robinson



Soon after the school year ends in June, the athletes of the Mott Cross Country team know that it's time to start building base miles in preparation for the fall season. If they haven't already started, their summer training officially begins at the first team practice at Coach Robinson's. It's an exciting reunion for everyone and a time to meet the new team members. If you pay close attention, you'll likely see athletes who have graduated and even some from other schools.



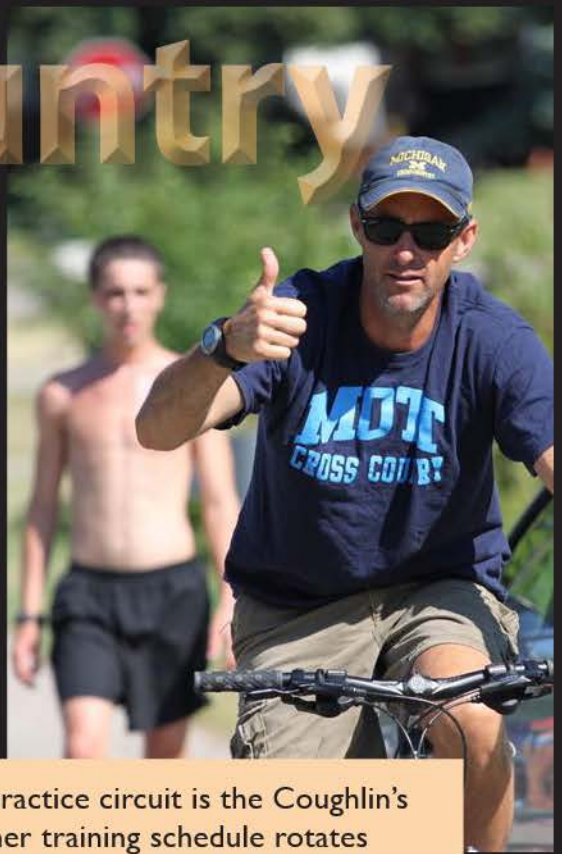


# Practice @ Coughlin's

## July 8, 2011



# Cross Country

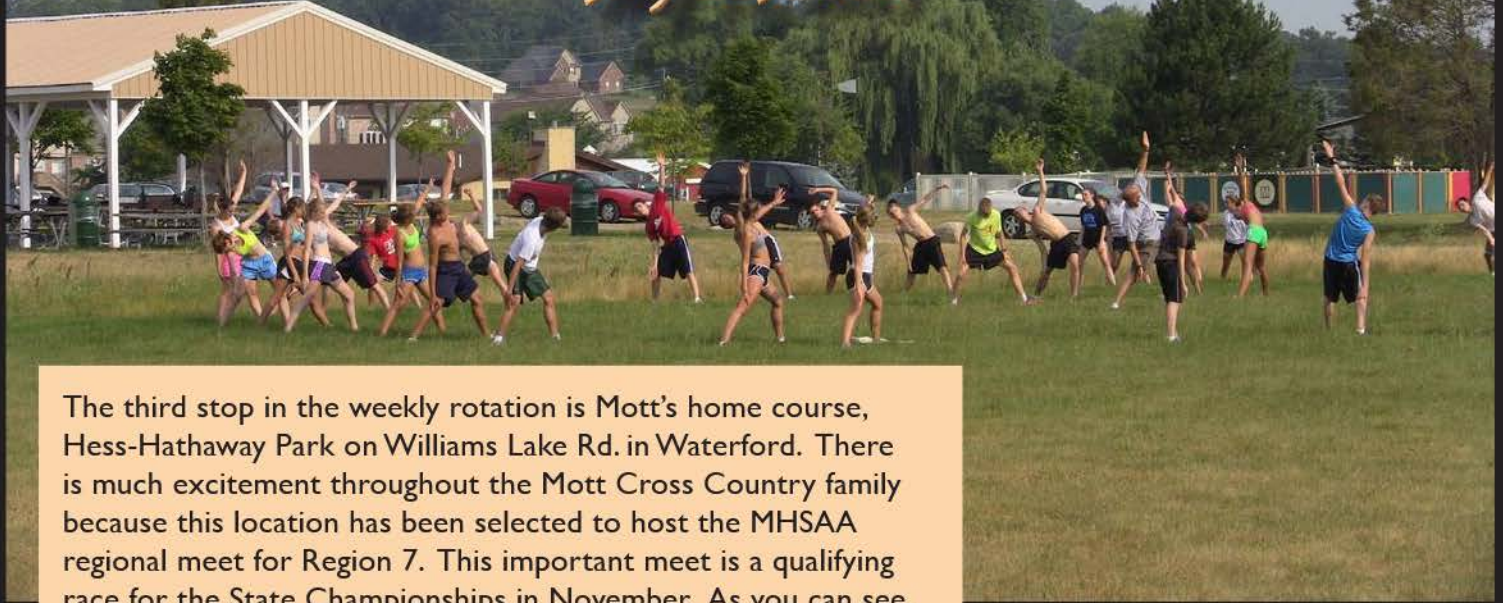


The next stop on the summer practice circuit is the Coughlin's house on Loon Lake. The summer training schedule rotates between three locations with several others added as the training progresses. This variety keeps it interesting and far from routine. Of course, a little fun after a good workout is always welcome.



# Practice @ Hess-Hathaway

## July 11, 2011



The third stop in the weekly rotation is Mott's home course, Hess-Hathaway Park on Williams Lake Rd. in Waterford. There is much excitement throughout the Mott Cross Country family because this location has been selected to host the MHSAA regional meet for Region 7. This important meet is a qualifying race for the State Championships in November. As you can see, the course needs a little attention before it is ready for the 16 team field. The coaches, parents, athletes, and Waterford Mott are definitely ready for the challenge. They are determined to make this site a showplace for High School Cross Country racing.



# Training





The Oakland Community College Campus near Hess-Hathaway park is frequently used throughout the season as a place to run workouts. The large open field out front makes a great place for the coaches to time and observe interval training.



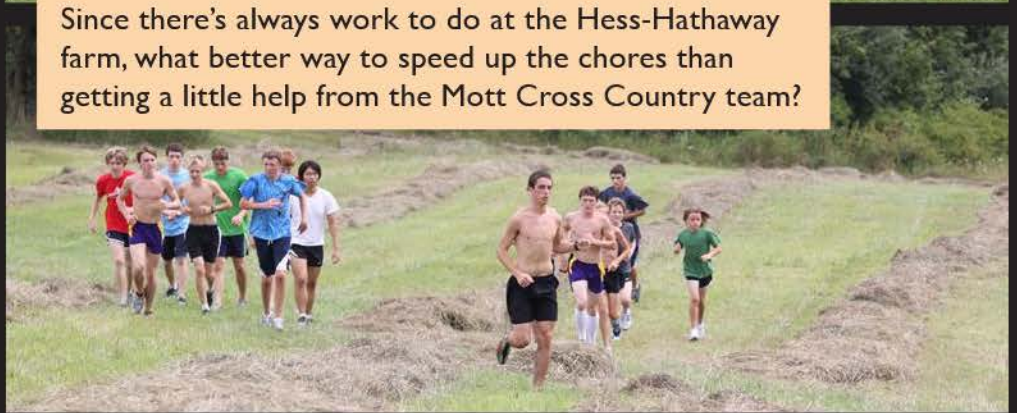


# Work(out) at the Farm

August 12, 2011



Since there's always work to do at the Hess-Hathaway farm, what better way to speed up the chores than getting a little help from the Mott Cross Country team?





# Training at Mott High School

## August 18, 2011



When the weekly schedule keeps the team at Mott, there are several familiar routes around the school for logging the required miles. A little weight training after the run goes a long way in developing overall running fitness. The pool, fitness center, and the weight room shown here are also great resources for those athletes recovering from injury.





# Summer Camp - Boyne Valley Lodge

August 23-26, 2011

## Day 1 - Departure



Like last year, summer camp was at the Boyne Valley Lodge in the heart of Boyne Country near Walloon Lake, Michigan. Once again, the Mott team had the entire lodge to themselves for their visit. The property has an on-site cross country course, soccer field, pool, and game room. There was also plenty of variety for the six planned runs.



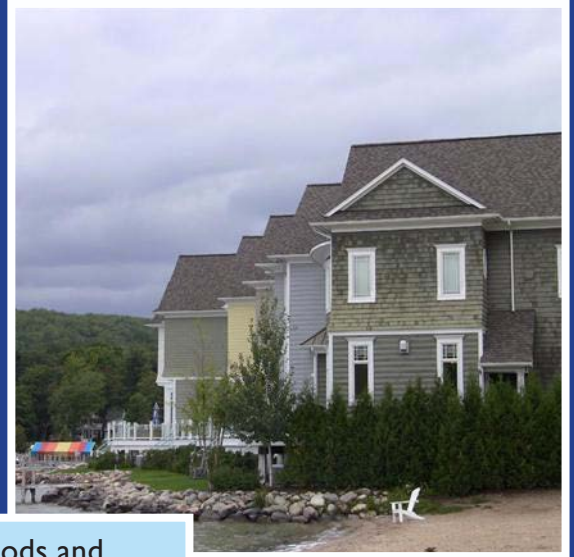
# Day 1 - Arrival



# Day 1 - Afternoon

## Run #1





The first run gives everyone a chance to explore the woods and hills at the lodge's cross country course. Afterwards, a run down to the beach and some quality time at the playground before dinner was a great way to start the week at camp.



# Day 2 - Morning





The second day started out with a fairly easy run down Walloon Lake's South Shore Dr. The coaches carefully selected the routes for each day to keep the workload manageable. Still, for many of the new team members, two runs per day was a new concept that they learned to love.





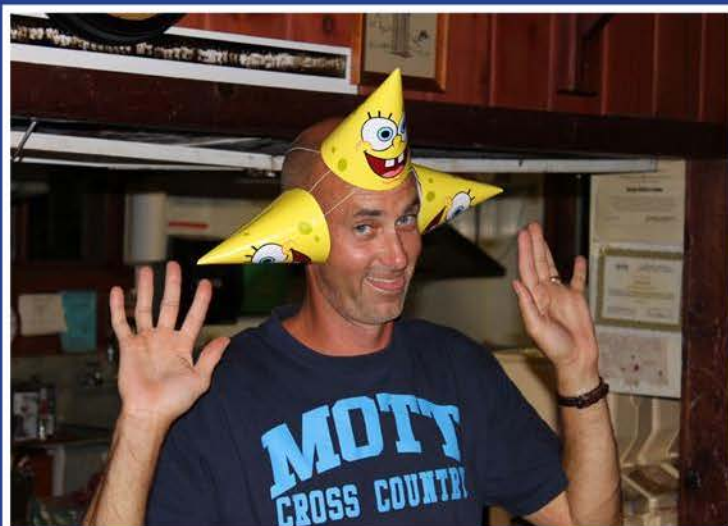
One of the more challenging runs at camp took place at Avalanche Preserve Recreation Area on the southern border of Boyne City. The workout took the team up the hiking trails, around the perimeter, to the Overlook Platform at the top. The reward for making it to the top: a great view of Boyne City and Lake Charlevoix. After the formal workout, everyone hiked up the steep face and took the 462-step stairway back down.







Entertainment for the night: Some ice cream, a boy and his dog, and a Birthday Party! As you can see, the hats were a big hit!



# Day 3 - Morning

5187 US-131 N 5189

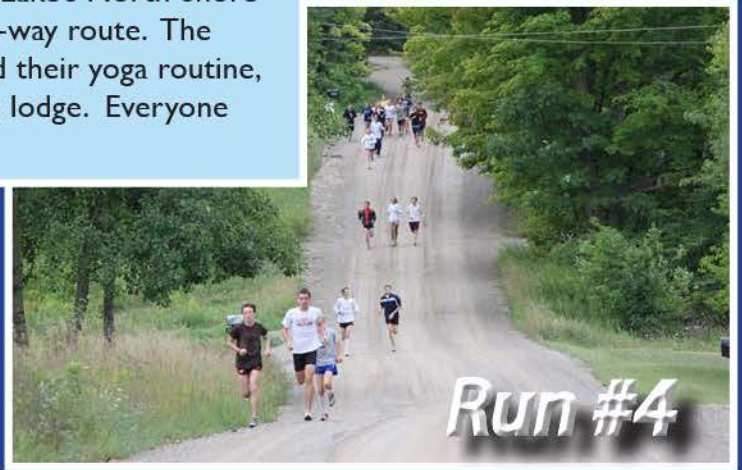
Country Club



The third day started out with another challenging run: the narrow, winding roads, and hills of Walloon Lake's North Shore Dr. Because of the difficulty, this was a one-way route. The team was driven a few miles out, performed their yoga routine, and then started the scenic run back to the lodge. Everyone who could, completed the challenge!

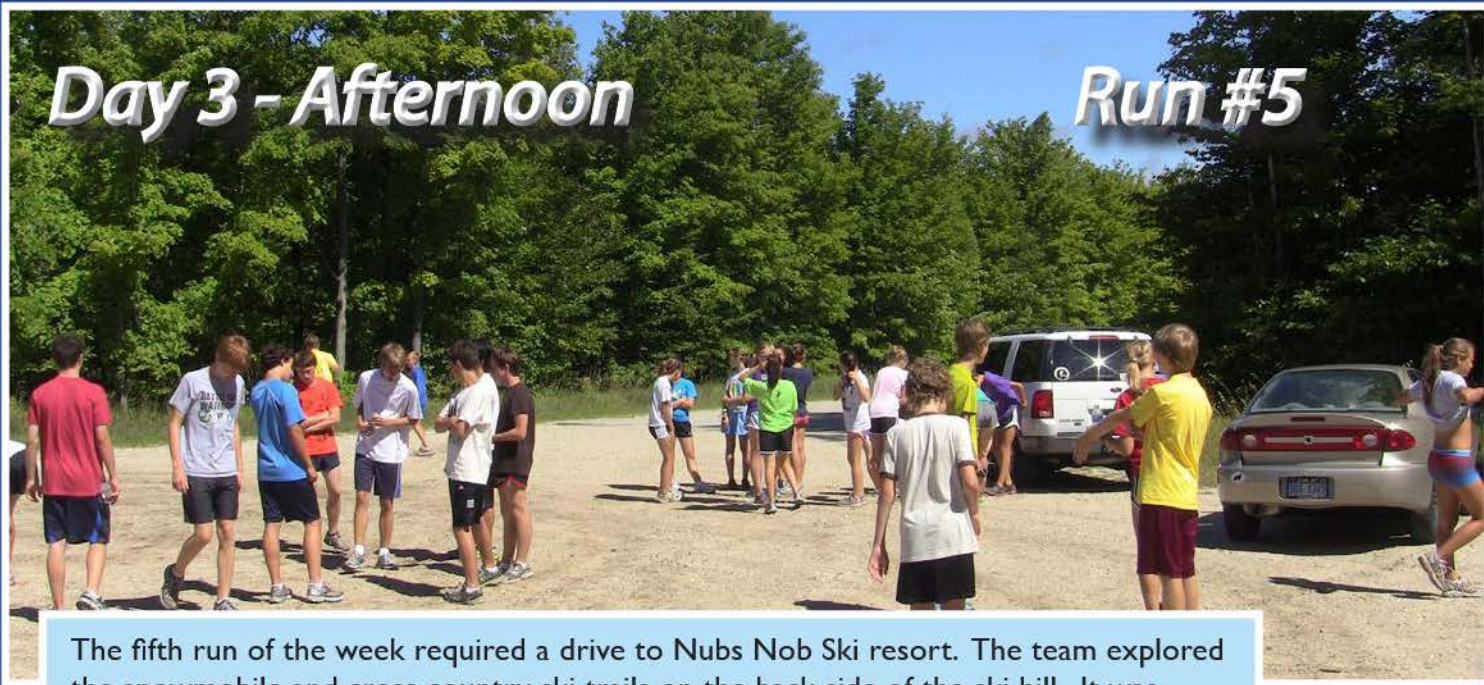


## Run #4



# Day 3 - Afternoon

# Run #5



The fifth run of the week required a drive to Nubs Nob Ski resort. The team explored the snowmobile and cross country ski trails on the back side of the ski hill. It was simple going in, but required quite an effort getting everyone out. A stop at a park on Crooked Lake provided a place to wait until the entire team was back together.



Signs everywhere, but how do I get out of here?





## Day 3 - Evening



The third day ended with a trip to Boyne City for ice cream and a little dancing in the street. Both teams also met back at the lodge for their annual preseason goal-setting session. I think the season results prove that this was a valuable exercise.





# End of Summer Classic @ Huron Meadows 8/31/2011

80 degrees, hot and humid



<b>Team Score:</b>	nts *	
<b># Athletes:</b>	182 Var.	33 JV
		<b>Overall</b>
<b>Name</b>	<b>Time</b>	<b>Place</b>
Daya Wagh	19:58	2
Courtney Munley	20:14	5
Savannah Schaeffer	21:42	31
Sarah Hale	21:57	33
Hannah Rhoades	22:19	40
Katelynn Carver	22:31	44
Catrina Cortese	23:08	56
Kaity Ward	23:17	61
Bailie Strong	23:19	62
Megan Maxwell	26:00	109
Brooke Murray	14:21	2 JV **
Lindsey Dieck	16:11	5 JV **
Corinn Yoder	17:00	7 JV **
Sabrina Gappy	17:12	8 JV **
Kristal Denina	17:41	13 JV **
Ericka Yeiter	17:45	14 JV **
Beth Burnand	dnr	injured

\* No Team Score, \*\* 3200m JV



<b>Team Score:</b>	nts *	
<b># Athletes:</b>	307 Var.	33 JV
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Nate Burnand	16:09	3
Sam Albaugh	16:36	5
Ryan Robinson	16:51	7
Brandon Carson	16:59	9
Tommy Osika	17:40	18
Dane Falberg	17:43	19
Matthew Degraeve	18:20	38
Simon Albaugh	18:23	39
Kyler Bush	18:29	43
Brennan Munley	18:33	47
Luke Peterson	19:06	72
Kevyn Robinson	19:52	108
David Jackson	20:11	126
Brad Wojcik	20:40	143
Joe Greiser	21:24	174
Seth Byle	22:00	197
Jisang Kim	22:04	201
Nick Arnold	22:27	216
Todd Bonnivier	22:45	228
Max Falberg	14:49	17 JV **
Kou Chang	dnr	
Justin Gardner	dnr	
Matt Thayer	dnr	
Logan Ward	dnr	

\* No Team Score, \*\* 3200m JV



# Mott vs. Walled Lake Western @ Hess-Hathaway Park 9/12/2011

80 degrees, sunny, and breezy



**Team Place:** 1st  
**Team Score:** WM 20 WLW 42

Name	Time	Overall Place
Daya Wagh	20:46	2
Courtney Munley	21:31	3
Hannah Rhoades	21:51	4
Katelynn Carver	22:22	5
Sarah Hale	22:23	6
Savannah Schaeffer	22:25	7
Bailie Strong	22:58	9
Megan Maxwell	25:53	17
Brooke Murray	26:22	18
Natalie Moesta	26:50	20
Lindsey Dieck	28:18	23
Corinn Yoder	30:01	24
Ericka Yeiter	30:37	25
Sabrina Gappy	32:33	27
Kristal Denina	nrt	
Autumn Gaultney	nrt	
Hannah Klein	nrt	
Catrina Cortese	dnf	
Beth Burnand	dnr	
Kaity Ward	dnr	



<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 15	WLW 50
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Nate Burnand	17:13	1
Brandon Carson	17:18	2
Sam Albaugh	17:26	3
Ryan Robinson	17:35	4
Dane Falberg	18:06	5
Matthew Degraeve	18:11	6
Tommy Osika	18:14	7
Simon Albaugh	19:09	8
Luke Peterson	19:20	10
Kevyn Robinson	19:34	11
Kyler Bush	19:51	12
David Jackson	20:01	13
Logan Ward	21:08	14
Matt Thayer	21:44	17
Joe Greiser	21:52	18
Seth Byle	22:04	19
Todd Bonnivier	22:27	21
Nick Arnold	23:15	23
Jisang Kim	23:32	24
Max Falberg	24:42	26
Justin Gardner	28:52	27
Kou Chang	dnr	
Brennan Munley	dnr	
Brad Wojcik	dnr	

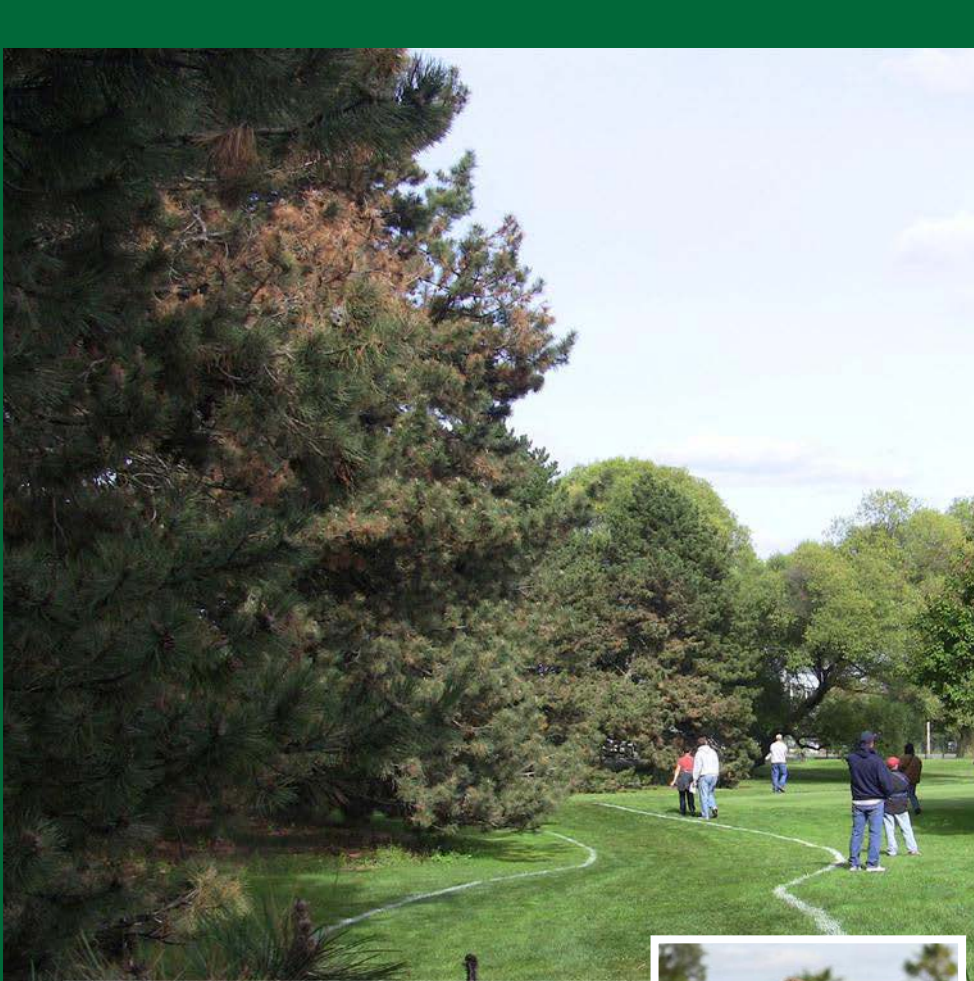
# Spartan Invitational (Elite Class) @ MSU's Forest Acres East Golf Course 9/16/2011

62 degrees, cooler, calm

**Team Place:** 18th (34 Teams)  
**Team Score:** 459  
**# Athletes:** 238 Varsity 549 JV

Name	Time	Overall Place (Team, Indiv.)	
Daya Wagh	19:08	25, 27	
Courtney Munley	19:47	63, 65	
Hannah Rhoades	20:16	102, 105	
Savannah Schaeffer	20:33	130, 133	
Sarah Hale	20:44	142, 145	
Katelynn Carver	20:52	147, 150	
Bailie Strong	22:03	61	JV
Megan Maxwell	22:04	64	JV
Brooke Murray	22:52	120	JV
Lindsey Dieck	23:50	195	JV
Natalie Moesta	23:53	199	JV
Kristal Denina	25:30	333	JV
Ericka Yeiter	25:40	355	JV
Sabrina Gappy	26:29	411	JV
Autumn Gaultney	26:42	418	JV
Corin Yoder	26:55	429	JV
Beth Burnand	dnr		
Catrina Cortese	dnr		
Hannah Klein	dnr		
Kaity Ward	dnr		

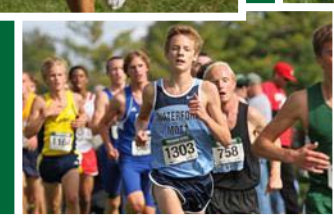




<b>Team Place:</b>	9th	(36 Teams)
<b>Team Score:</b>	254	
<b># Athletes:</b>	265 Varsity	585 JV

Name	Time	Overall Place (Team, Indiv.)
Brandon Carson	15:50	11, 12
Ryan Robinson	16:12	29, 30
Sam Albaugh	16:12.5	31, 32
Dane Falberg	16:48	82, 83
Matthew Degraeve	17:00	101, 102
Tommy Osika	17:04	114, 115
Simon Albaugh	17:20	7 JV
Brennan Munley	17:57	46 JV
Kyler Bush	18:06	59 JV
Luke Peterson	18:20	74 JV
Kevyn Robinson	18:20	76 JV
David Jackson	19:00	163 JV
Logan Ward	19:29	218 JV
Joe Greiser	19:44	233 JV
Matt Thayer	19:53	248 JV
Todd Bonnivier	19:59	257 JV
Seth Byle	20:31	322 JV
Nick Arnold	20:52	347 JV
Kou Chang	20:56	355 JV
Max Falberg	21:14	386 JV
Jisang Kim	21:45	432 JV
Justin Gardner	23:05	506 JV
Nate Burnand	dnf	
Brad Wojcik	dnr	



# Mott vs. Walled Lake Northern @ Richardson Park 9/20/2011

72 degrees, sunny, slight breeze



**Team Place:** 1st  
**Team Score:** WM 27 WLN 29

Name	Time	Overall Place
Daya Wagh	18:59	1
Courtney Munley	19:22	3
Hannah Rhoades	19:54	6
Savannah Schaeffer	20:18	8
Katelynn Carver	20:24	9
Sarah Hale	20:36	11
Bailie Strong	21:02	14
Megan Maxwell	22:43	22
Natalie Moesta	23:35	25
Lindsey Dieck	24:35	28
Brooke Murray	24:40	29
Kristal Denina	25:34	31
Corinn Yoder	26:28	35
Autumn Gaultney	28:10	38
Beth Burnand	dnr	
Catrina Cortese	dnr	
Ericka Yeiter	dnr	
Hannah Klein	dnr	
Kaity Ward	dnr	
Sabrina Gappy	dnr	





<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 16	WLN 44
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Nate Burnand	16:25	1
Brandon Carson	16:27	2
Ryan Robinson	16:28	3
Sam Albaugh	16:30	4
Matthew Degraeve	16:47	6
Dane Falberg	16:56	8
Tommy Osika	17:17	11
Simon Albaugh	17:54	12
Brennan Munley	18:11	16
Kyler Bush	18:19	18
Luke Peterson	18:28	19
David Jackson	18:37	20
Kevyn Robinson	18:38	21
Logan Ward	19:55	25
Joe Greiser	20:03	26
Matt Thayer	20:04	27
Nick Arnold	20:43	28
Seth Byle	20:44	29
Kou Chang	21:03	30
Todd Bonnivier	21:13	31
Jisang Kim	21:39	33
Max Falberg	21:52	35
Justin Gardner	23:23	39
Brad Wojcik	dnr	



# Walled Lake Western Invitational @ Gilbert-Willis Park 9/24/2011



**Team Score:** nts

**# Athletes:** 9-10 (50) 11-12 (30)

Name	Time	Overall Place	
Simon Albaugh	18:07	5	9-10
Brennan Munley	18:58	12	9-10
Kyler Bush	19:03	15	9-10
Luke Peterson	19:18	18	9-10
Logan Ward	19:47	25	9-10
Matt Thayer	20:57	32	9-10
Seth Byle	20:58	33	9-10
Nick Arnold	21:58	37	9-10
Max Falberg	23:20	44	9-10
David Jackson	19:52	17	11-12
Joe Greiser	20:28	21	11-12
Todd Bonnivier	22:15	25	11-12
Kou Chang	22:37	27	11-12
Jisang Kim	22:58	28	11-12
Sam Albaugh	dnr		
Nate Burnand	dnr		
Brandon Carson	dnr		
Matthew Degraeve	dnr		
Dane Falberg	dnr		
Justin Gardner	dnr		
Tommy Osika	dnr		
Kevyn Robinson	dnr		
Ryan Robinson	dnr		
Brad Wojcik	dnr		

# Practice @ Diehl's Cider Mill

The workout at the Cider Mill is becoming an annual tradition at Mott. This year was a busier day than usual. Many of the boys competed in the Western Invite in the morning and then made the drive north for some cider and donuts in the afternoon.



# Mott vs. Kettering @ Hess-Hathaway

9/27/2011

70 degrees, cloudy



**Team Place:** 1st

**Team Score:** WM 15 WK 49

Name	Time	Overall Place
Daya Wagh	20:27	1
Courtney Munley	20:44	2
Hannah Rhoades	21:13	3
Katelynn Carver	21:37	4
Savannah Schaeffer	21:38	5
Bailie Strong	21:47	6
Sarah Hale	22:04	8
Catrina Cortese	22:49	10
Brooke Murray	23:38	12
Megan Maxwell	23:39	13
Natalie Moesta	24:32	15
Lindsey Dieck	24:35	16
Kristal Denina	25:41	19
Corinn Yoder	26:21	20
Autumn Gaultney	28:10	23
Beth Burnand	dnr	
Ericka Yeiter	dnr	
Hannah Klein	dnr	
Kaity Ward	dnr	
Sabrina Gappy	dnr	





**Team Place:** 1st  
**Team Score:** WM 15 WK 50

Name	Time	Overall Place
Brandon Carson	17:08	1
Nate Burnand	17:12	2
Sam Albaugh	17:47	3
Ryan Robinson	17:48	4
Tommy Osika	17:49	5
Dane Falberg	17:49	6
Matthew Degraeve	17:50	7
Kyler Bush	18:50	11
Brennan Munley	18:52	12
Luke Peterson	19:04	14
Kevyn Robinson	19:36	15
Logan Ward	20:25	18
David Jackson	20:30	19
Joe Greiser	21:00	21
Matt Thayer	21:06	22
Kou Chang	21:14	23
Todd Bonnivier	22:01	26
Seth Byle	22:44	28
Jisang Kim	23:06	30
Max Falberg	23:51	31
Justin Gardner	24:01	32
Simon Albaugh	dnr	
Nick Arnold	dnr	
Brad Wojcik	dnr	

# Mott Fall Classic @ Hess-Hathaway

## 9/30/2011

Intermittent rain, wind, cold

**Team Place:** 2nd (13 Teams)

**Team Score:** 74

**# Athletes:** 66 Varsity

Name	Time	Overall Place
Daya Wagh	19:21	3
Courtney Munley	20:11	6
Hannah Rhoades	20:43	14
Savannah Schaeffer	21:17	23
Sarah Hale	21:32	28
Bailie Strong	21:41	32
Katelynn Carver	22:49	46
Megan Maxwell	nrt	
Brooke Murray	nrt	
Catrina Cortese	nrt	
Kristal Denina	nrt	
Lindsey Dieck	nrt	
Autumn Gaultney	nrt	
Corinn Yoder	nrt	
Ericka Yeiter	nrt	
Beth Burnand	nrt	
Hannah Klein	nrt	
Kaity Ward	nrt	
Natalie Moesta	nrt	
Sabrina Gappy	nrt	



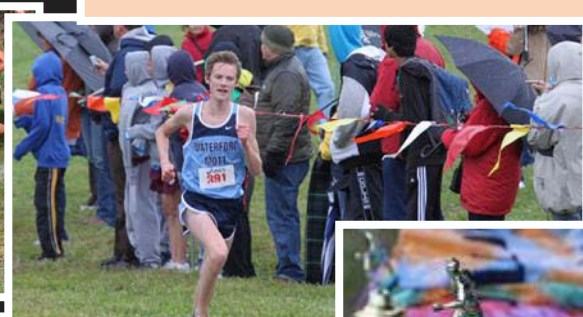


**Team Place:** 1st (13 Teams)

**Team Score:** 31

**# Athletes:** 95 Varsity

Name	Time	Overall Place
Nate Burnand	16:25	2
Brandon Carson	16:36	4
Sam Albaugh	16:41	6
Ryan Robinson	16:49	7
Dane Falberg	17:20	12
Matthew Degraeve	17:24	15
Tommy Osika	17:29	16
Simon Albaugh	18:11	
Brennan Munley	18:25	
Kyler Bush	18:36	
Luke Peterson	18:44	
Kevyn Robinson	19:00	
David Jackson	19:04	
Logan Ward	19:25	
Matt Thayer	19:56	
Seth Byle	20:31	
Kou Chang	20:35	
Nick Arnold	20:43	
Jisang Kim	20:53	
Todd Bonnivier	21:28	
Joe Greiser	dnr	
Brad Wojcik	dnr	
Max Falberg	nrt	
Justin Gardner	nrt	



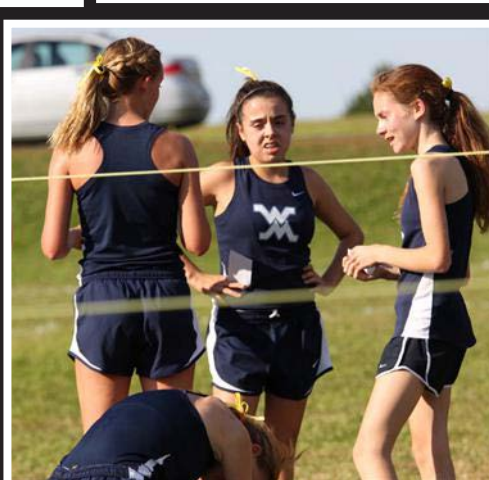
# Mott vs. Lakeland @ Hess-Hathaway

## 10/05/2011

70+ degrees, warm & sunny

**Team Place:** 1st  
**Team Score:** WM 21 L 38

Name	Time	Overall Place
Daya Wagh	20:10	2
Courtney Munley	20:29	3
Hannah Rhoades	21:01	4
Savannah Schaeffer	21:24	5
Sarah Hale	21:42	7
Bailie Strong	21:46	8
Katelynn Carver	22:29	11
Catrina Cortese	22:57	13
Brooke Murray	23:56	16
Megan Maxwell	24:13	17
Lindsey Dieck	25:58	22
Kristal Denina	25:58	23
Autumn Gaultney	27:56	26
Ericka Yeiter	31:35	28
Natalie Moesta	dnf	
Beth Burnand	dnr	
Corinn Yoder	dnr	
Hannah Klein	dnr	
Kaity Ward	dnr	
Sabrina Gappy	dnr	





<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 26	L 30
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Nate Burnand	16:15	2
Brandon Carson	16:26	3
Ryan Robinson	16:53	5
Sam Albaugh	16:58	7
Dane Falberg	17:24	9
Matthew Degraeve	17:27	10
Tommy Osika	17:41	13
Brennan Munley	18:35	17
Luke Peterson	18:51	19
Simon Albaugh	19:09	21
Kevyn Robinson	19:16	23
Kyler Bush	19:26	26
Logan Ward	19:35	28
David Jackson	19:54	31
Matt Thayer	20:55	39
Joe Greiser	21:17	42
Seth Byle	21:37	43
Kou Chang	21:52	44
Nick Arnold	22:41	47
Jisang Kim	23:00	48
Max Falberg	23:04	49
Justin Gardner	24:53	52
Brad Wojcik	dnr	
Todd Bonnivier	nrt	

# Oakland County Championships @ Kensington Metropark 10/08/2011

Sunny, warm

**Team Place:** 11th (31 Teams)  
9th (19 Teams) JV  
**Team Score:** 297  
**# Athletes:** 217 Varsity 152 JV

Name	Time	Overall Place	
Daya Wagh	20:02	18	
Hannah Rhoades	20:46	38	
Sarah Hale	21:32	67	
Bailie Strong	21:57	88	
Savannah Schaeffer	21:59	91	
Katelynn Carver	22:08	100	
Catrina Cortese	23:00	20	JV
Brooke Murray	23:23	33	JV
Megan Maxwell	23:58	46	JV
Lindsey Dieck	25:00	71	JV
Kristal Denina	25:58	96	JV
Autumn Gaultney	28:19	136	JV
Sabrina Gappy	28:36	139	JV
Ericka Yeiter	~ 31:00	149	JV
Courtney Munley	dnf		
Beth Burnand	dnr		
Corinn Yoder	dnr		
Hannah Klein	dnr		
Kaity Ward	dnr		
Natalie Moesta	dnr		





**Team Place:** 2nd (38 Teams)  
6th (25 Teams) JV  
**Team Score:** 109  
**# Athletes:** 260 Varsity 223 JV

Name	Time	Overall Place	
Nate Burnand	16:17	4	
Brandon Carson	16:34	9	
Ryan Robinson	17:04	19	
Dane Falberg	17:20	32	
Sam Albaugh	17:33	46	
Matt Degraeve	17:36	49	
Tommy Osika	17:53	62	
Simon Albaugh	18:16	3	JV
Brennan Munley	19:03	28	JV
Kevyn Robinson	19:20	42	JV
Logan Ward	19:35	53	JV
Luke Peterson	19:37	57	JV
David Jackson	20:05	83	JV
Matt Thayer	20:47	112	JV
Nick Arnold	20:47		
Seth Byle	20:54		
Kou Chang	20:55		
Joe Greiser	21:05		
Max Falberg	21:29		
Todd Bonnivier	22:15		
Justin Gardner	23:07		
Kyler Bush	dnr		
Jisang Kim	dnr		
Brad Wojcik	dnr		



# Mott vs. Walled Lake Central @ Richardson Park 10/11/2011

70 degrees, sunny, slightly breezy

**Team Place:** 1st  
**Team Score:** WM 17 WLC 41

Name	Time	Overall Place
Daya Wagh	19:53	1
Courtney Munley	19:54	2
Hannah Rhoades	19:59	3
Savannah Schaeffer	20:36	5
Sarah Hale	20:45	6
Katelynn Carver	21:22	9
Catrina Cortese	21:28	11
Megan Maxwell	22:33	13
Brooke Murray	22:36	14
Natalie Moesta	23:36	19
Lindsey Dieck	24:29	21
Kristal Denina	24:39	22
Ericka Yeiter	26:18	26
Autumn Gaultney	26:19	27
Bailie Strong	dnr	
Beth Burnand	dnr	
Corinn Yoder	dnr	
Hannah Klein	dnr	
Kaity Ward	dnr	
Natalie Moesta	dnr	
Sabrina Gappy	dnr	





<b>Team Place:</b>	1st	
<b>Team Score:</b>	WM 17	WLC 41
		<b>Overall Place</b>
<b>Name</b>	<b>Time</b>	
Nate Burnand	16:44	1
Brandon Carson	16:44	2
Tommy Osika	17:09	3
Dane Falberg	17:13	5
Matthew Degraeve	17:21	6
Luke Peterson	17:47	9
Brennan Munley	18:04	11
Kevyn Robinson	18:24	14
Logan Ward	18:27	17
David Jackson	18:28	19
Simon Albaugh	18:34	20
Matt Thayer	19:39	26
Kou Chang	20:04	31
Seth Byle	20:07	32
Joe Greiser	20:07	33
Brad Wojcik	20:18	34
Todd Bonnivier	20:32	36
Jisang Kim	21:43	38
Nick Arnold	22:01	39
Justin Gardner	22:30	42
Max Falberg	24:43	43
Sam Albaugh	dnr	
Kyler Bush	dnr	
Ryan Robinson	dnr	



# Oxford Invitational @ Oxford Hills Country Club 10/14/2011

50's and cloudy



**Team Place:** 2nd (15 Teams)  
**Team Score:** 118  
**# Athletes:** 136 Varsity

Name	Time	Overall Place	
Daya Wagh	19:28	4	
Courtney Munley	20:09	15	
Hannah Rhoades	20:20	19	
Savannah Schaeffer	21:09	37	
Sarah Hale	21:19	43	
Bailie Strong	21:23	46	
Katelynn Carver	21:43	55	
Catrina Cortese	22:08	72	
Megan Maxwell	22:31	87	
Brooke Murray	22:34	88	
Natalie Moesta	22:44		JV
Lindsey Dieck	23:58		JV
Kristal Denina	24:43		JV
Corinn Yoder	25:28		JV
Autumn Gaultney	26:40		JV
Ericka Yeiter	26:54		JV
Sabrina Gappy	dnr		
Hannah Klein	dnr		
Beth Burnand	dnr		
Kaity Ward	dnr		





WATERFORD MOTT CORSAIRS

# KLAA Lakes Conference Championships @ Island Lake State Recreation Area 10/20/2011

50 degrees, raining, windy

**Team Place:** 2nd (12 Teams)  
**Team Score:** 85  
**# Athletes:** 84 Varsity 138 JV

Name	Time	Overall Place	
Daya Wagh	19:13	5	
Hannah Rhoades	19:38	9	
Courtney Munley	19:38.3	10	
Savannah Schaeffer	20:45	30	
Bailie Strong	20:48	31	
Sarah Hale	20:59	34	
Katelynn Carver	21:18	44	
Catrina Cortese	21:43	10	JV
Megan Maxwell	22:07	21	JV
Brooke Murray	22:28	28	JV
Lindsey Dieck	23:56	62	JV
Kristal Denina	24:09	68	JV
Corinn Yoder	25:29	92	JV
Autumn Gaultney	26:06	104	JV
Ericka Yeiter	28:51	129	JV
Beth Burnand	dnr		
Sabrina Gappy	dnr		
Hannah Klein	dnr		
Natalie Moesta	dnr		
Kaity Ward	dnr		





**Team Place:** 4th (12 Teams)  
**Team Score:** 93  
**# Athletes:** 82 Varsity 192 JV

Name	Time	Overall Place	
Brandon Carson	16:01	4	
Nate Burnand	16:21	10	
Sam Albaugh	16:38	18	
Dane Falberg	16:55	27	
Tommy Osika	17:02	34	
Matthew Degraeve	17:04	37	
Simon Albaugh	18:36	74	
Brennan Munley	18:10	18	JV
Luke Peterson	18:31	30	JV
Logan Ward	18:43	42	JV
Kevyn Robinson	19:07	58	JV
David Jackson	19:11	61	JV
Brad Wojcik	19:57	86	JV
Joe Greiser	20:13	99	JV
Matt Thayer	20:16	104	JV
Seth Byle	20:25	111	JV
Todd Bonnavier	21:03	130	JV
Kou Chang	21:07	132	JV
Max Falberg	21:14	140	JV
Justin Gardner	22:49	166	JV
Jisang Kim	24:33	181	JV
Nick Arnold	dnr		
Kyler Bush	dnr		
Ryan Robinson	dnr		

Girls

# MHSAA Regional Championships (7-1) @ Hess-Hathaway 10/29/2011

40's and cool, sunny

Team Place: 2nd (12 Teams)

Team Score: 69

# Athletes: 80 Varsity 128 JV

Name	Time	Overall Place	
Daya Wagh	19:06	2	
Courtney Munley	19:59	10	
Hannah Rhoades	20:05	14	
Savannah Schaeffer	20:38	20	
Sarah Hale	20:49	23	
Bailie Strong	21:16	30	
Katelynn Carver	21:38	38	
Megan Maxwell	22:02	7	JV
Brooke Murray	22:09	8	JV
Catrina Cortese	22:24	15	JV
Kristal Denina	23:56	33	JV
Lindsey Dieck	24:13	43	JV
Autumn Gaultney	25:40	66	JV
Corinn Yoder	26:20	86	JV
Ericka Yeiter	27:18	100	JV
Beth Burnand	dnr		
Hannah Klein	dnr		
Kaity Ward	dnr		
Natalie Moesta	dnr		
Sabrina Gappy	dnr		





MHSAA Regional Championships (7-1)  
@ Hess-Hathaway  
10/29/2011

40's and cool, sunny

Boys' Champion: Nate Burnand

Boys





**Team Place:** 1st (13 Teams)  
**Team Score:** 36  
**# Athletes:** 87 Varsity 189 JV

Name	Time	Overall Place	
Nate Burnand	16:07	1	
Brandon Carson	16:16	4	
Sam Albaugh	16:41	5	
Dane Falberg	17:02	11	
Matthew Degraeve	17:09	15	
Tommy Osika	17:21	20	
Simon Albaugh	17:52	1	JV
Brennan Munley	18:17	3	JV
Luke Peterson	18:28	5	JV
Kyler Bush	18:31	6	JV
Kevyn Robinson	18:52	12	JV
Logan Ward	18:56	14	JV
Brad Wojcik	19:40	22	JV
Matt Thayer	19:50	26	JV
Seth Byle	19:50	27	JV
David Jackson	20:00	33	JV
Kou Chang	20:07	39	JV
Joe Greiser	20:25	50	JV
Todd Bonnivier	20:32	54	JV
Max Falberg	20:40	60	JV
Nick Arnold	21:12	87	JV
Justin Gardner	22:20	131	JV
Ryan Robinson	dnf		
Jisang Kim	dnr		

# Lakeland Freshman / Sophomore Meet @ Lakeland High School 11/01/2011

60 degrees, breezy, sunny

**Team Place:** 4th (17 Teams)  
**Team Score:** 131  
**# Athletes:** 156

Name	Time	Overall Place (Team, Indiv.)
Bailie Strong	21:05	12, 12
Sarah Hale	21:11	15, 15
Savannah Schaeffer	21:28	24, 24
Megan Maxwell	22:17	35, 35
Brooke Murray	22:35	45, 45
Lindsey Dieck	25:37	63, 63
Corinn Yoder	25:37	98, 110
Ericka Yeiter	26:13	120





**Team Place:** 11th (17 Teams)  
**Team Score:** 227  
**# Athletes:** 217

Overall Place (Team, Indiv.)		
Name	Time	
Simon Albaugh	18:05	14, 14
Brennan Munley	18:20	28, 28
Luke Peterson	18:28	34, 34
Logan Ward	19:26	67, 70
Matt Thayer	20:04	84, 102
Kyler Bush	20:13	87, 108
Max Falberg	20:43	93, 120
Seth Byle	21:01	129



# MHSAA State Finals @ Michigan International Speedway 11/05/2011

49 degrees, windy, clear



**Team Place:** 25th (28 Teams)

**Team Score:** 568

**# Athletes:** 238 Varsity

Name	Time	Overall Place (team, indiv.)
Daya Wagh	19:13	38, 54
Savannah Schaeffer	20:16	123, 163
Hannah Rhoades	20:25	131, 171
Sarah Hale	20:34	137, 179
Bailie Strong	20:37	139, 181
Katelynn Carver	21:51	184, 227
Courtney Munley	dnf	



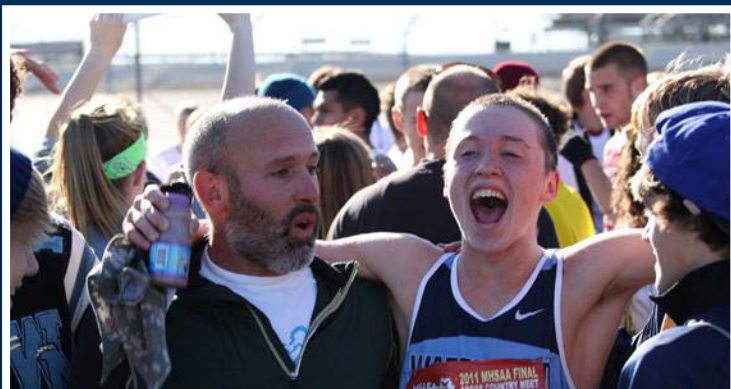


**Team Place:** 3rd (28 Teams)

**Team Score:** 177

**# Athletes:** 249 Varsity

Name	Time	Overall Place (team, indiv.)
Nate Burnand	15:38	6, 6
Sam Albaugh	15:58	17, 25
Brandon Carson	16:07	23, 36
Ryan Robinson	16:24	50, 70
Tommy Osika	16:43	81, 110
Dane Falberg	16:45	86, 118
Matthew Degraeve	16:54	103, 142



# Nike Cross Midwest Regional @ LaVern Gibson Championship XC Course Terre Haute, Indiana

11/13/2011

60 degrees, cloudy, windy (30-40mph)



**Team Score:** Michigan athletes not allowed to compete as a team

**# Athletes:** 369 Champ. 412 Open

Name	Time	Overall Place	
Nate Burnand	16:40	68	
Ryan Robinson	16:58	113	
Sam Albaugh	17:09	146	
Dane Falberg	17:28	197	
Tommy Osika	18:06	279	
Brandon Carson	dnr		
Matthew Degraeve	17:37	43	Open
Simon Albaugh	18:37	184	Open



## Postseason Racing



# *Waterford Mott*

## *Cross Country Records - Girls*

### *School Records*

Shannon Osika      17:17      2008

### *Junior Records*

Shannon Osika      17:50      2009  
 Daya Wagh      18:59      2011  
 Courtney Munley      19:22      2011  
 Jennifer Walczuk      19:27      1996

### *Sophomore Records*

Shannon Osika      17:17      2008  
 Courtney Munley      19:22      2010  
 Jennifer Walczuk      19:26      1995  
 Megan Coughlin      19:30      1999  
 Katelynn Carver      19:52      2009

### *Freshman Records*

Shannon Osika      17:35      2007  
 Hannah Rhoades      19:59      2008



### *All-League OAA*

Shannon Osika      2007 (champion)  
 Lauren Gagnon      2007  
 Christine Lindsay      2006, 2007  
 Kelsey Chapman      2006, 2007  
 Alyssa Osika      2006  
 Lizzy Jones      2004, 2005, 2006  
 Ornela Mirashi      2005, 2006  
 Megan Coughlin      1998, 1999, 2000, 2001  
 Jennifer Klausing      1999, 2000, 2001  
 Alicia Hebel      2001  
 Kristen Klebba      2000  
 Lauren Madrigal      2000  
 Nikki Baxter      1997, 1998, 1999

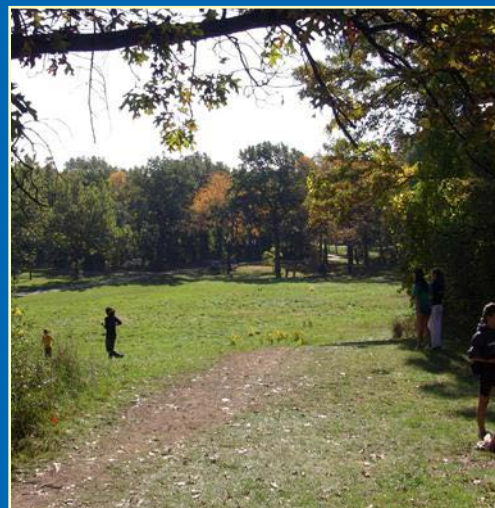


Amy Coughlin      1995, 1996,  
                                  1997 (runner-up), 1998  
 Jennifer Walczuk      1995 (runner-up),  
                                  1996 & 1997 (champion)  
 Michelle Lazenby      1992  
 Mary Mick      1989 (champion)  
 Stephanie Tasca      1986  
 Traci Rooney      1983  
 Pam Swain      1981  
 Tina Fotineas      1980

# *Waterford Mott Cross Country Honors - Girls*

## *All-Conference (2008 joined KLAA Lakes Conference)*

Daya Wagh	2011
Hannah Rhoades	2011
Courtney Munley	2011, 2010
Shannon Osika	2008, 2009, 2010 (2x Conference Champion)
Alyssa Osika	2008
Lauren Gagnon	2009
Katelynn Carver	2009



## *All-Oakland County*

Daya Wagh	2011
Shannon Osika	2007, 2008, 2009, 2010
Courtney Munley	2010
Amy Coughlin	1998
Jennifer Walczuk	1995, 1996, 1997
Mary Mick	1989 2nd team



## *MITCA Dream Team*

Shannon Osika	2007, 2008, 2010
---------------	------------------

## *League Championship Teams*

2011 (KLAA Lakes North Division): Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

2007 (OAAII): Shannon Osika, Kelsey Chapman, Alyssa Osika, Christine Lindsay, Lauren Gagnon, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

2006 (OAAII): Lizzy Jones, Ornela Mirashi, Alyssa Osika, Kelsey Chapman, Christine Lindsay, Kristin Matsumoto, Liz Dachs

# Waterford Mott State Finalists - Girls

## Individuals

### State Qualifiers

Shannon Osika	2007 (Regional Champion), 2008, 2009, 2010 (Regional Champion)
Lizzy Jones	2006
Megan Coughlin	1999, 2000
Amy Coughlin	1995, 1996, 1997, 1998
Jennifer Walczuk	1994, 1997
Mary Mick	1989

## All-State

Shannon Osika	2007 (State Champion), 2008 (State Runner-Up), 2009, 2010
Jennifer Walczuk	1995

## Academic All-State

2011 Team	Avg. G.P.A. = 3.833
Daya Wagh	2011
2010 Team	Avg. G.P.A. = 3.655
Courtney Munley	2010
2009 Team	Avg. G.P.A. = 3.766
Lauren Gagnon	2009
2008 Team	Avg. G.P.A. = 3.94
Kelsey Chapman	2008
Megan Coughlin	1999, 2000
Amy Coughlin	1996, 1997, 1998

## Teams

### 2011 Team

Daya Wagh, Hannah Rhoades, Courtney Munley, Savannah Schaeffer, Bailie Strong, Sarah Hale, Katelynn Carver

### 2010 Team

Shannon Osika, Courtney Munley, Hannah Rhoades, Katelynn Carver, Catrina Cortese, Amanda Schoonover, Savannah Schaeffer

### 2009 Team (Regional Champions)

Shannon Osika, Lauren Gagnon, Katelynn Carver, Hannah Rhoades, Maylani Siemasz, Amanda Schoonover, Rachel Mendoza

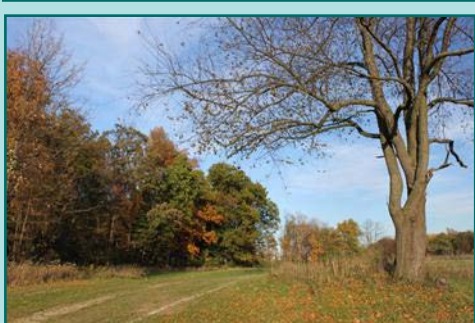
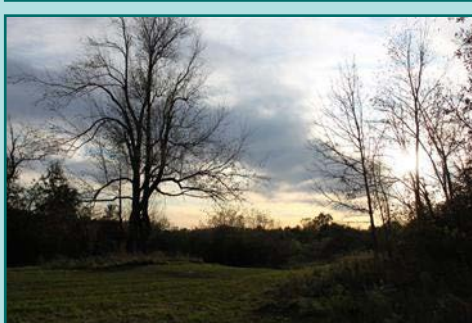
### 2008 Team

Shannon Osika, Kelsey Chapman, Alyssa Osika, Hannah Rhoades, Christine Lindsay, Maylani Siemasz, Amanda Schoonover, Lauren Gagnon





The ever-changing beauty of Hess-Hathaway Park. The look changes, but the cross country course is always difficult and challenging.



# Waterford Mott Cross Country

## All-Time List - Girls

Place	Name	Time	Date
1	Shannon Osika	17:17	2007 State Champion (17:35.8), 2008 State Runner-Up, 2009, 2010 All-State
2	Daya Wagh	18:59	2011 Academic All-State
3	Amy Coughlin	19:09	1998 Academic All-State 3X
4	Courtney Munley	19:22	2010 Academic All-State
5	Jennifer Walczuk	19:26	1995 All-State
6	Megan Coughlin	19:30	1999 Academic All-State 2X
7	Hannah Rhoades	19:38	2011
8	Kelsey Chapman	19:39	2008 Academic All-State
9	Alyssa Osika	19:40	2008
10	Lauren Gagnon	19:41	2009 Academic All-State
11	Katelynn Carver	19:52	2009
12	Lizzy Jones	19:58	2006
13	Mary Mick	20:09	1989
14	Savannah Schaeffer	20:16	2011
15	Pam Swain	20:20	1981
16	Ornela Mirashi	20:29	2005
17	Nikki Baxter	20:30	1999
18	Sarah Hale	20:34	2011
19	Marki Dillon	20:05-20:35	1978 3m Record
20	Bailie Strong	20:37	2011
21	Amanda Schoonover	20:44	2010
22	Clare Pierre	20:47	1981
23	Jennifer Klausing	20:50	1999
24	Christine Lindsay	21:05	2007
25	Robin Rapelje	21:10	1998
26	Maylani Siemasz	21:11	2009
27	Catrina Cortese	21:12	2010
28	Traci Rooney	21:14	1983
29	Alicia Hebel	21:19	2001
30	Val Theisen	21:28	1984
31	Tina Fotineas	21:03-21:33	1980
32	Lauren Madrigal	21:43	2000
	Roslyn Frontiera	21:13-21:43	1980



# All-Time List - Cont.

Place	Name	Time	Date
34	Gail Hoult	21:17-21:47	1977
35	Kristin Klebba	21:48	2000
	Cindy Borquist	21:18-21:48	1977
37	Rachel Mendoza	21:54	2010
38	Megan Maxwell	22:02	2011
	Erin McCaffery	22:02	2002
40	Stephani Tasca	22:03	1986
41	Brooke Murray	22:09	2011
42	Emily Croitori	22:10	1995
43	Amanda Lack	22:22	2002
44	Kristin Matsumoto	22:24	2005
45	Jovey Haves	22:27	1998
46	Katie Scholler	22:28	2004
	Michelle Lazenby	22:28	1992
48	Denise Cecil	22:34	1983
49	Beth Webster	22:05-22:35	1983
50	Natalie Moesta	22:44	2011
51	Kristen Weiland	22:50	2003
52	Kristen Klingbeil	22:51	2000
53	Brittany Bays	22:55	1995
54	Betsy Bowser	22:57	1993
55	Kelly Boyle	22:29-22:59	1977
56	Amy Braunsteiner	23:00	1988
57	Melanie Hook	23:05	1986
58	Rosemary Keane	23:06	1986
	Rachel Tater	23:06	1983
60	Kristie Greene	23:11	1987
61	Nichole Kunkle	23:13	2004
62	Kaity Ward	23:17	2011
	Kelly Alexander	23:17	1988
64	Courtney Anglin	23:20	2000
65	Jianna Hair	23:25	2001
66	Shannon Donnelly	23:28	1985
67	Hennika Klykken	23:43	1993
68	Tara Twyman	23:46	1997

## Waterford Mott Coaches

Name	Years
Amy Coughlin	2005 - present
Ryan Robinson	2002 - 2004
Jerry Pachla	1978 - 2001

Place	Name	Time	Date
69	Rebecca Dickerson	23:50	1999
	Lindsey Dieck	23:50	2011
71	Marci Walter	23:56	1995
	Kristal Denina	23:56	2011
	Sara Stolnicki	23:56	1997
74	Kathleen Rooney	23:59	2005



# Waterford Mott

## Cross Country Records - Boys

### School Records

Scott Albaugh	15:13	2010
Jeff Ferrell	15:30	1994
Chris Langton	16:07	1986
Ryan Robinson	16:15	1983
Mark Davis	14:49 (3M)	1978

### Junior Records

Nate Burnand	15:38	2011
Jeff Ferrell	15:39	1994
Joe Murphy	16:56	1987
Rusty Robinson	16:56	1984
Tony Peters	17:14	1981
Matt Barnard	15:35 (3M)	1977
Fred Leinenger	16:06 (3M)	1976

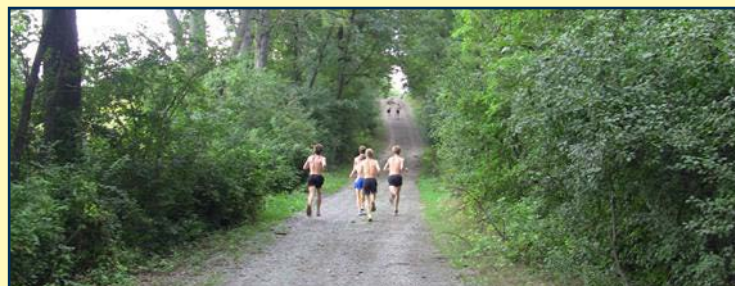


### Sophomore Records

Nate Burnand	15:45	2010
Jeff Ferrell	16:04	1992
George Fotineas	17:09	1981
Rick Schaefer	16:13 (3M)	1977
Matt Barnard	16:21 (3M)	1976
Curtis Carter	16:51 (3M)	1975

### Freshman Records

Sam Albaugh	15:58	2011
Tommy Osika	17:02	2010
Jeff Ferrell	17:14	1991



# *Waterford Mott Cross Country Honors - Boys*

## *All-Oakland County*

Nate Burnand	2011
Brandon Carson	2011
Ryan Robinson	2011
Scott Albaugh	2010 Champion
Ian Hackbarth	2010
Nate Burnand	2010
Jeff Ferrell	1992, 1993, 1994 Champion
Chris Langton	1986
Ryan Robinson	1983
Matt Barnard	1977, 1978
Mark Davis	1978
Bill Bowles	1978

## *All-Conference*

Nate Burnand	2011
Brandon Carson	2011
Sam Albaugh	2011

## *League Championship Teams*

2011 (KLAA Lakes North Division):

Sam Albaugh, Nate Burnand, Brandon Carson,  
Matthew Degraeve, Dane Falberg, Tommy Osika,  
Ryan Robinson



# Waterford Mott State Finalists - Boys

## Individuals

### State Qualifiers

*(not part of qualifying team)*

Scott Albaugh	2010, 2009, 2008
Anthony Spray	2006
David Clingan	1999
Jesse Johnson	1995
Chris Langton	1985
George Fotineas	1983
Mark Timm	1981
Rick Schaefer	1979

### All-State

Nate Burnand	2011
Sam Albaugh	2011
Scott Albaugh	2010 Champion
Nate Burnand	2010
Scott Albaugh	2009
Jeff Ferrell	1994 Champion
Jeff Ferrell	1993 Champion
Matt Barnard	1978

### Academic All-State

2011 Team	Avg. G.P.A. = 3.432
Tommy Osika	2011
Dane Falberg	2011
2010 Team	Avg. G.P.A. = 3.365
Jesse Johnson	1995

### All-State

### Honorable Mention

Chris Langton	1986
Ryan Robinson	1984
Mark Davis	1978

## Teams

### Team - 2011 (Regional Champions)

Nate Burnand, Brandon Carson, Sam Albaugh, Dane Falberg, Matthew Degraeve, Tommy Osika, Ryan Robinson

### Team - 2010

Scott Albaugh, Ian Hackbarth, Nate Burnand, Matthew Degraeve, Dane Falberg, Tommy Osika, David Jackson

### Team - 1977

Mark Carter, Matt Barnard, Mark Davis, Phil Fotineas, Eric Pierre, Eric Pelton, Rick Schaefer, Bob Fisher



# All-Conference - Boys

2011 Nate Burnand Brandon Carson Sam Albaugh	2000 Jeff Hagen	<b>Western 6 1969-1980</b> <b>Greater Oakland Activities League 1981-1994</b> <b>Oakland Activities Association 1995-2007</b> <b>Kensington Lakes Athletic Association 2008</b>		
2010 Scott Albaugh (runner-up) Nate Burnand	1999 David Clingan (runner-up) Jeff Hagen David Renne	1988 Chris Newman (Champion) Mark Papenhagen Frank Puddy Steve Kelty Joe Murphy	1983 Ryan Robinson (Champion) George Fotineas	1977 Matt Barnard Mark Davis Mark Carter
2009 Scott Albaugh	1998 David Clingan David Renne	1981 Ilie Hentes Ryan Robinson	1975 Curtis Carter	
2008 Scott Albaugh Ryan Chute Ian Hackbarth	1997 David Clingan Michael Wilanowski	1980 Chris Newman Joe Murphy	1974 Bill Bowles (Runner-up) John Saunders	
2007 Maxime Bellemare Ryan Chute Scott Albaugh	1996 Richard Monk	1986 Chris Langton (Runner-up) Joe Murphy	1979 Eric Pierre Rick Schaeffer Tim Goodwin	
2006 Anthony Spray	1995 David Barth Jessie Johnson	1985 Chris Langton Rustyn Robinson Greg Marinak	1978 Matt Barnard (Champion) Mark Davis Eric Pierre	
2005 Anthony Spray Kyle Evans	1994 Jeff Ferrell (Champion) David Webster David Barth Richard Monk	1984 Rustyn Robinson		
2004 Jared Dean Joey Lopez	1993 Jeff Ferrell (Champion) David Webster Charlie Anderson			
2003 Jared Dean Joey Lopez	1992 Jeff Ferrell (Runner-up) Joe Condon David Webster			
2002 Jared Dean Joey Lopez	1990 Mark Papenhagen			
2001 Joe Pritchett				



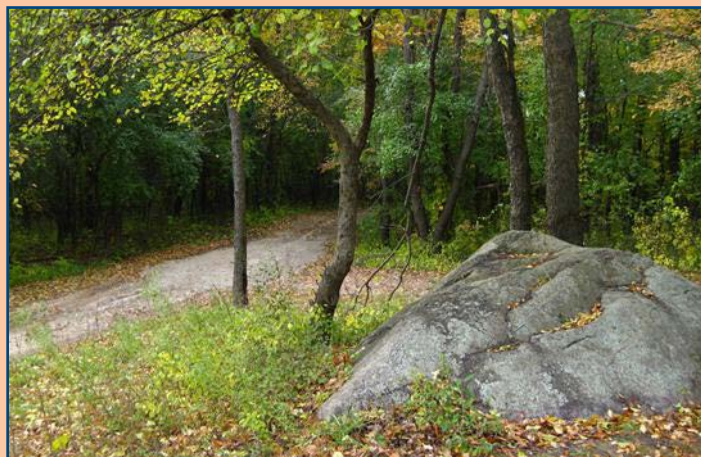
# Waterford Mott Cross Country

## All-Time List - Boys

Place	Name	Time	Date	
1	Scott Albaugh	15:13	2010	5k Record State Champion Regional Champion 2x All-State
2	Jeff Ferrell	15:30.4	1994	5k Record 3x All-State 2x State Champion
3	Nate Burnand	15:38	2011	2x All-State Regional Champion
4	Brandon Carson	15:50	2011	
5	Sam Albaugh	15:58	2011	All-State
6	Chris Langton	16:07	1986	5k Record
7	Ryan J. Robinson	16:12	2011	
8	Ryan R. Robinson	16:15	1983	5k Record
9	Ian Hackbarth	16:16	2010	
10	Mark Timm	16:23	1981	5k Record
11	David Clingan	16:28	1999	
12	Tommy Osika	16:43	2011	Academic All-State
13	Elie Hentes	16:44	1981	
14	Dane Falberg	16:45	2011	Academic All-State
15	Matthew Degraeve	16:47	2011	
16	Joe Murphy	16:53	1987	
17	George Fotineas	16:55	1983	
18	Rusty Robinson	16:56	1984	
	Ryan Chute	16:56	2008	
20	Chris Newman	16:58	1988	
21	Josh Robinson	17:02	2009	
22	Jesse Johnson	17:04	1995	Academic All-State
	David Renne	17:09	1999	
24	Kyle Evans	17:10	2007	
25	Anthony Spray	17:12	2006	
	Joey Lopez	17:12	2004	
27	Tony Peters	17:14	1981	
28	Maxime Bellemare	17:17	2007	
29	Jared Dean	17:19	2004	
	Mark Papenhagen	17:19	1989	
	Paul Richards	17:19	1983	
32	Simon Albaugh	17:20	2011	
33	Tim Samson	17:23	1981	

### Waterford Mott Coaches

Name	Years
Ryan Robinson	2005 - present
Jerry Pachla	1974 - 2004
Mike Miley	1970 - 1973
Ray Robinson	1969



# All-Time List - Cont.

Place	Name	Time	Date	Place	Name	Time	Date
34	Richard Monk	17:24	1996	64	Victor Huerta	18:18	1991
35	Joe Pritchett	17:26	2001	65	Kevyn Robinson	18:20	2011
36	Greg Marinak	17:27	1985	66	Matt Grundy	18:23	2005
37	David Webster	17:28	1994	67	Rob Wilson	18:24	1985
38	Jeff Hagen	17:29	1999	68	Logan Ward	18:27	2011
39	Hayden Schaeffer	17:31	2009	69	David Jackson	18:28	2011
40	Donald Hyde	17:34	1999	70	Kurien Thomas	18:37	1995
41	David Barth	17:40	1995	71	Justin Spaysky	18:41	1991
42	Michael Wilanowski	17:41	1997	72	Zach Sheck	18:45	1996
43	Brian Ritter	17:42	1983	73	Dan Ressnell	18:51	1993
44	Joe Condon	17:46	1992	74	Jeremy Janson	18:52	1998
45	Luke Peterson	17:47	2011	75	Zach Behler	18:53	1997
46	Richard Bray	17:48	1996		Robert Vogt	18:53	1991
	Randy Robinson	17:48	1986	77	Lukasz Paszek	18:54	1993
48	Mark Ruckey	17:52	1984	78	Rob Stafford	18:57	1990
49	Chris Wisniewski	17:53	1999	79	Jon Kelty	18:58	1986
50	Steve Kelty	17:55	1988	80	Rich Delong	18:59	1984
51	Brennan Munley	17:57	2011				
52	Josh Sterns	17:58	1998				
53	Brandon Hahn	17:59	2001				
	Mike Taylor	17:59	1985				
55	Frank Puddy	18:00	1988				
	Charlie Anderson	18:00	1994				
57	Dana Houle	18:03	1981				
58	John Hurley	18:04	1981				
59	Kyler Bush	18:06	2011				
60	Nick Schoonover	18:10	2006				
61	Mark Stechow	18:11	1994				
62	Scott Herriman	18:15	1988				
	Rob McConkey	18:15	2008				



# Waterford Mott Cross Country

## All-Time 3 Mile List - Boys



Place	Name	Time	Year
1	Mark Davis	14:49	1978
2	Matt Barnard	15:04	1978
3	Rick Schaeffer	15:32	1979
	Eric Pierre	15:32	1979
5	Mark Carter	15:34	1977
6	Bill Bowles	15:53	1974
7	Don Bennett	16:04	1972
8	Fred Leinenger	16:06	1976
9	Curtis Carter	16:08	1975
10	Tim Goodwin	16:14	1980
11	Eric Pelton	16:17	1979
12	Phil Fotineas	16:23	1977
13	Clyde Crandall	16:26	1974
14	Mike Straka	16:36	1975
15	Marty Davis	16:41	1978
16	Doug Roggenbaum	16:46	1980
17	John Saunders	16:47	1975
18	Doug Schaller	16:56	1973
19	Steve Cooperider	16:58	1976
20	Don Tuttle	17:05	1979
21	Scott Carpenter	17:08	1975
22	Bob Wooderson	17:16	1976
23	Jerry Steinhelper	17:12	1980
24	Joe Deflorio	17:17	1975





Interval training takes the boys to the OCC campus, Wisner Stadium, and the West Bloomfield track.



## *Waterford Mott Cross Country - 2011 Girls' Results*

### *Summary (8/31-9/30)*

Name	End of Summer	WLW	Spartan	WLN	Kettering	Mott Inv.	Lakeland
Katelynn Carver	44 - 2:31	22:22	150 - 20:52	20:24	21:37	46 - 22:49	22:29
Sarah Hale	33 - 21:57	22:23	145 - 20:44	20:36	22:04	28 - 21:32	21:42
Courtney Munley	5 - 20:14	21:31	65 - 19:47	19:22	20:44	6 - 20:11	20:29
Hannah Rhoades	40 - 22:19	21:51	105 - 20:16	19:54	21:13	14 - 20:43	21:01
Savannah Schaeffer	31 - 21:42	22:25	133 - 20:33	20:18	21:38	23 - 21:17	21:24
Bailie Strong	62 - 23:19	22:58	22:03	21:02	21:47	32 - 21:41	21:46
Daya Wagh	2 - 19:58	20:46	27 - 19:08	18:59	20:27	3 - 19:21	20:10
Beth Burnand	dnr	dnr	dnr	dnr	dnr	nrt	dnr
Catrina Cortese	56 - 23:08	dnf	dnr	dnr	22:49	nrt	22:57
Kristal Denina	13 - 17:41 *	nt	25:30	25:34	25:41	nrt	25:58
Lindsey Dieck	5 - 16:11 *	28:18	23:50	24:35	24:35	nrt	25:58
Sabrina Gappy	8 - 17:12 *	32:33	26:29	dnr	dnr	nrt	dnr
Autumn Gaultney	dnr	nrt	26:42	28:10	28:10	nrt	27:56
Hannah Klein	dnr	nrt	dnr	dnr	dnr	nrt	dnr
Megan Maxwell	109 - 26:00	25:53	22:04	22:43	23:39	nrt	24:13
Natalie Moesta	dnr	26:50	23:53	23:35	24:32	nrt	dnf
Brooke Murray	2 - 14:21 *	26:22	22:52	24:40	23:38	nrt	23:56
Kaity Ward	61 - 23:17	dnr	dnr	dnr	dnr	nrt	dnr
Ericka Yeiter	14 - 17:45 *	30:37	25:40	dnr	dnr	nrt	31:35
Corinn Yoder	7 - 17:00 *	30:01	26:55	26:28	26:21	nrt	dnr
	nts	20-42 W	18th	27-29 W	15-49 W	2nd	21-38 W

\* 3200 m

dnr = did not race  
dnf = did not finish  
nrt = no recorded time  
dq = disqualified  
nts = no team score



## Waterford Mott Cross Country - 2011 Girls' Results Summary (10/5-11/5)

Name	Oak. Cty.	WLC	Oxford	KLAA	Regional	Lakeland 9/10	State
Katelynn Carver	100 - 22:08	21:22	21:43	44 - 21:18	38 - 21:38	dnr	227 - 21:51
Sarah Hale	67 - 21:32	20:45	21:19	34 - 20:59	23 - 20:49	15 - 21:11	179 - 20:34
Courtney Munley	dnf	19:54	20:09	10 - 19:38.3	10 - 19:59	dnr	dnf
Hannah Rhoades	38 - 20:46	19:59	20:20	9 - 19:38	14 - 20:05	dnr	171 - 20:25
Savannah Schaeffer	91 - 21:59	20:36	21:09	30 - 20:45	20 - 20:38	24 - 21:28	163 - 20:16
Bailie Strong	88 - 21:57	dnr	21:23	31 - 20:48	30 - 21:16	12 - 21:05	181 - 20:37
Daya Wagh	18 - 20:02	19:53	19:28	5 - 19:13	2 - 19:06	dnr	54 - 19:13
Beth Burnand	dnr	dnr	dnr	dnr	dnr	dnr	
Catrina Cortese	23:00	21:28	22:08	21:43	22:44	dnr	
Kristal Denina	25:58	24:39	24:43	24:09	23:56	dnr	
Lindsey Dieck	25:00	24:29	23:58	23:56	24:13	63 - 25:37	
Sabrina Gappy	28:36	dnr	dnr	dnr	dnr	dnr	
Autumn Gaultney	28:19	26:19	26:40	26:06	25:40	dnr	
Hannah Klein	dnr	dnr	dnr	dnr	dnr	dnr	
Megan Maxwell	23:58	22:33	22:31	22:07	22:02	35 - 22:17	
Natalie Moesta	dnr	23:36	22:44	dnr	dnr	dnr	
Brooke Murray	23:23	22:36	22:34	22:28	22:09	45 - 22:35	
Kaity Ward	dnr	dnr	dnr	dnr	dnr	dnr	
Ericka Yeiter	~ 31:00	26:18	26:54	28:51	27:18	120 - 26:13	
Corinn Yoder	dnr	dnr	25:28	25:29	26:20	110 - 25:37	
	11th	17-41 W	2nd	2nd	2nd	4th	25th



## Waterford Mott Cross Country - 2011 Boys' Results Summary (8/31-9/30)

Name	End of Summer	WLW	Spartan	WLN	WLW Inv.	Kettering	Mott Inv.
Sam Albaugh	5 - 16:36	17:26	32 - 16:12.5	16:30	dnr	17:47	6 - 16:41
Nate Burnand	3 - 16:09	17:13	dnf	16:25	dnr	17:12	2 - 16:25
Brandon Carson	9 - 16:59	17:18	12 - 15:50	16:27	dnr	17:08	4 - 16:36
Matthew Degraeve	38 - 18:20	18:11	102 - 17:00	16:47	dnr	17:50	15 - 17:24
Dane Falberg	19 - 17:43	18:06	83 - 16:48	16:56	dnr	17:49	12 - 17:20
Tommy Osika	18 - 17:40	18:14	115 - 17:04	17:17	dnr	17:49	16 - 17:29
Ryan Robinson	7 - 16:51	17:35	30 - 16:12	16:28	dnr	17:48	7 - 16:49
Simon Albaugh	39 - 18:23	19:09	17:20	17:54	18:07	dnr	18:11
Nick Arnold	216 - 22:27	23:15	20:52	20:43	21:58	dnr	20:43
Todd Bonnivier	228 - 22:45	22:27	19:59	21:13	22:15	22:01	21:28
Kyler Bush	43 - 18:29	19:51	18:06	18:19	19:03	18:50	18:36
Seth Byle	197 - 22:00	22:04	20:31	20:44	20:58	22:44	20:31
Kou Chang	dnr	dnr	20:56	21:03	22:37	21:14	20:35
Max Falberg	17 - 14:49 *	24:42	21:14	21:52	23:20	23:51	nrt
Justin Gardner	dnr	28:52	23:05	23:23	dnr	24:01	nrt
Joe Greiser	174 - 21:24	21:52	19:44	20:03	20:28	21:00	dnr
David Jackson	126 - 20:11	20:01	19:00	18:37	19:52	20:30	19:04
Jisang Kim	201 - 22:04	23:32	21:45	21:39	22:58	23:06	20:53
Brennan Munley	47 - 18:33	dnr	17:57	18:11	18:58	18:52	18:25
Luke Peterson	72 - 19:06	19:20	18:20	18:28	19:18	19:04	18:44
Kevyn Robinson	108 - 19:52	19:34	18:20	18:38	dnr	19:36	19:00
Matt Thayer	dnr	21:44	19:53	20:04	20:57	21:06	19:56
Logan Ward	dnr	21:08	19:29	19:55	19:47	20:25	19:25
Brad Wojcik	143 - 20:40	dnr	dnr	dnr	dnr	dnr	dnr
	nts	15-50 W	9th	16-44 W	nts	15-50 W	1st

\* 3200 m



## *Waterford Mott Cross Country - 2011 Boys' Results Summary (10/5-11/5)*

Name	Lakeland	Oak. Cty.	WLC	KLAA	Regional	Lakeland 9/10	State
Sam Albaugh	16:58	46 - 17:33	dnr	18 - 16:38	5 - 16:41	dnr	25 - 15:58
Nate Burnand	16:15	4 - 16:17	16:44	10 - 16:21	1 - 16:07	dnr	6 - 15:38
Brandon Carson	16:26	9 - 16:34	16:44	4 - 16:01	4 - 16:16	dnr	36 - 16:07
Matthew Degraeve	17:27	49 - 17:36	17:21	37 - 17:04	15 - 17:09	dnr	142 - 16:54
Dane Falberg	17:24	32 - 17:20	17:13	27 - 16:55	11 - 17:02	dnr	118 - 16:45
Tommy Osika	17:41	62 - 17:53	17:09	34 - 17:02	20 - 17:21	dnr	110 - 16:43
Ryan Robinson	16:53	19 - 17:04	dnr	dnr	dnf	dnr	70 - 16:24
Simon Albaugh	19:09	18:16	18:34	74 - 18:36	17:52	14 - 18:05	
Nick Arnold	22:41	20:47	22:01	dnr	21:12	dnr	
Todd Bonnivier	nt	22:15	20:32	21:03	20:32	dnr	
Kyler Bush	19:26	dnr	dnr	dnr	18:31	108 - 20:13	
Seth Byle	21:37	20:54	20:07	20:25	19:50	129 - 21:01	
Kou Chang	21:52	20:55	20:04	21:07	20:07	dnr	
Max Falberg	23:04	21:29	24:43	21:14	20:40	120 - 20:43	
Justin Gardner	24:53	23:07	22:30	22:49	22:20	dnr	
Joe Greiser	21:17	21:05	20:07	20:13	20:25	dnr	
David Jackson	19:54	20:05	18:28	19:11	20:00	dnr	
Jisang Kim	23:00	dnr	21:43	24:33	dnr	dnr	
Brennan Munley	18:35	19:03	18:04	18:10	18:17	28 - 18:20	
Luke Peterson	18:51	19:37	17:47	18:31	18:28	34 - 18:28	
Kevyn Robinson	19:16	19:20	18:24	19:07	18:52	dnr	
Matt Thayer	20:55	20:47	19:39	20:16	19:50	102 - 20:04	
Logan Ward	19:35	19:35	18:27	18:43	18:56	70 - 19:26	
Brad Wojcik	dnr	dnr	20:18	19:57	19:40	dnr	
	26-30 W	2nd	17-41 W	4th	1st	nts	3rd



# Spartan Invitational @ MSU's Forest Acres East Golf Course September 16, 2011

## Team Results - Elite Girls

Place	Pts	Team
1	159	SALINE
2	178	GROSSE POINTE SOUTH
3	183	GRAND HAVEN
4	196	NORTHVILLE
5	204	BIRMINGHAM SEAHOLM
6	266	EAST GRAND RAPIDS
7	295	BRIGHTON
8	305	BENZONIA BENZIE CENTRAL
9	319	ROCHESTER ADAMS
10	342	ROCKFORD
11	350	TRAVERSE CITY CENTRAL
12	374	DEXTER
13	381	LIVONIA CHURCHILL
14	392	DEWITT
15	393	MIDLAND DOW
16	397	TEMPERANCE BEDFORD
17	443	STRONGSVILLE (OHIO)
<b>18</b>	<b>459</b>	<b>WATERFORD MOTT</b>
19	494	EAST LANSING
20	499	GRAND RAPIDS CHRISTIAN
21	521	CLARKSTON
22	566	GRAND LEDGE
23	569	ROCHESTER
24	570	FARMINGTON
25	577	PLAINWELL
26	626	PINCKNEY
27	648	ROCHESTER HILLS STONEY CREEK
28	688	LIVONIA STEVENSON HIGH SCHOOLS
29	698	ST. JOHNS
30	727	MATTAWAN
31	730	VICKSBURG
32	750	HIGHLAND MILFORD
33	859	OTSEGO
34	993	GRAND BLANC

## Team Results - Elite Boys

Place	Pts	Team
1	172	GRANDVILLE CALVIN CHRISTIAN
2	180	HARTLAND
3	189	MASON
4	194	SALINE
5	195	SAGINAW HERITAGE
6	222	BRIGHTON
7	243	PINCKNEY
8	244	HIGHLAND MILFORD
<b>9</b>	<b>254</b>	<b>WATERFORD MOTT</b>
10	274	LANSING CATHOLIC
11	308	DEXTER
12	314	ROCKFORD
13	327	GRAND RAPIDS CHRISTIAN
14	335	HASLETT
15	451	SYLVANIA NORTHVIEW
16	473	TEMPERANCE BEDFORD
17	479	STRONGSVILLE (OHIO)
18	505	GRAND RAPIDS FOREST HILLS NORTHERN
18	505	GRAND HAVEN
20	520	ST. JOSEPH
21	527	TRAVERSE CITY CENTRAL
22	596	ROCHESTER ADAMS
23	620	BENZONIA BENZIE CENTRAL
24	634	OTSEGO
25	661	CANTON
26	667	MIDLAND DOW
27	675	MATTAWAN
28	703	WEST BLOOMFIELD
29	718	ROCHESTER HILLS STONEY CREEK
30	784	SWARTZ CREEK
31	787	BIG RAPIDS
32	790	ST. JOHNS
33	800	EAST LANSING
34	818	FRANKENMUTH
35	847	WYANDOTTE ROOSEVELT
36	1119	MOUNT PLEASANT



# Oakland County Championships

## @ Kensington Metropark

### October 08, 2011

#### Girls' Team Results

Place	Pts	Team
1	134	Birmingham Seaholm
2	135	Oxford
3	183	Troy
4	220	Rochester Adams
5	241	Walled Lake Northern
6	260	Highland Milford
7	265	Bloomfield Hills Lahser
8	273	Farmington
9	282	Rochester
10	294	Clarkston
<b>11</b>	<b>297</b>	<b>Waterford Mott</b>
12	303	Lake Orion
13	312	Farmington Hills North
14	346	Farmington Hills Mercy
15	355	Novi
16	383	Stoney Creek
17	391	Pontiac Notre Dame Prep
18	452	Walled Lake Western
19	460	Bloomfield Hills Andover
20	518	Beverly Hills Wylie E Groves
21	560	Troy Athens
22	572	Walled Lake Central
23	638	Berkley
24	648	West Bloomfield
25	673	Waterford Kettering
26	709	Royal Oak
27	753	Auburn Hills Avondale
28	814	Beverly Hills Detroit Country Day
29	823	Birmingham Marian
30	825	Auburn Hills Oakland Christian
31	910	Birmingham Roeper

#### Boys' Team Results

Place	Pts	Team	
1	76	Highland Milford	
<b>2</b>	<b>109</b>	<b>Waterford Mott</b>	<b>6th: 48th</b>
3	109	White Lake Lakeland	6th: 66th
4	161	Novi Detroit Catholic Central	
5	213	Clarkston	
6	235	Walled Lake Northern	
7	236	Lake Orion	
8	287	Farmington	
9	314	Rochester Adams	
10	327	Stoney Creek	
11	339	Oxford	
12	342	Bloomfield Hills Brother	
13	369	Troy	
14	371	Royal Oak	
15	467	Novi	
16	487	Birmingham Seaholm	
17	506	West Bloomfield	
18	545	Rochester	
19	553	Bloomfield Hills Lahser	
20	561	South Lyon	
21	612	Walled Lake Central	
22	623	Orchard Lake St Marys Prep	
23	643	Waterford Kettering	
24	712	Beverly Hills Detroit Country Day	
25	739	Auburn Hills Avondale	
26	741	Bloomfield Hills Andover	
27	765	Berkley	
28	768	Troy Athens	
29	808	Holly	
30	810	Pontiac Notre Dame Prep	
31	847	South Lyon East	
32	848	Hazel Park	
33	914	Auburn Hills Oakland Christian	
34	920	Beverly Hills Wylie E Groves	
35	937	Farmington Hills North	
36	966	Walled Lake Western	
37	1051	Birmingham Roeper	
38	1099	Our Lady Of The Lakes	



# ***KLAA Lakes Conference Championships*** ***@ Island Lake State Recreation Area*** ***October 20, 2011***

## ***Girls' Team Results***

Place	School	Score
1	Brighton	71
<b>2</b>	<b>Waterford Mott</b>	<b>85</b>
3	Highland Milford	102
4	Walled Lake Northern	110
5	Hartland	133
6	Pinckney	135
7	White Lake Lakeland	169
8	Walled Lake Western	169
9	Walled Lake Central	225
10	Howell	259
11	Waterford Kettering	321
12	Grand Blanc	334

## ***Boys' Team Results***

Place	School	Score
1	Hartland	65
2	Highland Milford	75
3	White Lake Lakeland	85
<b>4</b>	<b>Waterford Mott</b>	<b>93</b>
5	Grand Blanc	109
6	Brighton	123
7	Pinckney	144
8	Walled Lake Northern	174
9	Howell	278
10	Waterford Kettering	295
11	Walled Lake Central	302
12	Walled Lake Western	379

## ***KLAA Lakes Conference - Girls***

North Division	W	L
<b>Waterford Mott *</b>	<b>5</b>	<b>0</b>
Walled Lake Northern	4	1
Lakeland	3	2
Walled Lake Western	2	3
Walled Lake Central	1	4
Waterford Kettering	0	5

\* Indicates Division Champion

## ***KLAA Lakes Conference - Boys***

North Division	W	L
<b>Waterford Mott *</b>	<b>5</b>	<b>0</b>
Lakeland	4	1
Walled Lake Northern	3	2
Walled Lake Central	2	3
Waterford Kettering	1	4
Walled Lake Western	0	5

\* Indicates Division Champion



# *MHSAA Regional Championships (7-1)*

## *@ Hess-Hathaway Park*

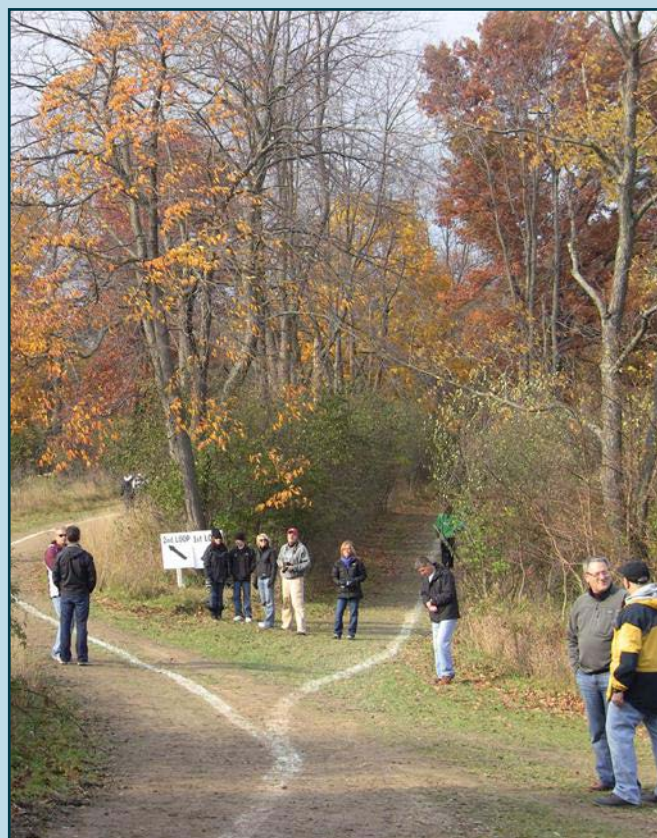
### *October 29, 2011*

#### *Girls' Team Results*

Place	School	Score
1	Birmingham Seaholm	42
2	<b>Waterford Mott</b>	<b>69</b>
3	Troy	79
4	Farmington Hills North Farmington	109
5	Farmington	135
6	Troy Athens	207
7	Beverly Hills Wylie E Groves	231
8	Royal Oak	242
9	West Bloomfield	247
10	Waterford Kettering	264
11	Berkley	267
12	Farmington Hills Harrison	277

#### *Boys' Team Results*

Place	School	Score
1	<b>Waterford Mott</b>	<b>36</b>
2	Bloomfield Hills Brother Rice	87
3	Royal Oak	90
4	Farmington	110
5	Troy	113
6	Birmingham Seaholm	125
7	West Bloomfield	173
8	Berkley	226
9	Farmington Hills Harrison	228
10	Waterford Kettering	263
11	Troy Athens	265
12	Farmington Hills North Farmington	304
13	Beverly Hills Wylie E Groves	341



***MHSAA State Finals (Division 1)***  
***@ Michigan International Speedway***  
***November 05, 2011***

***Girls' Team Results***

Place	Score	School
1	106	Grosse Pointe South
2	111	Saline
3	163	Grand Haven
4	185	Birmingham Seaholm
5	232	Rockford
6	232	Rochester Adams
7	235	Traverse City Central
8	259	Northville
9	286	Hudsonville
10	293	Grand Ledge
11	306	Oxford
12	336	Troy
13	361	Midland Dow
14	373	Livonia Churchill
15	375	Brighton
16	381	Clarkston
17	465	East Kentwood
18	474	Caledonia
19	474	Temperance Bedford
20	482	Utica Stevenson
21	492	Traverse City West
22	514	Dexter
23	521	Hartland
24	531	Pinckney
<b>25</b>	<b>568</b>	<b>Waterford Mott</b>
26	671	Grosse Pointe North
27	757	Okemos
28	760	Brownstown Woodhaven

***Boys' Team Results***

Place	Score	School
1	128	Highland Milford
2	172	Hartland
<b>3</b>	<b>177</b>	<b>Waterford Mott</b>
4	186	Saline
5	188	White Lake Lakeland
6	217	Dexter
7	220	Rockford
8	231	Saginaw Heritage
9	260	Grand Blanc
10	275	Ann Arbor Pioneer
11	282	Lake Orion
12	291	Grand Haven
13	318	Pinckney
14	370	Clarkston
15	383	Romeo
16	415	Royal Oak
17	451	Bloomfield Hills Brother Rice
18	456	Traverse City Central
19	473	Detroit U-D Jesuit
20	497	Okemos
21	514	Hudsonville
22	535	Temperance Bedford
23	560	East Kentwood
24	613	Grandville
25	616	Warren Mott
26	692	Caledonia
27	715	Wyandotte Roosevelt
28	728	Grosse Pointe South





## The Mott Coaches





***Champion's Walk***  
***11/04/2011***



## 2011 Waterford Mott High School Cross Country Team



### *Thank You's*

Special thanks to everyone who contributed to the 2011 season, including:

**Rachel Albaugh, Wendi Falberg, and CC Parents and Volunteers-** Thank you for taking so much off our hands! From concessions to driving, you had it all under control!

**Paul Degraeve-** Thank you for putting together another OUTSTANDING booklet and season DVD, as well as all of your help and support at camp and throughout the season.

**EVERYONE who hosted a pasta dinner and Central United Methodist Church-** We had some of the biggest, best, most delicious pasta dinners in history this season! Thank you for allowing us use of your church as the team got bigger!

**Paul and Linda Coughlin & Runnin' Gear-** Thank you for being at every meet, scoring our dual meets, having us at your house during the summer, sponsoring our post-season adventures, and making sure that we are always taken care of.

**Michelle Robinson-** Thank you for your help at our meets, having us at your home all summer, and taking such good care of us!

**Scott Albaugh Sr., PJ Osika & Waterford School District Workers-** Thanks for taking our course to a new level this fall with all of your hard work!

**Rusty Robinson and Mike Petersen-** Thank you for your technical support at the invitational!

**Coach Pachla and Mr. Kutchey-** Thank you for all of the behind the scenes work in helping to make our invitational and our season such a success.

**Mr. Dorn, Mr. Blomquist, and School Board Members-** Thank you for your support of us all season long, especially your efforts for the second annual "Champion's Walk" and your help hosting the regional.

**Marvin Goodwin at the Oakland Press -** Thank you for your thoughtful coverage of the team this fall.

**Tina Mitchell-** Thanks for our locker decorations and your support and enthusiasm this season!

**The Team-** Thanks for believing in this season, and taking us as far as we could go.

Coach Robinson & Coach Coughlin

